

The Mt. Penn Soccer Club & Pretzel City Sports, Reading, PA Present the 11th Annual

Winning Kick 5k Run

& 1 Mile Kids Fun Race

Sunday, Aug 28, 2011 9:00 A.M

"Possibly Reading's Flattest & Fastest Course"

LOCATION: The "A-Field" in Mt Penn, Prospect & Byram Sts. just east of Reading PA. Regist./ number pickup opens at 8:00 a.m. 5k starts at 9:00 a.m., kids race at 9:45. Regular short sleeve T-shirt to all pre-entries & race-day entries while they last. Clock at finish, refreshments, mile splits, instant results. Rain or shine. No refunds or mailed awards.

COURSE: FLAT, FAST wheel measured course on mostly shaded streets & around lake. GREAT place to PR!

AWARDS: 5K: Separate awards for the male and female winners and runner-ups plus:

14 & under: 3M, 3F 15-19: 3M, 3F 20-29: 3M, 3F 30-39: 3M, 3F 40-49: 3M, 3F 50-59: 3M, 3F 60-69: 3M, 2F 70+: 1M

1M Kids Race for 12 yrs old & under: Top 3 Males & Females overall plus:

top male and female finisher from this past Spring or Fall's Mt Penn Youth Soccer teams; grab bags to all finishers

Note: Kids participating in both the 5k & fun run must enter twice

Course Records: Mens: Randy Haas (2003) : 15:29 Women: Cathy Unruh (2001) : 17:43

ENTRY: 5k: \$20 if postmarked by Tues, Aug 16, 2010. Afterwards, plus race day, \$25 while shirts last, \$18 when gone.

Kids Run: \$5 if postmarked by Aug 16. Afterwards, inc. day of race, \$7. Race day registration for kids run to be CLOSED once we have as many kids entries as we have grab bags so preregister if possible. Also, no shirts for kids due to reduced fee.

DIRECTIONS FROM EAST OF READING: Take 422 west toward Reading until Bus. 422 (Mt Penn) bears off to right. Stay right until Mt Penn Diner appears on left. Take right at that light onto Oley Turnpike Rd. Take 1st left at bottom of hill onto Prospect Street. Take Prospect St past St Lawrence Ave. until field appears on left.

DIRECTIONS FOR ALL OTHERS: Take 422 Reading Bypass until Mt Penn Exit. Go left at blinker at top of exit. Go 3 lights until Bus. 422. Left onto Bus 422 until Mt Penn Diner appears on left. Take right at that light onto Oley Turnpike Rd. Take 1st left at bottom of hill onto Prospect Street. Take Prospect St past St Lawrence Ave. until athletic field appears on left.

Optional online registration available on www.pretzelcitysports.com

(nominal processing fee applies, closes at Wed, Aug 24th at midnight)

MAIL CHECK PAYABLE TO "Mt Penn Soccer Club" & FORM BELOW TO: Pretzel City Sports, 112 W. 36th St., Reading, PA 19606. Race Director: Ron Horn: (610) 779-2668, rhornpcs@aol.com, www.pretzelcitysports.com

Last name _____ First name _____

Address _____ City _____ State _____ Zip _____

Circle one: 5K 1M Sex: M F Race day age: _____ Date of birth ____/____/____

Shirt Size (circle one) : S M L XL Phone: (____) _____ A.M. or P.M.??
NO SHIRTS FOR KIDS RUN ENTRIES-may be available for purchase that day circle one or both

Email: (print clearly) _____

Already getting Pretzel City emails regularly? ____ Yes ____ No__ **WAIVER:** I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Mt Penn Soccer Club, any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____

date ____/____/ 2011