



2015 MOTHER/DAUGHTER PROGRAMS

Sunday, March 22
for 10* - 12 year old girls
2:00 - 5:00 p.m.

Sunday, March 29
for 13 - 16 year old girls
2:00 - 5:30 p.m.

(This program will fill up very quickly. Please register early.)

Saint Francis Hospital Auditorium
5959 Park Avenue

The Mother/Daughter Programs explore God's special gift of human fertility and the beauty and wonder of God's plan for growing up and becoming a woman. Topics include: the changes in a young woman's body as it prepares for motherhood; the onset of ovulation and subsequent menstrual periods; the functions of the female reproductive system; the sacredness of human life; the virtue of chastity; and a question and answer segment. Healthy dating ideas with a strong emphasis on chastity and reverence for our sexuality are also discussed with the older girls. It is good to come to both programs at the age appropriate time for each girl since the older girls' program is an extension of the first one.

The purpose of the programs is to provide an atmosphere of love and learning to discuss the important topic of growing up and to establish a foundation for continued communication between parent and child. The programs are presented by Natural Family Planning Teachers who will emphasize respect, understanding and appreciation for God's gifts.

***Girls younger than 10 who are already developing and showing signs of puberty are also welcome to attend.**

Discount fee is \$25.00 per family (non-refundable) if RECEIVED 6 days PRIOR to selected program.
Within 6 days of each program, the fee is \$30.00 per family (non-refundable.)

(If you have daughters in both age groups and need to attend both programs, the cost is \$40.00 per family for both programs if RECEIVED by March 16, After March 16, the fee is \$45.00 per family.)

Refreshments will be served. Seating is limited and pre-registration is required.

REGISTER ONLINE at www.cdom.org or complete the Registration Form below and mail it with your check to the NFP Center at least 6 days prior to the program.

NFP Center ♥ 5825 Shelby Oaks Dr. ♥ Memphis, TN 38134 ♥ (901) 373-1285 ♥ marypat.vanepps@cc.cdom.org

2015 Mother/Daughter Program Reservation Form



We want to attend the program for 10 - 12 year olds on: March 22

We want to attend the program for 13 - 16 year olds on: March 29

*** Please check one ***

Mother's Name _____ **Home Phone** _____

(Please PRINT and use names as you want them to appear on the name tags.)

Daughter's Name _____ **Age** _____ **DOB** _____ **School** _____

2nd Daughter's Name _____ **Age** _____ **DOB** _____ **School** _____

Address: _____ **City/State/Zip** _____

Work or Cell Phone _____ **E-mail Address** _____

Please make \$25.00 check (\$40.00 for two programs) payable to NFP CENTER and mail with the reservation form to:
Diocese of Memphis NFP Center ♦ 5825 Shelby Oaks Dr. ♦ Memphis, TN 38134

Seating is limited. Reservations must be RECEIVED at least 6 days prior to your selected program for the discount fee.

Confirmation of your reservation will be sent by E-mail or post card. Please call (901) 373-1285 if you do not receive a confirmation.