



HOSPICE & PALLIATIVE CARE  
ASSOCIATION OF ARKANSAS  
*advancing the promise of care*



# *“Partners in Care” Conference*

**Jointly Provided by:**

**Hospice & Palliative Care Association of AR**

**UAMS College of Medicine**

**Central Arkansas Veterans Healthcare System**

**October 2 & 3, 2014**

**Embassy  
Little Rock**

**Suites Hotel -**





**HOSPICE & PALLIATIVE CARE  
ASSOCIATION OF ARKANSAS**  
*advancing the promise of care*

Dear Colleagues,

For the second year we are excited to offer our “Partners in Care” conference. The conference is jointly provided by HPCAA, UAMS College of Medicine and Central Arkansas Veterans Healthcare System. Once again we have developed an outstanding program from nationally known speakers to highly regarded healthcare providers.

The “Partners in Care” conference was successful last year in bringing together providers from across the care continuum. We believe this joint education will enhance end of life care throughout Arkansas.

HPCAA has obtained continuing education credits for physicians, pharmacists, nurses and social workers (nursing home administrator is still in the approval process). We understand it is important for patient care staff to receive education that is essential and approval worthy. See the continuing education page for full details.

Thursday’s keynote presenter is Ron Culberson, national speaker, author and humorist. The first 100 paid registrants will receive a free copy of Mr. Culberson’s book, “Do It Well. Make It Fun.” Copies will also be available for purchase after his presentation. Other plenary sessions will include “Arkansas Public Guardian” by David Howell, and “Conducting a Family Meeting” by Dr. Robin Devan.

Friday’s keynote presenter is Dr. Keith Swetz, hospice and palliative care physician at the Mayo Clinic Health System in Minnesota. Dr. Swetz will present “Heart Failure at End of Life”. Plenary sessions will also cover ALS by Dr. Stacy Rudnicki, and “Grassroots Advocacy” by Jodiane Tritt, JD.

We have worked hard to provide a valuable time of learning and networking. Please contact the HPCAA office if your organization is interested in becoming a member of HPCAA or you would like to become an individual Associate member. We are eager to recruit sharp minds to serve on our committees and to assist with planning our future educational events.

Many thanks to HPCAA’s 2014 Education (Planning) Committee members!

Sarah E. Harrington, MD  
Diane Morgan, MSN, BSN, APN, GCNS-BC, ACHPN  
Kay Kirk, RN, BSN, CHPN  
Michael Parker, LCSW  
Deanna May, RN, CHPN  
Anna Noack, RN, CHPN  
Robbye Atkinson, SW

Thank you,  
Lisa Vaden  
Executive Director  
HPCAA

## Faculty

### **Samantha Acklin, LSW, LPN**

Social Worker  
Hospice of the Ozarks

### **Michael Chandler, PharmD**

Clinical Pharmacy Specialist  
Central Arkansas Veterans Healthcare System

### **Ronald Culberson, MSW, CSP, CPAE**

Author, Speaker, Humorist  
Funsulting, etc./Owner

### **Misty Cullipher, LSW**

Social Worker  
Hospice of the Ozarks

### **Kimberly Curseen, MD**

Assistant Professor of Medicine  
Department of Geriatrics  
Director of Geriatric Palliative Care  
Reynolds Institute on Aging  
UAMS College of Medicine  
Medical Director, Foxridge Assisted Living Facility

### **Lindsey Dayer, PharmD**

Assistant Professor COP  
Palliative Care Outpatient Pharmacist  
UAMS College of Pharmacy

### **Thomas Cunningham, PhD, MA, MS**

Assistant Professor of Medical Humanities  
UAMS College of Medicine

### **Robin Devan, MD**

Assistant Professor of Medicine  
Department of Internal Medicine  
Division of Hematology/Oncology  
Palliative Care Program  
UAMS College of Medicine

### **Jennifer Durbin, RN, BNS, CHPN**

Clinical Nurse Specialist  
Banner Hospice - Arizona

### **Leah Eisenberg, JD, MA**

Assistant Professor, Division of Medical Humanities  
Ethics Consultant, Arkansas Children's Hospital  
UAMS College of Medicine

### **Fanta Gibson, LMSW**

Social Worker  
Peachtree Hospice

### **Sarah E. Harrington, MD**

Assistant Professor of Medicine  
Departments of Internal Medicine and Geriatrics  
Medical Director, UAMS Palliative Care Program  
UAMS College of Medicine  
Chief, Palliative Care Central Arkansas Veterans Healthcare System

### **Tresa Hooks, LMSW, OSW-C, ACHP-SW**

Oncology & Palliative Care Social Worker  
Hospital Bereavement Coordinator  
Central Arkansas Veterans Health Care System

### **David Howell, JD, BSBA**

Public Guardian for Adults  
State of Arkansas

### **Jessica Joheim, MD**

Hospice Physician  
Palliative Care Consultant  
Arkansas Hospice, Incorporated

### **Kay Kirk, RN, BSN, CHPN**

Education Coordinator  
Arkansas Hospice, Incorporated

### **Robert Lehmborg, MD**

Assistant Professor of Medicine  
UAMS College of Medicine  
Staff Physician  
CAVHS

### **Diane Morgan MSN, BSN, APN, GCNS-BC, ACHPN**

Coordinator, Palliative Care  
Central Arkansas Veterans Healthcare System

### **Angela Norman, DNP, GNP-BC, ACNP-BC, CDP, CDE**

Director  
UAMS Aging Arkansas Initiative  
South Arkansas Center on Aging

### **Stacy Ann Rudnicki, MD**

Professor of Neurology  
UAMS College of Medicine

### **Charles Saulsbery III, PhD**

Pastoral & Social Services Director  
Peachtree Hospice

### **Dianne Swaim, MDIV**

Chaplain  
Veterans Administration Hospital

### **Keith Swetz, MD**

Associate Professor of Medicine  
Consultant Palliative Care Section  
Mayo Clinic College of Medicine

### **Jodiane Tritt, JD**

Vice President for Government Relations  
Arkansas Hospital Association

### **Leslie Warford, PharmD**

Pharmacy Resident  
UAMS College of Pharmacy

### **Neal Wyatt, DO**

Vice President and Chief Medical Officer  
Arkansas Hospice, Incorporated  
UAMS Adjunct Clinical Associate Professor  
Department of Geriatrics

## Hotel Reservations

Embassy Suites Hotel located at 11301 Financial Centre Parkway, Little Rock, AR 72211 is offering a conference rate of \$123/night (single/double) when referencing "Hospice & Palliative Care Conference". **This room rate is only available until Monday, September 5 - call 501-312-9000 or access the below link for reservations.**

<http://embassysuites.hilton.com/en/es/groups/personalized/L/LITCPES-HPC-20141001/index.jhtml> Reservations can always be cancelled (follow hotel guidelines); don't wait and miss the special conference rate - reserve soon.

## Assistance

Please visit the Registration Table during the conference with any questions or concerns.

Special Needs: We are committed to making this CME activity accessible to all individuals. If you need auxiliary aid or service as identified in the Americans with Disabilities Act, or have a dietary restriction, please describe your needs on the registration form. Most requests can be accommodated if notification is received by September 1, 2013.

## Education Materials/ Handouts

Handouts submitted by presenters will be made available to attendees for printing no later than September 15, 2014. *Handouts will not be distributed at the conference.*

## Name Badges

Your name badge is your admission ticket to sessions. Please wear your badge at all times during the conference. Registration material and badges will be distributed at the registration table during scheduled registration times.

## Your Comfort is Our Concern

Hotel staff will do their best to provide a comfortable climate for our conference; however sometimes it may be warmer or cooler than you prefer. **Please layer your clothing to give you options.**

## Cell Phones & Pagers

Conference attendees are requested to mute their cell phones and pagers during sessions. Individuals talking on cell phones during sessions will be asked to leave the room.

## Exhibitors

A variety of up-to-date products and services will be on display by exhibitors. We will also have vendor booths with products for sale (purses, jewelry, etc.). Exhibitors will be accessible both days from 8:00 a.m. - 3:45 p.m. Don't miss out on the great products and service they are sharing. Remember, they support our conference and HPCAA by exhibiting!

## HPCAA Cancellation/ Substitution Policy

Substitutions are permitted and should be reported to HPCAA prior to the conference if possible or during registration if not known in advance. Refunds will not be issued for cancellations or failure to attend.

## Photos

Please note HPCAA, UAMS College of Medicine and/or CAVHS may use photos taken of attendees during the conference on their websites, social media websites, newsletters, etc.

# Continuing Education Credits

## Purpose

To share evidence based information in pain & symptom management and end of life care, along with communication tools to better care for patients with serious illness. At the conclusion of this activity, the participant will be able to:

- Manage the physical, psychological, and social causes of distress in life limited patients and their families.
- Distinguish the difference between palliative care & hospice and recognize the appropriate timing of each in the medical care of a patient with serious illness.
- Develop practical strategies for introducing discussions of a patient's end of life care plan.
- Develop practical techniques to improve advance care planning.
- Cultivate approaches to working with diverse patient populations with different diseases in various settings.

## Target Audience

Physicians, Physician Assistants, Nurse Practitioners, Pharmacists, Nurses, Nursing Home Administrators, Social Workers, Chaplains and other healthcare professionals interested in hospice, palliative care and/or issues related to serious illness.

## Continuing Medical Education (CME)

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Arkansas for Medical Sciences College of Medicine, Hospice and Palliative Care Association of Arkansas and Central Arkansas Veterans Healthcare System. The UAMS College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The UAMS College of Medicine designates this live activity for a maximum of **13.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

It is the policy of the University of Arkansas for Medical Sciences (UAMS) College of Medicine to ensure balance, independence, objectivity, and scientific rigor in all sponsored or jointly sponsored educational activities. All individuals who are in a position to control the content of the educational activity (course/activity directors, planning committee members, staff, teachers, or authors of CME) must disclose all relevant financial relationships they have with any commercial interests as well as the nature of the relationship. Financial relationships of the individual's spouse or partner must also be disclosed, if the nature of the relationship could influence the objectivity of the individual in a position to control the content of the CME. The ACCME describes relevant financial relationships as those in any amount occurring within the past 12 months that create a conflict of interest. Individuals who refuse to disclose will be disqualified from participating in the development, management, presentation, or evaluation of the CME activity.

**Continuing Pharmacy Education (CPE)** credits have been approved in the amount of:

**6.5** October 2 / **6.5** October 3

The Arkansas State Board of Pharmacy is pleased to approve this Continuing Pharmacy Education (CPE) program.

**Continuing Nurse Education (CNE)** credits have been approved in the amount of:

**6.8** October 2 / **6.9** October 3

Central Arkansas Veterans Healthcare System is an approved provider of continuing nursing education by South Central Accreditation Program, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

**Nursing Home Administrator / ADHS Division of Medical Services Office of Long Term Care**

**13.5** contact hours have been approved for nurse and nursing home administrators (AR 6141-HPCA14-13.5).

## Social Work

The Arkansas Social Work Licensing Board does not pre-approve social work continuing education. It is the licensee's responsibility, using his/her professional judgment, to determine the workshops that are applicable and appropriate to his/her professional development as a social worker.

## Day 1—Thursday, October 2 **Plenary & Concurrent Sessions**

### Plenary Session 8:15 - 9:45 a.m.

**Ronald Culberson - “Do It Well. Make it Fun. The Key to Success in Life, Death and Almost Everything in Between”:** Ron will share how seeking excellence while making the processes in life and work more fun, one can be more effective. He will also discuss managing stress more effectively by changing our perspective and seeing the humor in our life.

### Plenary Session 10:00 - 11:00 a.m.

**David Howell, JD, BSBA - “Arkansas Public Guardian: Care-giver Resource”:** Mr. Howell will review the uses of public guardianship in Arkansas, including who is eligible, the application process and alternatives to public guardianship.

### Plenary Session 11:00 - 12:00 p.m.

**Robin Devan, MD - “Conducting a Family Meeting”:** Dr. Devan will discuss knowledge and skills needed to successfully conduct a family meeting at the end of life. She will discuss “responding to emotions” and “techniques to approach conflict in families”.

### Concurrent Session 1:00 - 2:00 p.m.

**Kimberly Curseen, MD - “Documenting to Eligibility”:** Dr. Curseen will review documentation techniques to benefit nurses, nurse practitioners and physicians including review of case studies and Palmetto “LCD” guidelines.

**Michael Chandler, PharmD - “Review of Long-Acting Opioids”:** Dr. Chandler will give a review of long-acting opioids to increase the comfort level of those giving and prescribing them. He will review the reason for using long-acting opioids over short-term and describe medication safety.

**Fanta Gibson, LMSW - “Social Service Documentation”:** Ms. Fanta will review the content of a psychosocial assessment including indicators of multicultural contexts. She will also review vocabulary to strengthen documentation for hospice eligibility as well as the importance of the social work and chaplain roles in the interdisciplinary team approach to providing comfort care to patient and family.

### Concurrent Sessions 2:15 - 3:15 p.m.

**Neal Wyatt, DO - “Skin Issues at End of Life: Get the Skinny on the Skin”:** Dr. Wyatt will review common skin conditions at end of life and appropriate skin and wound treatment plans.

**Kay Kirk, RN - “Hospice 101 & Palliative Care Nursing”:** Mrs. Kirk will present a basic to mid-level overview of hospice and palliative care services and eligibility requirements. She will also discuss the different aspects that affect a person's quality of life.

### **Jennifer Durbin, RN - “Generational Differences in Health Care - Do they Matter?”:**

Ms. Durbin will describe the different generations in the healthcare system today, events that have affected them, and how these events influence their choices and response to healthcare.

### Concurrent Session 3:45 - 4:45 p.m.

**Lindsey Warford, PharmD - “Management of Constipation and Diarrhea” -** Dr. Warford will identify patients at risk for constipation and diarrhea and review recommended treatments.

**Angela Norman, DNP - “Dementia Caregiving at the End of Life”:** Ms. Norman will review the different types of dementia and their stages, as well as determining hospice eligibility. She will also educate regarding late stage caregiving for patients with dementia.

**Tresa Hooks & Diane Morgan - “Veteran Issues & Update”:** Ms. Hooks & Mrs. Morgan will provide information on the We Honor Veterans program, veteran eligibility for Aid and Attendance Benefit as well as VA burial/survivor benefits.

## **Day 2 - Friday, October 3** **Plenary & Concurrent Sessions**

### **Plenary Session 8:15 - 9:45 a.m.**

**Keith Swetz, MD - “Heart Failure at End of Life”:** Dr. Swetz will discuss the hospice and palliative care role in heart failure. He will share AHA/ACC Decision Making Guidelines and will discuss goals of care in the setting of advanced heart failure, including symptom management strategies. He will also discuss recommendation for review annually of advance care planning.

### **Plenary Session 10:00 - 11:00 a.m.**

**Stacy Rudnicki, MD - “Palliative & Hospice Care for ALS Patients” -** Dr. Rudnicki will review how ALS may present and progress, as well as the symptoms of ALS and management strategies for symptoms.

### **Plenary Session 11:00 - 12:00 p.m.**

**Jodiane Tritt - “Grassroots Advocacy: Why YOU are the Key to Success”:** Mrs. Tritt will describe how one can locate information about their elected officials, the legislative and administrative process, and how to effectively communicate with policy makers.

### **Concurrent Session 1:00 - 2:00 p.m.**

**Sarah Harrington, MD - “Palliative Care Program Development”:** Dr. Harrington will describe resources available and practical aspects of setting up a palliative care program, including how to integrate in to a hospital setting.

**Lindsey Dayer, PharmD - “Adjuvant Pain Medication Review”:** Dr. Dayer will explain the concept behind “adjunct” medication and why they are used, different medications and how they work, and review case study examples.

**Dianne Swaim, MDiv; Charles Saulsbery, PhD; Samantha Acklin, LSW, LPN; Misty Cullipher, LSW - Psycho-Social Roundtable Discussion (Social Work & Chaplain):** Attendees will select a round-table discussion of their preference.

### **Concurrent Session 2:15—3:15 p.m.**

**Robert Lehmborg, MD - “Caring for Substance Abusers at End of Life”:** Dr. Lehmborg will educate and give practical skills to safely treat pain and other symptoms in this population. He will describe societal problems regarding opioid misuse and will give strategize to minimize harm.

**Thomas Cunningham, PhD, MA, MS & Leah Eisenberg, JD, MA - “Ethics at End of Life”:** Dr. Cunningham and Ms. Eisenberg will educate to increase knowledge of basic principles of medical ethics and how to apply them in your professional practice.

### **Concurrent Session 3:45 - 4:45 p.m.**

**Jessica Joheim, MD - “Medication Review at End of Life” -** Which medications should be continued/discontinued when patients enroll in hospice? Dr. Joheim will focus discussion on working with patients and their families to streamline medications and ensure patient safety and comfort. The presentation will include discussion of the following meds (but not limited to): statins, blood thinners, diabetes and hypertension medications, etc.

**Diane Swaim, MDiv - “The Many Faces of Grief”:** Mrs. Swaim will review the symptoms of grief and the factors affecting it. She will review the appropriate responses to individual experiences of grief and healing strategies when counseling those in mourning.

**Sarah Harrington, MD - “Cancer Pain Management”:** Dr. Harrington will describe the causes/descriptions of cancer pain and their typical patterns, common side effects of medications used in cancer pain management, and will review case studies.



**“Partners in Care”**

**Jointly Provided By: HPCAA, UAMS College of Medicine and CAVHS**

October 2 & 3, 2014 \ Embassy Suites Hotel - Little Rock, AR

Conference Registration

**NEED ASSISTANCE - CALL 501-375-1300**

**Online registration with payment by credit card available ([www.hpcaa.org](http://www.hpcaa.org))**

**Pre-Registration and payment must be received by September 26, 2013**

Please complete a separate registration for each attendee; one check/payment is permitted for multiple registrations. Name and contact information will be used for HPCAA mailings/contacts/name badges.

Name: \_\_\_\_\_ Discipline: \_\_\_\_\_

Title: \_\_\_\_\_ Agency: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email (required for confirmation): \_\_\_\_\_

Registration fee includes breakfast, lunch and continuing education credits

**NOTE: Rate for onsite registration will increase by \$25 per category - payment must be made at time of registration (no invoicing will occur)**

Please check appropriate category:

**HPCAA Member** (please verify at [HPCAA.org](http://HPCAA.org) (Directory page) whether your organization is a member)

**One Day: \$125** Day Attending: \_\_\_\_\_

**Two Days: \$200**

**Non - HPCAA Member**

**One Day: \$175** Day Attending: \_\_\_\_\_

**Two Days: \$250**

**CAVHS or UAMS Employee** Dept/Facility/Emp #: \_\_\_\_\_  
“Central AR VA Employees”

**One Day: \$125** Day Attending: \_\_\_\_\_

**Two Days: \$200**

**Student/Volunteer/House Staff**

**One Day: \$40** Day Attending: \_\_\_\_\_

**Two Days: \$65**

Check in the amount of \$ \_\_\_\_\_ is enclosed. (Payable to HPCAA)

Charge my credit card the amount of \$ \_\_\_\_\_.  Visa  Master Card  Amer Ex  Discover

Name as Printed on Card: \_\_\_\_\_

Card # \_\_\_\_\_ Expiration \_\_\_\_\_ Security Code \_\_\_\_\_

Zip Code: \_\_\_\_\_ Card Holder Signature: \_\_\_\_\_