



Conference & Exhibition

**1st Annual
AR Physical Therapy Association
Optimize Conference
September 26 & 27, 2015**

The Arkansas Physical Therapy Association has developed an exciting and unique Conference opportunity for Arkansas. The goal of this conference is to bring to Arkansas the highest quality speakers on the most innovative ideas in physical therapy to aide our members in providing evidence based, high quality care to the residents of the natural state. Rehab Net of Arkansas will be our corporate sponsor this year.

Who Should Attend?

All physical therapists, physical therapist assistants, occupational therapists, occupational therapist assistants and athletic trainers practicing in Arkansas or the surrounding states. It is our desire to provide an eclectic sampling of speakers to meet the needs of outpatient, pediatric, inpatient, home health and long term care providers.

Registration Fee

The cost of attending this informative conference is:

\$199 Early Bird Registration for Members before September 1, 2015 and \$249 afterward

\$279 Early Bird Registration for Nonmembers before September 1, 2015 and \$332 afterward

\$50 for Students unless volunteering time for attendance.

Registration fee includes conference materials and special functions with the exception of the PAC Banquet on Saturday Night. The PAC event requires a separate fee of \$75 to attend and checks should be made out to the ArPTA/Rehab Net PAC for that event.

Hotel Information

The host hotel for our conference is:

Little Rock Marriott Hotel • Three Statehouse Plaza • Little Rock, Arkansas 72201

Connected to the Statehouse Convention Center

For Reservations, Call: (877) 759-6290 • Conference Rate: \$125 single rate/night or \$135 double rate • Rate cut off 8/27/15

The conference rate will not be available should the room block become full prior to the cut-off date; make your reservations early. Valet parking at the hotel is \$15/day and \$20 overnight. Self-parking is available at Second & Main Parking Garage, which is operated by the City of Little Rock.

Continuing Education Credits

This conference is approved by the Arkansas State Board of Physical Therapy for 11 contact hours with an additional hour obtained if you complete the juris prudence exam at the Saturday luncheon. The Arkansas Medical Society does not preapprove hours for occupational therapists (OT) but typically do accept hours if the course pertains to OTs.

ArPTA & Rehab Net are recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program has been approved for a maximum of 11 hours of Category A continuing education. Certified Athletic Trainers are responsible for claiming only those hours actually spent participating in the CE activity.

ArPTA BOC Approved Provider Number: P8206 &
Rehabilitation Network of AR Approved Provider Number #3532



Speaker Bios

Gabriel Brooks, PT, DPT, SCS, MTC, is the Sports Medicine Coordinator at Texas Children's Hospital and is a board certified Sports Clinical Specialist and a Manual Therapy Certified physical Therapist working primarily with adolescent athletes. His clinical practice specializes in injuries to the shoulder, elbow and spine.

Dr. Brooks holds a faculty appointment at Baylor College of Medicine where he is a clinician educator for medical students, residents, sports medicine fellows, and physical therapists. He is a guest lecturer at Texas Women's University, Marquette University, and has been an invited speaker at numerous national and international scientific meetings. He is an active clinical researcher and has published several peer reviewed articles on the management of pediatric musculoskeletal injuries. His research includes examination of kinematic and strength variables responsible for repetitive stress injury in athletes.

Cari Ebert, MS, CCC-SLP is a pediatric speech language pathologist in private practice in the Kansas City, Missouri area. She received her Bachelor of Arts degree from the University of Iowa in 1993 and her Master of Science degree from Southern Illinois University at Carbondale in 1995. Cari is married and has 3 children of her own. She and her husband homeschool their children and she has published a homeschool curriculum for parents of young children with speech and language delays called Small Talk. Cari has found her niche working exclusively with young children ages birth to five and their families. She firmly believes that early intervention is the key to future success and she has dedicated her professional career to helping young children achieve their maximum potential with speech, language and social development. Cari has an energetic personality and this translates to a high-energy speaking style. She will motivate you to love your job and love even your most challenging clients by exposing you to fun and effective therapy solutions

Susan Griffin, PT, DPT, MS, GCS has been a physical therapist for nearly 30 years. She has practiced in a wide variety of clinical settings throughout that time, and continues to practice in acute- and long-term care. Dr. Griffin has taught ethical coursework for entry-level and post-professional PTs and PTAs at the state and national level. Some examples of Dr. Griffin's accomplishments include:

- Elected Speaker of the House of Delegates for the American Physical Therapy Association in 2014.
- Full-time professor for the Physical Therapist Assistant Program at Blackhawk Technical College in Janesville, WI for more than 20 years.
- Served on the Ethics Committee for the Wisconsin Physical Therapy Association from 2007-2013.
- Chair of the Wisconsin Physical Therapy Association Task Force charged with developing new administrative rules.

Twala H. Maresh , PT, DPT, NCS, ATP received her BS entry level PT degree in 1983, her Advanced Masters in PT in 1998 and her Clinical Doctorate in Physical Therapy in 2002 from the University of Central Arkansas. She is a board certified Clinical Specialist in Neurologic (NCS) Physical Therapy from the American Board of Physical Therapy Specialties. She is certified as an Assistive Technology Professional (ATP) from RESNA. She has been a Faculty member for 18 plus years and has 30 years of clinical experience. As a Senior Clinical Instructor in the PT department, she teaches Clinical Foundations, Physical Rehabilitation, Professional Development II, Integumentary and Advanced Spinal Cord Injury. Her clinical specialties are inpatient and outpatient rehabilitation, patients with spinal cord injury, amputations, orthotic needs, prosthetic equipment, and complex seating and mobility evaluations. She has presented on a national, regional and local level and her research interest is in spinal cord injury.

Johnny Owens, PT, BS, MPT is Chief of Human Performance Optimization at the Center for the Intrepid at Brooke Army Military Medical Center and adjunct faculty at the Army Baylor Doctoral Physical Therapy Program. He did his undergraduate course work in Biology at The University of Texas at Austin and earned his Masters in Physical Therapy at The University of Texas Medical Branch Galveston. He manages lower extremity trauma and complex foot and ankle injuries of patients returning from the combat zone. He developed the Return to Run Clinical Pathway which focuses on returning service members who have suffered trauma back to high level activity and most recently the application of a novel technique, blood flow restriction training to help restore strength after injuries. He has numerous multi-center research projects involving regenerative medicine, sports medicine and rehabilitation of the combat casualty.

Nathan Yeager, MOT, OTR/L, CEA, CLSSB, joined the interdisciplinary team at Memorial Industrial Rehab in May 2005 as an Occupational Therapist. He holds a Masters degree in Occupational Therapy from the University of North Dakota and is currently pursuing a Masters degree in Business Administration from the University of Illinois. He is board certified as a Certified Ergonomic Associate from the Board of Certification in Professional Ergonomics and is a certified Lean Six Sigma Black Belt.

As an occupational therapist, he has specialized in job analysis, injury prevention, return to work programming for the past 10 years. As the Program Coordinator for Memorial Industrial Rehab He has provided rehab services, onsite programs, and ergonomic analysis for companies including Frit-O-Lay, DOT Foods, and Monsanto.



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Registration Fees:	Early Registration Paid Prior to 8/5/15	Paid After 8/5/15
Member	\$199	\$249
Nonmember	\$249	\$299
Students—	\$50 or n/c if volunteering assistance to the PAC Event or to the conference	

Rehab Net members will be paid by Rehab Net per cosponsor agreement

Cost to attend the PAC Banquet and Auction \$50. payable to the ArPTA/Rehab Net Pac

(Special discounts available for nonmembers who apply for APTA membership) for info call 501-499-6163

🍏 Luncheon Course with Juris Prudence Exam Only cost is \$10 payable to the AR State Physical Therapy Board and can be paid the day of, but please RSVP so we have an accurate count for the lunch.

Students & 2015 graduates wishing to volunteer should email execdirect@arpta.com to learn about volunteer possibilities

Two registration options are available:

1. Payment by Credit Card (MasterCard, Visa, American Express or PayPal account) - go to www.arpta.org and click on Calendar of events to register and pay online.
2. Payment by Check—Complete, copy and return this form for each attendee, along with a check made payable to the ArPTA and mail to ArPTA, P. O. Box 202, Conway, AR 72033.

Name: _____

License Type and Number: _____ APTA # _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: _____ Fax: _____

Email: _____

**ArPTA/Rehab Net PAC
Banquet, Awards, Keynote Speaker & Auction
Little Rock Marriott**

September 26

7pm-10pm

Cost \$75 per person

Please RSVP by email to rehabnet.ar@gmail.com or call 501-499-6163

You may pay at the event or mail a check to ArPTA PAC, P.O. Box 202, Conway, AR 72033
Check the web at www.arpta.org/Auction for items to be auctioned. We will be updating this frequently.



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Saturday, September 26, 2015

- 7:00 a.m.—8:00a.m. Exhibitor Move In
- 8:00 a.m.—8:30 a.m. Registration & Refreshments
- 8:30 a.m.—8:45 a.m. General Session
- 9:00 a.m.—10:30 a.m. Breakout Sessions
- Advanced Rehabilitation and Technology for Enhancing Function —Johnny Owens, PT, BS, MPT
 - Why Play Matters—Cari Ebert, MS, CCC-SLP
 - Beyond Initial Rehab: Promoting Mobility & Recreation for Chronic SCI—Twala Maresh, PT, DPT, NCS
- 10:30 a.m.– 10:45am Break Vendors
- 10:45 a.m.—12:15pm Breakout Sessions
- APTA Cause Your Worth It -Susan Griffin, PT, DPT, MS, GCS
 - Treatment of Pediatric Sports Injuries: Evidenced Based Management of the Shoulder—Gabriel Brooks, PT, DPT, SCS, MTC
 - Industrial Rehab: How to Improve Outcomes for All Your Workers' Compensation Clients—Nathan Yeager, MOT, OTR/L, CEA, CLSSB
- 12:15 p.m.– 1:15 pm Luncheon with AR State Physical Therapy Board—Written Juris Prudence Exam and Q&A
- 1:30 p.m.—3:00 p.m. Breakout Sessions
- Advanced Rehabilitation and Technology for Enhancing Function —Johnny Owens, PT, BS, MPT
 - Speech Strategies for the PT—Cari Ebert, MS, CCC-SLP
 - Beyond Initial Rehab: Promoting Mobility & Recreation for Chronic SCI—Twala Maresh, PT, DPT, NCS
- 3:00 p.m.—3:15p.m. Break with Vendors

3:15 p.m.—4:45 p.m. Breakout Sessions

- APTA Cause Your Worth It -Susan Griffin, PT, DPT, MS, GCS
- Treatment of Pediatric Sports Injuries: Evidenced Based Management of the Elbow—Gabriel Brooks, PT, DPT, SCS, MTC
- Industrial Rehab: How to Improve Outcomes for All Your Workers' Compensation Clients—Nathan Yeager, MOT, OTR/L, CEA, CLSSB

4:45 p.m.—6:00 p.m. Dismissed from Classes

6:00 p.m.—7:00 p.m. ArPTA Board Meeting

7:00 p.m.—10:00 p.m. PAC Banquet/Live Auction—Must RSVP to attend. Cost is \$75 payable to the ArPTA/Rehab Net PAC

Sunday, September 27, 2015

Featured Speaker: Johnny Owens, PT, BS, MPT

Blood Flow Restriction Training: Concept to Practice

8:30 a.m.—9:00 a.m. Registration & Refreshments

9:00 a.m.—10:30 a.m. Part 1

10:30 a.m.—10:45 a.m. Break with Vendors

10:45 a.m.—12:15pm Part 1 Continued

12:15 p.m.. 1:30 p.m. Lunch on Your Own

Vendors may breakdown

1:30p.m.— 2:30 p.m. Part II

2:30 p.m.—2:45 p.m. Break

2:45 p.m.—3:45 p.m. Part II Continued

3:45 p.m. Meeting adjourned

Early-Bird conference registration deadline August 5, 2015
Deadline for hotel reservations at conference rate: August 27, 2015

APTA
P.O. Box 202
Conway, AR 72033



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Speakers

Johnny Owens, PT, BS, MPT

Gabriel Brooks, PT, DPT, SCS, MTC

Nathan Yeager, MOT, OTR/L, CEA, CLSSBB

Twala Maresh, PT, DPT, NCS

Cari Ebert, MS, CCC-SLP

Susan R. Griffin, PT, DPT, MS, GCS

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Little Rock Marriott Hotel

Three Statehouse Plaza

Little Rock, AR 72201

Corporate Partner

