



*Join a dynamic community of teachers, trainees, students, and supporters
of the Alexander Technique as an*
Associate Member of AmSAT

About the Alexander Technique

The Alexander Technique is an approach to psycho-physical reeducation developed over a century ago by Frederick Matthias Alexander.

About AmSAT

The American Society for the Alexander Technique was founded in 1987 to develop and promote the Alexander Technique. An educational non-profit organization, we are the largest professional organization for teachers of the Alexander Technique in the USA. Our mission is to establish the Alexander Technique as a basic and recognized resource for health, productivity and well-being. AmSAT is a non-profit organization that does not discriminate on the basis of ethnicity, gender, age, sexual orientation or religious affiliation.

AmSAT provides membership services, teacher training courses and certification standards for teachers, as well as education and outreach to the public. AmSAT is affiliated with seventeen other societies worldwide. Your Associate Member dues help support the goals of AmSAT which include the development and promotion of the Alexander Technique and the oversight of legislative issues related to the Technique.

Associate Member benefits include

Subscription to *AmSAT Journal*, a professional journal dedicated to publishing high quality writing about the Alexander Technique. Published twice a year, the *AmSAT Journal* features articles on practical, theoretical, and professional topics, as well as creative writing and artwork related to the Alexander Technique.

Invitation to workshops for Associate Members. Join us at our Annual Conference and General Meeting (ACGM), held each June in a different part of the country. Meet and work with renowned teachers of the Technique!

AmSAT Bookstore - A 10% discount on all purchases from the AmSAT online Bookstore.

Join today!

Complete the form below and mail to:
AmSAT
P O Box 2307
Dayton, OH 45401-2307
For more information: 800 473 0620
Visit our website: www.AmSATonline.org

Associate Membership* Application Form

** Please note that Associate membership is not open to teachers of the Alexander Technique or trainees*

Name: _____

Phone: _____

Address: _____

Email: _____

Referred by (name of AmSAT member):

I have enclosed my \$55 payment for one year of Associate Membership in AmSAT
 Method of Payment: Check Enclosed Credit Card (please fill out information below)

Card #

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