

*Lyles Middle School
Lumberjack
Cheerleader
Tryouts
Saturday, March 21,
2015*

Lyles Middle School Tryout Packet 2015-2016

Step One: Read this packet entirely.

Step Two: Sign all forms.

Step Three: Staple \$10.00 cash to signed forms.

Step Four: Return confirmation of understanding, medical form, and money (\$10) to Ms. Carroll's Room B6 by Monday, March 16, 2015.

Step Five: You will NOT be able to **try out** unless your parents have attended the interest meeting, met with Ms. Carroll in person, or have had a phone conversation.

If you have any questions please contact:

Chandra Carroll (Outgoing sponsor)

(972)240-3720

clcarrol@garlandisd.net

Important Dates

Monday, March 4, 2015
Parent Information Meeting
LMS Library
4:30 PM

Monday, March 16, 2015
Tryout Packet Forms Due
Ms. Carroll's Room B6

March 16-19 Clinic -
Teach Cheer, Chant, and Dance
LMS Gym from 4:10 to 5:30 PM

Friday, March 20, 2015
Mock Tryouts
LMS Gym
4:15 to 6:30 PM

Saturday, March 21, 2015
Tryouts
Austin Academy
Warm up 12-1230 Tryouts 1230-1:00 pm, arrive at 11:30 am

TBA May 2015 Parent Cheer Meeting
Full payment due of \$550 in money orders (\$100 for camp and \$450
clothes)
Ms. Carroll's Rm B6
Uniform Fitting for 2015-2016 cheerleaders time TBA

June 12-14, 2015
NCA Cheerleading Day Camp

John Horn High School in Mesquite, TX 8:00 AM to 5:00 PM

Tryouts/Tryouts

March 17th & 18th March 19th, 20th, and 21st

PONYTAIL

NO JEWELRY

White T-shirt

Knit Shorts

SOLID Black knit shorts

White socks

White Tennis shoes

Cheer Clinic

Only candidates who are academically eligible (refer to Fourth Six Week's report card) may participate, and although it is not a mandatory event, we highly recommend everyone attend. If for some reason a candidate chooses not to participate, he/she will have to rely on another candidate to teach him/her the material (cheer, chant, and dance) that will be scored by the panel of judges and so determines who makes the squad.

All participants will be charged a \$10.00 fee (cash only) which will be due March 16th.

Cameras, camcorders, and picture phones are not permitted.

Parent Participation/Involvement

Parents are **not** allowed in the building at any time on March 17th, 18th, 19th, or 20th while the candidates are assembled in the gym learning, preparing, or practicing their routines. This also applies to the actual tryout day itself at Austin. **Anyone choosing to enter the premises in spite of this warning will immediately be escorted out by a sponsor or the police.**

Dear Parents/Guardians of Cheerleader Candidates:

*Your child has expressed an interest in becoming a member of the Lyles Middle School 7th or 8th grade cheerleading squad for the 2015-2016 school year. Please ensure that Lyles Middle School has been confirmed as your child's campus for the 2015-2016 school year for **CHOICE OF SCHOOL**. Students are only allowed to tryout at one GISD campus which should be the school selected on choice of school form. If selected, there will be certain personal and financial responsibilities and obligations, which your child must assume in order to qualify and remain a member in good standing. Some of these will require your help and management.*

Being a cheerleader makes your child a leader in our school. Because we believe our school and students are "Better than the Best," we expect the cheerleaders to set good examples of student conduct at all times. We have set forth guidelines that will make our cheerleaders role models in our building. We want our cheerleaders to be exemplary citizens exhibiting high moral and academic standards.

All cheerleaders will be expected to abide by the standards and guidelines outlined in the Garland ISD Cheerleader Constitution. If you are interested in viewing the Cheerleader Constitution prior to tryouts, please visit the following website: <http://www.garlandisd.net/cheerleader/> All cheerleaders will receive a copy after the squads have been formed. Cheerleaders who fail to adhere to the standards and guidelines will be penalized.

A parent meeting will be held on Monday, March 4 at 4:30 p.m. in the library to go over changes and discuss any questions you may have. All candidates and the parent or guardian are asked to attend unless prior arrangements have been made with the sponsor.

We wish all candidates the best of luck. Please read this packet carefully and be sure you fully understand each rule and procedure before signing.

Sponsors Kathleen Boland and Chandra Carroll
Darrin Hemphill, Principal

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JUDGES TRYOUT Saturday, March 21 from 12 pm-1:30pm

- You will tryout before a panel of qualified judges. Every attempt is made to hire judges that have not worked with students in the Garland area. However, with the hundreds of camps in the state of Texas, attended by thousands of cheerleaders and taught by hundreds of instructors, it may be possible at some time that a member of the judging panel may have had some contact with a candidate who is trying out. We hire professional judges with outstanding credentials and references. They will be instructed to judge the candidates based only on the mastery of skills that they see demonstrated during the tryouts. **Tryout results will not be challenged because of prior knowledge of judges and candidates.** Every attempt will be made to hire a minority judge.
- Tryouts will begin approximately at 8:00 am and will end at approximately 9:15 am. **You will need to report Austin Academy Middle School at 11:30 am to warm up.** **These tryouts will be closed.** No parents or friends will be allowed in the gym or in the building during tryouts. A principal will be present at all tryouts.
- You will be required to do the following:

FULL GROUP PERFORMANCE

All candidates should walk in and perform chant, dance, cheer as a group in that order. It should be explained that this is only so the judges can see what the material should look like and that they will not be judged at that time. Full-out jumps and tumbling is not necessary but certainly welcome during this demonstration. **Judges should put their pencils down during this time.**

GROUP CHANT:

Groups should consist of 2 or 3 candidates. They should enter the gym so that they end up standing in numeric order from left to right. (From the judge's viewpoint) There should be no tumbling or spirit during this time, only uniform walking. Once the nod has been given, the designated candidate should call for the group cheer to begin. Upon completion, the candidates should wait for the judges to finish scoring.

GROUP DANCE:

Once the nod has been given, the designated candidate should call for the dance to begin, or the school representative should start the music for the dance. Once this has been completed, the candidates should remain in their spots until they are told to leave. This will enable the judges to correspond the scores with the candidate numbers. The group categories mentioned above should be repeated until all groups have been performed.

INDIVIDUAL ENTRANCE:

Candidate number #1 should enter the gym and wait for notification from the judges that they are ready. After the judges have nodded, the candidate should run in showing and soliciting spirit and enthusiasm doing whatever tumbling pass they wish if they are able. Once they are done with their entrance, they should stop in the center of the gym and wait for notification that the judges are ready for the next step.

At this point, the judges will score the tumbling, spirit/enthusiasm, and the candidate's presence/poise. Presence/poise will include appearance with regard to the hair being out of the face, shirts tucked in if possible, shorts not being too short, proper shoes, facial expressions, etc.

INDIVIDUAL JUMPS:

Once the nod has been given, the candidate should do whatever jump they wish to do first and then wait for a nod before doing their second jump and then their third jumps giving the judges time to score each jump. Each high school candidate must perform a toe touch, a right herkie, a left herkie, and a double toe touch. Each middle school candidate must perform a toe touch, left OR right herkie, and a jump of their choice. The jump of their choice can include, but is not limited to, a jump that they have already performed. Tumbling stunts will not count as jumps.

INDIVIDUAL CHEER:

Once the jumps have been completed and the nod has been given, the candidate should begin their cheer. The cheer will have a section(s) incorporating a jump(s) and/or tumbling. Candidates will be scored based on difficulty and execution as well. Candidates will also be judged on their smile, motion technique and voice projection during this time. Once the candidate has completed their cheer, they should exit the gym. No score will be given for an exit tumbling pass or spirit. As candidate #1 is walking out, candidate #2 should walk in and wait for the judge's nod. These steps should be repeated until all candidates have performed all categories mentioned to this point.

- Wear the required outfit with **no jewelry** and **no nail polish**. Your **number should be pinned to the front of your shirt**. Candidates must **NOT** exchange numbers once they are assigned a number.

- When a school is ready to tryout, the host sponsor will notify the candidates in the warm-up area.

The sponsor will escort the candidates to the appropriate gym for the tryouts. **UNDER NO CIRCUMSTANCE WILL ANY OUTGOING 8th GRADE CHEERLEADER BE ALLOWED INSIDE THE HOST SCHOOL.** Sponsors will wait in the designated waiting area.

- Parents should be waiting outside to pick you up between 9:15 am and 9:30 am.

- All scores will be calculated to two decimal points. There will be no callbacks. In case of a tie, both candidates will be selected as stated in the cheerleading constitution.

- Scores will be tabulated by a computer-generated formula by a person not connected to the tryout.

- Judges scores will be entered into the GISD cheerleader scoring spreadsheet. Totals on the spreadsheet will be verbally confirmed with those on the judges score sheets. The tabulation spreadsheet will automatically throw out the scores of the lowest and highest scoring judges. Results will be based on the average of the remaining three scores. **Each candidate for 7th grade must score a minimum of 30% (30 points) of the highest possible score (100 points) in order to be placed on a cheerleading squad. Each candidate for 8th grade must score a minimum of 35% (35 points) of the highest possible score (100 points) in order to be placed on the cheerleading squad.**

- Final results for each school will be published on the GISD Internet Website. Candidates will be given the website address at the conclusion of the tryouts

- At 2:00 p.m. on the next Sunday afternoon, the principal (or designee) will post a list of the cheerleaders on the campus. This list will be in alphabetical order with no indication of ranking.

- Requests for scores will be honored as outlined in the cheerleading constitution. Those candidates wishing to receive their scores quickly should provide a stamped, self-addressed envelope to the sponsor prior to the tryouts. Individual score sheets will be mailed no later than Monday. Other requests for scores can be made through the school principal.

- *All candidates chosen for cheerleader will be required to attend a fitting on May in room E1 (Ms. Carroll). The 7th grade squad will be at 5:00pm and 8th grade squad at 6:00pm. This is the only time for uniforms to be ordered. Parents are strongly encouraged to attend this fitting to assist with proper sizing. Please do not bring any males that aren't a part of the squad. Payment in full is due at this time. Money orders only.*

- **NO JEWELRY, BOWS, OR RIBBONS MAY BE WORN!!!**

- **NO GUM!!**

- **FLOWERS, BALLOONS, ETC. WILL NOT BE DELIVERED TO STUDENTS IN CLASS AND SHOULD NOT BE BROUGHT TO SCHOOL AT ANY TIME.**

- **CANDIDATES SHOULD NOT BRING GIFTS TO EXCHANGE DURING SCHOOL HOURS.**

Pre-Participation Physical Evaluation-Medical History Form –

Please notice that cheerleading candidates are NOT required to have a physical exam **unless they answer yes to questions 1,2,3,4, 5,or 6.** If none of these apply, they only need to turn in the first page. If they answer yes to any of these questions, they must have a physical exam and must turn in both pages of the form. Physicals must be obtained after May 1 for those candidates that make the squad.

Judging Criteria for Middle School Cheerleaders

Entrance

Presence/Poise (5) Tumbling during run-in (10) Spirit/Enthusiasm (5)

Jumps

Toe Touch (10) Right/Left Herkie (5) Optional Jump (5)

Cheer

Motion Technique (10) Voice/Projection (5) Incorporation (Jumps/Standing Tumble) (5) Memory (5)

Chant

Motion Technique (10) Timing (5)

Dance

Motion Technique (10) Timing (5) Projection (5)

REQUIRED OUTFIT FOR TRYOUTS

8TH GRADE 7TH GRADE

red shorts **blue** shorts

white polo-type shirt white polo-type shirt

white socks white socks

white athletic shoes white athletic shoes

hair pulled back hair pulled back

No logos allowed on any part of the outfit. Shirt must have collar.

UNIFORMS

1. The individual cheerleader must provide all personal items and uniforms. The cost for uniform and camp clothes will not exceed \$450. Below is an *estimated* guide for expenses:

Shell and Skirt \$120

Jacket and pants \$100

Shoes \$ 55

Accessories \$ 75 includes: briefs, socks, bow, poms, and bag

Camp Clothes \$100

Camp \$100

TOTAL COST \$550

2. **Cheerleaders must keep their uniforms and shoes in a clean and**

neat manner.

3. Hair must always be **pulled back away from the face in to a ponytail** at all

practices and games.

4. **No jewelry** will be worn during any **practice sessions or games.**

5. **No gum** while in **uniform or at practice. Nothing except clear**

nail polish while in uniform.

SUMMER CAMP (June 12-14, 2012 from 8:00 am to 5:00)

Mandatory NCA cheer camp will be held **June 12-14** at John Horn High School in Mesquite, TX and will cost approximately \$150.00. Camp will be held for 3 days and will provide instruction on all cheers, chants, and dances to be performed during the season. All girls will learn every routine before the first football game, and it will require all camp sessions to accomplish this task. Cheerleaders are expected to be at all cheer camp sessions.

❖ There are no refunds on the mandatory NCA cheer camp.
JOHN HORN HIGH SCHOOL at 3300 CARTWRIGHT RD. MESQUITE, TX 75181.
SPIRIT SIGNS

TRANSPORTATION

Each parent or guardian must provide transportation to and from all practices, games, and cheerleader activities. Sponsors may not transport cheerleaders.

FUNDRAISERS

In order to help with incidental expenses, all cheerleaders will participate in scheduled fundraisers. Fundraisers may require some extra time and energy of both the cheerleaders and their parents. All cheerleaders will receive a copy of the constitution so they are aware of expectations and consequences.

PAYMENT

Payment in full is due in May at the fitting.
For more information, tryouts packets for each middle school and high school in the Garland Independent School District are available on the district website:
www.garlandisd.net
Follow the **Departments and Programs** link and select **Cheerleading**.

PARENTAL PERMISSION FORM
Lyles Middle School
Cheerleader Tryouts
2015-2016

Candidate's Name _____ ID# _____
Name of
parent/guardian _____
Address _____
Telephone H: _____ W: _____

I, _____, have read the information packet and understand the responsibilities, guidelines, and time commitment associated with being a cheerleader. I agree to fulfill these responsibilities to the best of my ability and to abide by all rules established by the district and school.

Candidate's Signature Date

I, _____, give my child, _____ permission to tryout for cheerleader at Lyles Middle School. I have read the information packet and discussed it with my child. I agree to support the guidelines as stated, and understand what my responsibilities will be in regard to expenses, time, and transportation. **I confirm that my child has chosen Lyles Middle School as their choice for the 2015-2016 school year. I also understand that I will not be allowed in the building on the day of tryouts.**

As a cheerleader, your child is covered by the school insurance, providing that the proper GISD channels are followed. However, you are encouraged to have you own insurance or to take the additional school insurance.

Parent's Signature Date

THIS FORM AND THE MEDICAL RELEASE FORM *MUST BE SIGNED AND RETURNED ALONG WITH A COPY OF YOUR CURRENT REPORT CARD TO MS. CARROLL BY MONDAY, March 16, 2015.*

The Garland ISD Cheerleading Constitution states:

Participation in the GISD cheerleading program carries both a significant time and financial commitment. Each cheerleader is expected to meet all financial responsibilities identified by their specific campus. Dedication to, and the prioritization of, cheerleading is obligatory from all cheerleaders to meet the objectives of the program. Candidates selected to be a member of the cheerleading squad are expected to maintain their commitment to the activity for the full cheerleading year. Prior to making commitments to be involved in other school activities, cheerleaders should carefully consider specific program requirements, as involvement in other activities may cause participation and time conflicts with cheerleading duties. Any cheerleader who voluntarily quits the squad before the end of the cheerleading year without the approval of the principal and sponsor will not be allowed to tryout for the next year on any GISD campus.

I understand the above portion of the constitution and confirm that I have not voluntarily quit any cheerleading squad at any GISD campus.

Student Signature: _____

Parent Signature: _____