



Thursday 27th June 2013

To the Parents/Caregivers of Puahue School students

Puahue School has been invited to join the Fonterra Milk for Schools programme.

Fonterra Milk for Schools will:

- Deliver Year 1 – 6 students a pack of Anchor Lite UHT milk every school day
- Supply a free fridge to chill the milk
- Collect used packaging for recycling

Fonterra Milk for Schools is all about growing healthy kids and milk contains essential nutrients for growth and development. The natural nutrition of milk gives kids calcium for building bones and nutrients they need for sustained energy, concentration and learning in the classroom.

Participation in the programme is entirely voluntary – both for our school and students. At this stage we are considering Fonterra's offer to join the programme and would like to assess the demand for the programme at Puahue School. To help us make a decision could you please complete and return the permission slip below.

If you would like more information about the programme visit www.fonterramilkforschools.com

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Please complete and return this form by Friday 5th July 2013. Thank You.

A. Please circle YES or NO:

_____ of Room ____ has permission to participate in the Fonterra Milk for Schools.

YES / NO

B. Please circle or delete as appropriate:

_____ has a dairy intolerance and/or allergy and cannot participate.

Signed: _____ Name: _____ Date: _____

What's it all about?



Fonterra Milk for Schools is all about growing healthy Kiwi kids. Milk contains essential nutrients for growth and development and is an important building block for good nutrition for all kids. We want all New Zealand primary-aged kids to have access to dairy nutrition every school day.

Here's some answers to parents' frequently asked questions

Is Fonterra Milk for Schools available to all schools, or just primary schools?

Just primary. We know that Years 1 – 6 are the formative period of growth and development, so we want to ensure that we are able to offer this opportunity to as many primary aged students as possible.

Why have you chosen to use Anchor Lite milk instead of full fat milk?

The NZ Dietary Guidelines from the Ministry of Health advise that from the age of two years, low fat dairy products are best for kids, which is why we have decided to use Anchor Lite milk instead of full fat or blue milk. Anchor Lite has 1.5g of fat per 100ml compared to Anchor Blue's 3.3g.

What is UHT milk?

UHT means Ultra-High Temperature processing. This sterilises the milk by heating it for an extremely short period. Fonterra Milk for Schools uses Anchor Lite milk which is put through the UHT process.

Does UHT Milk provide the same nutritional value?

Fonterra Milk for Schools milk contains the same levels of protein, carbohydrates and calcium found in fresh milk.

Why is it UHT milk instead of fresh milk?

It all comes down to food quality and safety – we've tested the logistics and UHT works best given the scale of the programme. Kids will be drinking the milk nicely chilled because we will be supplying fridges to all schools. UHT also gives Fonterra and schools more flexibility when it comes to delivery times and storage.

How many days per week can milk be served to the kids?

Fonterra will supply enough milk to serve Year 1 – 6 students every school day, if your school chooses to. The New Zealand Food and Nutrition Guidelines recommend school kids consume at least two to three servings of milk or dairy per day.

What about kids that are lactose intolerant or have a milk allergy?

Fonterra Milk for Schools is a voluntary programme, so if your child(ren) do not wish to or should not drink milk you will need to let your school know.

What about the waste?

Schools will be asked to empty and collect used packaging, which we will then collect from the schools and recycle.

Are you recycling the packaging in New Zealand?

Once we collect the used packaging from schools we bring it back to one of our sites to be baled. It is then sent to Thailand to complete the recycling process, turning the milk packs into items like roof tiles and school books.

Will participation in the programme add cost for the school?

Fonterra is providing the milk, fridges and recycling collection at no charge. Costs to schools will include items such as electricity to run the fridges and cleaning materials.

If our school joins this programme will they still get milk delivered to the kids who participate in KickStart Breakfast?

Yes. There will be no change to the KickStart Breakfast programme. Fonterra Milk for Schools will operate alongside the KickStart Breakfast programme because it is intended for all primary school kids in Years 1 – 6, providing milk as an additional nutritional boost to their day.

Can the milk be used for other things, such as selling it for fundraising?

The milk is strictly for consumption by kids within the school in Years 1-6. It cannot be used for other purposes.

How soon can the programme start?

There is a formal application and induction process that every school must complete before the milk can be served in school. For further information about the Fonterra Milk for Schools programme in your school please contact the school office.

Fonterra Milk for Schools will

- ✓ Deliver Year 1-6 kids a pack of Anchor Lite UHT milk every school day, for free
- ✓ Supply a free fridge to chill the milk
- ✓ Collect the used package for recycling

