Family Retreat Registration

Parent/guardian Name(s): Address:					
City:	State:Zip:				
Home Phone:	Day Phone:				
Email:					
Date of child's diagnos	sis (month/year)				

Diabetes physician name/ address_

First time at Family Retreat? □ Yes □ No May we list your contact information in the Family

Retreat Roster? □Yes □No

Are you a member of the ADA? \Box Yes \Box No Member #_____

 $\hfill\square$ Please send financial aid application.

Please indicate any special meal o	r
accommodation needs.	

Registrations are processed in the order in which they are received. The American Diabetes Association does not discriminate based on race, creed, national origin, gender or special needs.

Please send more information regarding:

□ Advocacy □ School Walk for Diabetes

□ Step Out To Fight Diabetes □ Tour de Cure

□ Family Resource Network

Please mail completed form to: American Diabetes Association Metropolitan Park East Attn: Family Retreat 1730 Minor Ave, Suite 920 Seattle, WA 98101

A confirmation including draft schedule, packing list, and driving directions will be mailed to you prior to the retreat.

American Diabetes Association MISSION

The mission of the American Diabetes Association is to prevent and cure diabetes and to improve the lives of all people affected by diabetes.



Summer Camp

American Diabetes Association summer residence camp program at Camp Orkila and Camp Sealth is about adventure, exploration, meeting new friends, and having fun! ADA's team of experienced medical staff provides 24 hour support, education, and guidance for campers with diabetes.

Family Resource Network

No one should have to fight diabetes alone-especially your child and you. Trained parent volunteers are ready to help you through the day to day challenges of diabetes with information and support.

School Walk for Diabetes

This is an educational school fund-raising program that promotes community service, school spirit, and healthy living to students. Participants learn about diabetes while raising money to fund diabetes research, information and advocacy.

Advocacy

The ADA is the only organization that works to help families of youth with diabetes fight discrimination, especially in school. We also advocate for increased federal funding of diabetes research and medical insurance coverage.

Research

The ADA funds research to find a cure for diabetes and to improve the lives of people with diabetes. The projects we support cover the spectrum from islet cell biology and transplantation techniques to studies in diabetes education and treatment. We provided over \$46 million in 2006.

Teen Program

Washington State Teens act as leaders and volunteers in local ADA programs and events while learning to inform and educate the community and the government about the serious toll of diabetes. This groundbreaking program helps teens aged 13-19 build self-esteem, improve public speaking skills, and meet new friends affected by diabetes.

The American Diabetes Association is committed to providing educational information and referral services for children and families with diabetes, advocating for fair and quality treatment of children with diabetes in schools, and increasing federal funding for diabetes research.

For more information on any local events and programs, please call Sara Torbet at 1-888-DIABETES, ext. 7211 www.diabetes.org



The American Diabetes Association 18th Annual Family Retreat Weekend

Black Lake Camp, Olympia, WA May 9 - 11, 2008

Check In: 5:30 P.M. - 7:30 p.m. Friday Check Out: 1:00 P.M. Sunday

Our annual supportive, educational and fun filled weekend for families is back and preparing to boldly go where few have gone before! This year, prepare yourself for an experience that is out of this galaxy as we head to outer space!



What is Family Retreat?

- A weekend devoted to children 12 and under with diabetes AND their entire families.
- An opportunity to meet new people ٠ and be encouraged by one another.
- A chance to HAVE FUN with other families!
- ٠ An educational program to help with day to day management and living effectively with diabetes.

Family Retreat is for everyone, including siblings, grandparents and any support person in the family network. Volunteers spend time with children to allow adults and children time together and apart.

At Family Retreat, you'll:

- Hear lectures by knowledgeable speakers.
- Participate in Question and Answer panels.
- Connect with others in small group discussions.
- Have fun with games, camp fires, arts and crafts, skits ٠ and "smudgies"

Key note speaker: James S. Hirsch

James S. Hirsch is a former reporter for The New York Times and The Wall Street Journal, and he is the author of four books, the most recent of which was "Cheating Destiny: Living with Diabetes." Jim was diagnosed with type 1 diabetes as a teenager, and his son, Garrett, was diagnosed with the same disease at age 3. Jim is also a columnist for diaTribe (www.diaTribe.us), an online newsletter about new products and research in diabetes. Jim lives in the Boston area with his wife, Sheryl, and their children, Amanda and Garrett. James is also the brother of University of Washington Medical Director Dr. Irl Hirsch.

"I learned that what we did, by coming to Family Retreat, is a huge benefit to my daughter."

"We are grateful that so many with this disease, especially young people, give so much of their time and energy in helping to bring the next generation along in good health."

Family Retreat Accommodations

Black Lake Camp is a fabulous location offering comfortable, clean accommodations on the shores of Black Lake near Olympia. The Camp features delicious meals, comfortable meeting rooms, a baseball field, basketball courts and outdoor fire pit.

Families stay in accommodations including rooms with private baths in a large lodge; private cabins with communal bathrooms; and large private cabins with private baths. All rooms are heated and have either full beds and bunk beds or multiple sets of bunks.

All options include weekend programming, breakfast Saturday through lunch Sunday, snacks, t-shirts, youth activities, and educational materials. Children two and under are free.

Additional Information

Volunteer



We need volunteers to keep the younger members occupied while adults attend sessions and to help with other aspects of the weekend. Contact the ADA for more information.

Help Support ADA Camps and Youth Programs

Your financial support to the scholarship fund ensures that our quality programs reach children and families living with diabetes in Washington State. The ADA relies on the generous support of donors, like you, to provide these valuable programs.

Scholarships

Need-based financial aid for the Retreat based on the National HUD chart is available. Please contact the ADA to request an application.

*A contribution of \$50 can go a long way in helping a family attend Family Retreat! Please complete the Donation to support Scholarship Fund on the Family Retreat Registration.

Please contact the ADA with questions at (888)-DIABETES, ext. 7202 or 7211 or (206) 282-4616 ext. 7202 or 7211.



Family Retreat Registration

Deadline: April 25, 2008 Please complete both sides of form!

- □ All inclusive lodging (Friday & Saturday nights at Black Lake) Adults: \$100/person Children: \$85/child (ages 3-12) Children: no charge (ages 0-2)
- Day only option (Fri-Sun, no lodging, meals and programs included) Adults: \$75/person Children: \$45/child (ages 3-12)
- □ RV camping option \$20 (one fee per family— plus dayonly cost for each member for total price). (Ple

ease put a *next	o the child (ren)	with diabetes.)
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Names of attendees	Child DOB	M / F	T- shirt size	Cost (Lodging or Day Only)
Sub-Total				
Camping fee if applicable				
Donation to support Scholarship Fund*				
Total Amount Due**				
Total Amount Enclosed				

** \$50 non-refundable deposit is required to reserve your family's spot. The remaining balance must be received **before** camp check-in.

Payment Options:

- □ Check or money order payable to: "American Diabetes Association"
- Credit Card

	Visa 🗆	Mastercard	American	Express
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Card # _____ Expiration date_____

Signature