

## Faculty:

### Pre-Conference Workshop:

**Nancy M. Benn, RN, MN, CDE**  
Diabetes Nurse Educator  
Diabetes Education & Management Centre  
Hotel Dieu Hospital, Kingston

**Ann MacDonald, BAsC, RD, CDE**  
Diabetes Education & Management Centre  
Hotel Dieu Hospital, Kingston

### Conference:

**Daniel Brouillard, MD, FRCPC**  
Kingston

**Amaka A. Eneh, MD**  
Resident, Queen's University  
Department of Ophthalmology  
Kingston

**Robyn Houlden, MD, FRCPC**  
Professor, Division of Endocrinology  
Queen's University, Kingston

**Marla Shapiro, MDCM, CCFP, MHSc, FRCPC**  
FCFP, NCMP  
Associate Professor, Department of Family  
and Community Medicine,  
University of Toronto

**Pravin Shukle, BSc (Hon), MD, FRCPC(C)**  
Special Internal Medicine,  
Ottawa

**Terrence Teixeira, MSc, MPA, Athlete**  
International Olympic Academy  
Toronto

## Conference Info: Registration Fee(s)

Registration includes materials,  
lunch & breaks

Registration - Health Professionals  
**April 9th Workshop**  
\$80 or \$65 if attending conference

**April 10th Conference**  
\$250; after March 20th, \$300

Registration - Students ( proof required )

**April 10th Conference**  
\$60; after March 20th, \$80

Receipt will be in your name tag and will  
not be reissued. No confirmation of  
registration will be sent.

No refunds given after March 27th.  
**Cancellation Fee: \$50**

In case of insufficient registration, we reserve  
the right to cancel by March 27th.

A block of rooms have been reserved  
until March 10th, at:

**The Holiday Inn**  
1 Princess Street  
Kingston, Ontario

Phone: 613-549-8400  
1-800-465-4329  
reservations@hikingstonwaterfront.com

**Room Rate: \$130.00**  
When reserving, state that you are  
attending the Options for Diabetes  
conference.

**Parking** - \$10 per day, with parking slip  
available when registering.

## Sponsors:

Abbott Diabetes  
Amgen  
Animas  
AstraZeneca  
Bayer Diabetes Care  
BD  
Boehringer Ingelheim  
GSK  
Janssen  
Lilly  
Medigas  
Medtronic  
Merck  
Novo Nordisk  
Roche Diagnostics  
Sanofi Aventis  
Wayne Stevenhaagen  
Wholesale Medical Network

### Toronto area contact:

Joan Ferguson  
416-239-0551

### Kingston area contact:

Margaret Little  
613-376-3207  
Fax: 613-372-0800  
hartwork@kingston.net



"We make a living by what we do but we  
make a life by what we give."

Winston Churchill



Presents:

**16th Annual  
Diabetes Education  
Conference  
for Health Care  
Professionals**

**Building Your Diabetes  
Knowledge**

**Thursday, April 9th, 2015  
Pre-Conference Workshop**

**Friday, April 10th, 2015  
Conference**

The Holiday Inn  
1 Princess Street  
5th Floor Ballroom  
Kingston, Ontario  
K7L 1A1

### Who should attend?

Health Care Professionals e.g. Nurses, Dietitians, Pharmacists, Social Workers, Chiropracodists, Physicians ... interested in increasing their knowledge about diabetes. May be of particular interest for those preparing for their CDEs.

### Why attend?

To take home current, reliable, useful information for immediate use in your daily practice. Conference content is attendee-driven; evaluations are excellent.

Currently more than 9 million Canadians or 1 in 4 live with diabetes or prediabetes & more than 20 people are diagnosed with the disease every hour.

RN's & RPN's can apply for reimbursement of registration through the Nursing Education Initiative. Call RNAO or RPNAO for information.

### Payment Information,

Pre-Conference Workshop and/or for Conference

#### Detach Registration Form(s)

Make total cheque or money order payable to:

#### OPTIONS FOR DIABETES

**Mail to:** Options for Diabetes  
c/o Margaret Little

1909 Hogan Road  
RR#2, Perth Road, Ontario, KOH 2L0

**Deadline for early registration:**  
March 20th.

**Cancellation: No refunds after**  
March 27th.

**A fee of \$50 will be retained**  
for all cancellations

**In case of insufficient registration, we**  
reserve the right to cancel by March 27th.

### Thursday April 9th

#### Workshop: Carbohydrate Counting for Health Care Professionals

**Contents:** This interactive workshop will provide both knowledge and practical skills. Case studies will assist the participants to learn:

- Basic to advanced CHO counting skills.
- A variety of teaching techniques.
- To use individualized teaching tools.
- To match insulin to carbohydrates.
- To apply this knowledge in their practice.

**Presented by:** Nancy Benn, RN, MN, CDE, & Anne MacDonald, BAsc, RD, CDE, Hotel Dieu Hospital, Kingston

**12:30** Registration, 5th floor Ballroom  
**1 - 5pm** Workshop

**Registration Limited to 50**

#### Thursday Registration Form

**To Register:** print clearly, detach and mail

**Name** \_\_\_\_\_

**Address** \_\_\_\_\_

**City/Prov** \_\_\_\_\_

**Postal Code** \_\_\_\_\_

**Phone or email** \_\_\_\_\_

**Profession** \_\_\_\_\_

**Registration deadline: March 20th.**

**Registration** \$80, workshop only  
**Special** \$65 if also registering for conference. To get the \$65 rate, Conference Registration must accompany Workshop Registration and **Payment must accompany registration form(s).**

### Friday April 10th

#### Breakfast on your own

**7:30** Registration

**8:15** Introductions

**8:30** Trials & Triathlon: An Athlete's Transition to Living & Competing with Type 1 Diabetes  
**Terrence Teixeira**  
Sponsor: Animas

**9:30** Break and view exhibits

**10:00** Type 2 Diabetes: Where does Insulin fit in?  
**Dr. Daniel Brouillard**

**11:00** Conquering Challenges in Osteoporosis Management and Treatment - A Case-based Discussion of Patients at High Risk for Fracture  
**Dr. Marla Shapiro**  
Sponsor: Amgen

**12:00** Lunch and view exhibits

**1:00** Diabetes and the Eye  
**Dr. Amaka A. Eneh**

**2:00** The Right Patient, The Right Fit: The Role of SGLT2 Inhibitors in T2DM.

**Dr. Robyn Houlden**  
Sponsor: AstroZeneca

**3:00** Break and view exhibits

**3:30** Diabetes Patients and Drug Interactions: Going Uphill Both Ways  
**Dr. Pravin Shukle**  
MD, FRCP (C)  
Sponsor: Merck

**Registration Limited to 150**

#### Friday Conference Registration

**To Register:** print clearly detach & mail

**Name** \_\_\_\_\_

**Address** \_\_\_\_\_

**City/Prov** \_\_\_\_\_

**Postal Code** \_\_\_\_\_

**Phone or email** \_\_\_\_\_

**Profession** \_\_\_\_\_

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**accompany registration form.**

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c/o Margaret Little

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RR#2, Perth Road, Ontario, KOH 2L0

**If registering for both pre-conference**  
workshop & conference, complete & mail  
both forms. Only one cheque/money  
order for total amount needed.