



Kinesiology Taping for Geriatrics

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ATTENTION: Copy as needed for each attendee or print additional forms at www.summit-education.com

Name\* EMAIL OR PHONE # REQUIRED!  
Email\*  
Profession/Job Title\*  
Organization  
Billing Address\*  
Address2  
City\* State\* Zip\*  
Phone\* EMAIL OR PHONE # REQUIRED! Ext.  
CE Renewal Date (MM) / (YY) License Cycle Length (YRS)

Payment Required For Registration  
Check, credit card or company purchase order (PO#) MUST accompany this registration form.

Price X Quantity = Total  
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Check the Workshop You Will Attend:

- ☐ Jefferson City, MO - November 06, 2015
- ☐ St. Louis, MO - November 08, 2015
- ☐ O'Fallon, IL - November 07, 2015

Pricing\* All prices are per person

EARLY	REGULAR
\$199 <sup>99</sup>   Single Person	\$219 <sup>99</sup>   Single Person
\$189 <sup>99</sup>   2-4 People	\$209 <sup>99</sup>   2-4 People
\$179 <sup>99</sup>   5+ People	\$199 <sup>99</sup>   5+ People

\* Early Registration: Must be received 14 days prior to workshop.  
Groups: Registrations and payment must be received together via fax or mail. You may also register online if payment is with a single credit card.  
Unregistered Walk-ins: Walk-ins will be charged \$239<sup>99</sup>/person, which includes a \$20 late processing fee.

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High Impact, Live Workshops for Continuing Education



Kinesiology Taping for Geriatrics

Evidence-Based Strategies for Stroke, Pain, Posture and Improving Functional Outcomes

Benefits to Attending

- Effective treatment interventions that work when nothing else will!
- Hands-on labs to practice taping techniques for post-stroke deficits, shoulder dysfunction, joint stabilization, and functional corrections of the wrist and ankle
- Kinesiology taping techniques for knee and hip replacements
- Highly visual presentation with detailed pictures of each taping application to ensure correct application of new techniques
- Easy-to-use advanced techniques for edema, scar tissue, and bruising that therapists of any experience level can use immediately

Who Should Attend

- ☒ Physical Therapists
- ☒ Physical Therapist Assistants
- ☒ Occupational Therapists
- ☒ Occupational Therapy Assistants
- ☒ Kinesiotherapists
- ☒ Strength & Conditioning Coaches
- ☒ Athletic Trainers
- ☒ Home Care Practitioners
- ☒ Nursing Home Administrators
- ☒ Hand Therapists

REGISTER

www.summit-education.com or call 800-433-9570

Workshop Dates

Jefferson City, MO  
November 06, 2015

O'Fallon, IL  
November 07, 2015

St. Louis, MO  
November 08, 2015

Bring a Friend!  
Learn together. Special rates.



Kinesiology Taping for Geriatrics

Evidence-Based Strategies for Stroke, Pain, Posture and Improving Functional Outcomes

Presented by Angela Reimer, MOT, OTR, a registered and licensed therapist with extensive clinical experience focusing on geriatric and neurologically impaired populations. She is certified in therapeutic taping techniques and a member of the Kinesio Taping Association International (KTAI), the American Society of Neurorehabilitation (ASNR) and has incorporated the use of taping modalities with pediatrics, adults, athletes, and geriatric patients across the Midwest.

Benefits to Attending

- Effective treatment interventions that work when nothing else will!
- Hands-on labs to practice taping techniques for post-stroke deficits, shoulder dysfunction, joint stabilization and functional corrections of the wrist and ankle
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## Dates & Locations

### Jefferson City, MO November 06, 2015

Capital Event Center  
623 Ohio St  
Jefferson City, MO 65109  
(573) 635-5882

### O'Fallon, IL November 07, 2015

Hilton Garden Inn Shiloh/O'Fallon  
360 Regency Park Dr  
O'Fallon, IL 62269  
(618) 624-4499

### St. Louis, MO November 08, 2015

Holiday Inn St. Louis Airport  
4505 Woodson Rd  
St. Louis, MO 63134  
(314) 427-4700

**Bring a Friend!**  
Learn together. Special rates.



# Kinesiology Taping for Geriatrics

## Strategies for Stroke, Pain, Posture and Improving Functional Outcomes

By the year 2050, one of every 5 people living in the United States will be age 65 or older. With this increase a surge in musculoskeletal, integumentary and neurological disorders (e.g. stroke, arthritis, and edema) is expected. These trends necessitate effective, non-invasive treatment strategies to address impairments associated with these conditions. For several decades, therapeutic taping has been used to improve patient function, correct postural imbalances, reduce pain, and prevent injury. While kinesiology taping is widely used in athletics, it has yet to reach its full potential in geriatric settings.

This hands-on, one day workshop is designed to guide participants through appropriate therapeutic taping applications for the expanding geriatric population. Participants will focus on the fundamentals and techniques of taping as well as specific applications appropriate for this population including pain, edema, shoulder subluxation, stroke rehab, applications to improve posture and positioning, and many more. This workshop will provide participants with taping techniques that can be immediately integrated into their practice. Participants will leave this workshop with non-invasive, practical methods of managing conditions specific to this population. Taping techniques learned can be used in virtually any environment with few contraindications.

## About Your Program Instructor

**Angela Reimer, MOT, OTR**, is a registered and licensed occupational therapist with over twelve years of clinical experience focusing on geriatric and neurologically impaired populations. Ms. Reimer is certified in therapeutic taping techniques and a member of several professional organizations including the Kinesio Taping Association International (KTAI), the American Society of Neurorehabilitation (ASNR) and has incorporated the use of taping modalities with pediatrics, adults, athletes, and geriatric patients across the Midwest. Ms. Reimer has become know for by incorporating therapeutic taping techniques into the treatment of geriatric patient populations including patients affected by stroke. Ms. Reimer is co-director and speaker for the highly rated Certified Stroke Rehabilitation Specialist workshops: the field's only stroke certification for physical and occupational therapists. Ms. Reimer unique combination of education, experience and passion translates into highly innovative and effective rehabilitation solutions. Ms. Reimer received her Master's degree in occupational therapy from the University of Findlay, OH and works closely with the National Stroke Association providing evidence based stroke rehab education to therapists across the country.

## Learning Objectives

1. Describe fundamental kinesiology tape application principles.
2. Discuss primary benefits and limitations of taping techniques.
3. Compare and contrast common therapeutic taping techniques and the indications for each.
4. Demonstrate correct application of fundamental taping techniques.
5. Apply various taping techniques for treatment of unique conditions.
6. Identify contraindications and precautions for use of taping.

## Join Our Faculty

Summit Professional Education is currently seeking qualified professionals to develop and teach workshops nationally. Visit [www.summit-education.com/instructor](http://www.summit-education.com/instructor) for more information.

## Workshop Outline

- I. **Building a Solid Foundation: Overview of Methods and Prep Techniques**
  - » Properties
  - » Uses
  - » Application/cuts
  - » Tension
  - » Precautions/contraindications
  - » Documentation and coding

- II. **Taping Solutions for Multiple Dysfunctions - Control the Tape, Control the Outcome**
  - » Muscle facilitation
  - » Muscle inhibition
  - » Taping for posture and torticollis
  - » Shoulder impingement
  - » Upper and lower extremity edema lab
  - » Hip osteoarthritis/replacement
  - » Knee osteoarthritis/replacement

☒ HANDS ON LAB

- III. **Stroke Application and Lab**
  - » Shoulder hemiplegia
  - » Functional assist ankle
  - » Functional assist wrist

☒ HANDS ON LAB

- IV. **Advanced Applications Made Easy**
  - » Scar applications
  - » Varicose veins
  - » Bruising

- V. **Evidence Basis and Documentation Strategies for Taping Techniques**
  - » Evidence review
  - » Getting reimbursed for taping

- VI. **Case Studies and Wrap Up**
  - » See the techniques learned in action
  - » Questions

☒ CASE STUDIES



**All attendees will be provided with premium Kinesiology tape for labs and hands-on activities. Please dress comfortably and wear a sleeveless shirt that allows access to shoulder and back area for taping.**

## Workshop Schedule

**7:30am – Registration & Coffee**

**8:00am – Workshop Begins**

**11:30am - 12:30pm – Lunch On Your Own**

**3:30pm – Workshop Adjourns**

Some facilities may charge for parking, which is at your own expense.

Your instructor will break for 15 minutes in the morning and afternoon at appropriate times.

## Continuing Education Credit

**Occupational Therapists** - Summit Professional Education is an AOTA Approved Provider of continuing education - provider #5873. This program is offered for 0.6 AOTA CEUs (6.0 contact hours). The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

**Physical Therapists – IL:** Summit Professional Education has been approved by the Illinois Department of Financial & Professional Regulation as a continuing education provider for physical therapists and physical therapist assistants, contact # 3719528. This course is offered for 6.0 hours. **MO:** As per rule 20 CSR 2150-3.203(5)(A) workshops approved by the American Physical Therapy Association (APTA) or any of its components including state chapters shall be accepted as approved. This course has been approved by the Kentucky Physical Therapy Association for 6.0 hours.

**Athletic Trainers** - Summit Professional Education is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program has been approved for a maximum of 6.0 hours of category A continuing education. Certified Athletic trainers are responsible for claiming only those hours actually spent participating in the continuing education activity. BOC Approved Provider Number: P3785.

**Long-Term Care Administrators** - Summit Professional Education is a Certified Sponsor of professional continuing education with the National Association of Long Term Care Administrator Boards (NAB) and has approved this program for 6.0 clock hours, approval # 2862016-6.00-11238-in. *State licensure boards have final authority on the acceptance of individual courses.*

**Strength and Conditioning Coaches** – This course has been submitted to the National Strength and Conditioning Association Certification Commission for Certified Strength and Conditioning Specialist (NSCA-CSCS) for approval of 0.6 CEU or 6.0 contact hours of continuing education, provider #1059.

**Personal Trainers** - This course has been submitted to the National Strength and Conditioning Association Certification Commission for Certified Personal Trainer (NSCA-CPT) for approval of 0.6 CEU or 6.0 contact hours of continuing education, provider #1059.

**Hand Therapists** - This course offers 6.0 contact hours of Category C, Formal Courses with General OT or PT Content, hand therapy education.

**Kinesiotherapists** - This course has been approved by the Continuing Competency Board for Kinesiotherapy as meeting the professional development requirements of the Council on Professional Standards for Kinesiotherapy (COPS-KT), 6.0 contact hours (0.6 CEUs).

**Home Care, Rehabilitation and Other Professionals** - This seminar qualifies for 6.0 continuing education hours as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific filing requirements.

**This event contains intermediate level content.**

### SATISFACTORY COMPLETION

Participants must pay tuition fee, sign in, attend the entire seminar, complete an evaluation and sign out in order to receive a certificate of completion. Participants not fulfilling these requirements will not receive a certificate. Failure to sign in or out will result in forfeiture of credit for the entire workshop. No exceptions will be made. Partial credit is not available.

### WORKSHOP HANDBOOK

Included with your registration you will receive a comprehensive manual compiled by the instructor.

**DISCLOSURES:** Guidelines exist whereby all speakers must disclose any relevant relationships. Angela Reimer is compensated by Summit as an instructor. She has a non-financial relationship with the National Stroke Association.

**SCOPE OF PRACTICE:** Workshop content is not intended for use by participants outside of the regulatory scope of practice of their license(s). You are responsible for knowing what lies within and without your professional scope of practice.

**Have continuing education credit questions? Please email our CE Department at [ceinfo@summit-education.com](mailto:ceinfo@summit-education.com) for the latest approval status.**

### THE SUMMIT GUARANTEE

Summit Professional Education is a national leader in high-quality educational products and services for today's professional. Our seminars and training programs are designed to help professionals achieve improved performance and results in all areas. Our faculty is the "best of the best" in their fields of expertise, providing programs that really make a difference to participants. If for any reason you are not satisfied with the program, simply notify the registrar of your intent to withdraw from the program prior to the first morning break, turn in your workshop materials and receive a 100% refund or credit on a future program.

### REGISTRATION, CONFIRMATION & CERTIFICATES

Confirmations of registration will be sent via email. A copy of your registration confirmation will serve as

your receipt for fees paid at the time of registration. Walk-ins are welcome but must register onsite. Please notify us at least thirty (30) days in advance if you have special needs or require assistance. Certificates are mailed to the seminar location 5 business days in advance. If your certificate is not available the day of the seminar, please complete a certificate request onsite and a copy will be sent to you. Hotel locations must occasionally be adjusted. Please provide an email address and phone number to receive any important updates.

### SUBSTITUTION & CANCELLATION POLICY

Substitutions may be made at any time. Requests for cancellation must be received in writing by fax or mail ten (10) days prior to the seminar in order to receive a refund less a \$20.00 administrative charge per canceled

attendee. If the cancellation is made within ten days or less, refunds will not be granted for any reason; instead, a credit voucher will be issued that may be used toward a future workshop registration. Credit vouchers are transferable and expire two (2) years from the date of issuance. In cases of inclement weather where the seminar is conducted as scheduled, you may request a credit voucher toward a future seminar. If we must cancel or change the seminar for any reason, our liability is limited to the cost of tuition. If you register and do not attend, you are still responsible for payment.

**W-9:** To download a copy, logon to [www.summit-education.com/w-9](http://www.summit-education.com/w-9)  
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