

# **"ALL OUR RELATIONSHIPS"**

## **AL-ANON WORKSHOP**

**Sponsored by District 13**

**SATURDAY, APRIL 30, 2011**



**Colesville United Methodist Church**  
52 Randolph Rd Silver Spring, Md. 20904 Anderson Hall  
(Ample parking)  
Three miles or 10-minute drive from Glenmont Metro Station  
by Ride-On Route 10 or Metrobus Route C-8

9:30-10 am - *Check-in, Registration & Continental Breakfast*

10:00-10:30 am – *Welcome & opening with Al-anon Declaration & Serenity Prayer  
& Candle-lighting Ceremony*

10:30 am - 11:30 am – *Speakers on "All Our Relationships"*

11:30 am - 12:00 pm – *Sharing*

12:00 pm - 2:00 pm – *Lunch and small group meetings on family, work, intimacy,  
self-respect, detachment ... and more*

**\$15 for the workshop, continental breakfast & lunch**

**Make check payable to District 13 Al-Anon**

Please send payment and registration form below by April 22, 2011 to:

Gail Kropf 14537 Carona Drive Silver Spring, Md. 20905

(Questions? Phone: 301-879-9669)

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Please PRINT First Name and Last Initial: \_\_\_\_\_  
(PRINT NAME)

Telephone: (H) \_\_\_\_\_ (Cell) \_\_\_\_\_

E-mail (optional): \_\_\_\_\_

**COME AND SHARE THE EXPERIENCE, STRENGTH,  
AND HOPE OF THE PROGRAM**