

WGMS CHEERLEADING KIDS' CAMP



MONDAY – THURSDAY, JUNE 17-20
9 am - 12 pm
WGMS Cafeteria

All students completing 1st – 5th grade in the 2012-2013 school year are invited to join the Willow Glen Middle School cheerleaders to learn cheer basics. Students will learn fundamental motions, jumps, at least one cheer, and a dance! Please wear comfortable clothes and tennis shoes.

Participants will do a performance for their parents at 11:45 a.m. on 6/20 to demonstrate what they learned.

Cost: \$160 if form and money are received by 3/15
 \$180 if form and money are received by 5/15
 \$200 if form and money are received after 5/15
 (\$10 can be deducted from the above prices for any participant in the one-day January Kids Camp)

includes a daily craft project, daily snack and water, games, and 4 half-days of instruction.

The Kids Camp will be under the leadership of coach Laura Saldana and members of the WGMS cheer squad. Laura Saldana is in her 11th year of coaching at WGMS. She has her CPR, First aid training, AACCA Stunting Safety certification, and NFHS tumbling and jumps certification. The WGMS cheer squad is a competitive cheer squad and the United Spirit Association junior high novice national champions in 2012.

Sample Schedule:

DAY 1

Craft Project - Bags	9:00-9:30
Welcome / Name game	9:30-9:40
Motions Workshop	9:40-9:55
Jumps Workshop	9:55-10:10
Dance	10:10-10:30
Break & snack	10:30-10:45
Game	10:45-11:00
Gymnastics Workshop	11:00-11:20
Cheers	11:20-11:35
Stunting Workshop	11:35 – 11:50
Review	11:50-12:00

In order to participate:

Please return the form on the back with a check or money order made out to WGMS. Write your child's name and the phrase "Kid's Cheer Camp" on the "for" line. The packet can be returned to Willow Glen Middle School in person or sent to:

Willow Glen Middle School
Attn: Laura Saldana
2105 Cottle Ave.
San Jose, CA 95125

Questions? Please contact Laura Saldana at Willow Glen Middle School at 408-535-6277 or laura_saldana@sjusd.org

For Office Use only:

_____ Payment Received (Amount _____ Method _____)

_____ Payment Received email _____ Confirmation info _____ On Excel _____ T-shirt _____ Nametag

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Each participant must complete and return this form along with the fee.

Name of participant _____

T-shirt size: Youth _____ or Adult _____ Size: _____

School: _____ Grade: _____

Friend(s) also attending: _____

Home Address: _____

Home Phone: _____ Birthdate: _____

Mother's Name: _____ Day Phone: _____

Father's Name: _____ Day Phone: _____

Parent E-mail: _____

Emergency Contact: _____ Relationship: _____

Emergency Contact Phone: _____

Health Insurance Company: _____ Policy #: _____

Family Doctor: _____ Doctor's Phone: _____

Have you ever had any serious illness, surgery, or injury? If yes, please explain:

Do you have any medical problems or allergies? _____

Parent / Guardian Permission:

I hereby authorize my child's participation in the Willow Glen Middle School Cheerleading Kids' Camp. I hereby release Willow Glen Middle School and the San Jose Unified School District from any and all liabilities, claims, and injuries or illnesses incurred while participating in the Kids' Camp. I authorize immediate medical care as deemed appropriate by the camp staff. I also understand that the Willow Glen Middle School Cheer Squad retains the right to use for publicity purposes and advertising purposes the photographs / videos of participants taken at the event.

Parent / Guardian Name (Please Print) _____

Parent / Guardian Signature _____ Date _____

For Office Use only:

_____ Payment Received (Amount _____ Method _____)

_____ Payment Received email _____ Confirmation info _____ On Excel _____ T-shirt _____ Nametag