## Order Form BMI Prescription Pad

These pads are to be given to health care providers to encourage dieters to your practice.

BMI Note Pad is 4"x6". 25 or 50 sheets per pad with chipboard backer.

Premium Bright White Paper Stock.

Prints full color, 4-color process.

Pricing, 25 sheets per pad: 50 pads = \$4.60 ea 100 pads = \$2.50 ea 250 pads = \$2.20 ea

Pricing, 50 sheets per pad: 50 pads = \$5.50 ea 100 pads = \$3.70 ea 250 pads = \$3.40 ea one time set up of \$35.

Add your full color logo or office contact information. Must fit within a 3.75"w x 1-1/8"h area.

Date:
U.S. Preventive Services Task Force Recommendation Statement: Clinicians should screen all adults for obesity and offer or refer patients with a BMI of 30 or higher to intensive, multicomponent behavioral interventions.
Your BMI
Risk Factors*
20 - 25 Normal Weight 25 - 30 Overweight 25 - 30 (with risk factors)* 30 - 35 Obese 35 - 40 Morbidly Obese*
*Patients within these ranges qualify for IBT (Intense Behavioral Therapy) for weight reduction.
*Risk factors: Type 2 Diabetes (or pre-diabetes), increased cholesterol, high blood pressure, waist circumference greater than 40 in males or 35 in females.  *Created by drzumbado.com*
For an educational seminar on weight loss contact:

257 Market Street West • Gaithersburg, Maryland 20878 301.977.9434 • drzumbado.com



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