

City of Dover



Fall 2013

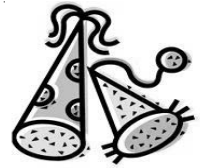
City of Dover Parks & Recreation Fall 2013 Program Guide

City of Dover Parks & Recreation: (302) 674-7541 or 736-7050
Located: 10 Electric Avenue (Schutte Park), Dover
Fax: (302) 678-2674 Relocation/Cancelation Line (302) 736-7155



BIRTHDAY PARTIES AT THE PITTS!

THEMED PARTIES FOR AGES 4 - 12 YEARS



What could possibly be more relaxing than a parent watching their child's birthday party and enjoying it as much as they are? Parents will be able to leave the fuss & muss of planning a birthday party at the door and let our staff plan, program, set-up & clean-up the mess afterwards. You provide the kids....we'll provide the party! Reservation with payment is required at least three (3) weeks in advance of the party. All parties & additional package options for gym space are subject to availability of the Pitts Recreation Center facilities.

Each package includes: setup & take down of tables & chairs. Packages are specifically designed for 12 children ages 4 - 12 years. There will be an charge of \$5.00 for each additional child. Full payment is due with booking, at least three (3) weeks in advance. Gym time may be substituted for the arts/craft project, however is subject to availability of the gym.

Party Package #1

Price: \$150

2 ½ hours of facility time
(includes 15 min. for set up before party, 2 hours of party time and 15 min. for clean up)

Goody Bags (for up to 12 kids)

T-shirt for Birthday child (I had my birthday party at the Pitts!)

1 Craft project OR Gym time

Birthday games (name games, sports, traditional birthday games)

Cake, Food, Decorations & Paper products are NOT supplied with this package.



Party Package #2

Price: \$170

2 ½ hours of facility time
(includes 15 min. for set up before party, 2 hours of party time and 15 min. for clean up)

Goody Bags (for up to 12 kids)

T-shirt for Birthday child (I had my birthday party at the Pitts!)

1 Craft project OR Gym time

Birthday games (name games, sports, traditional birthday games)

Birthday paper products: forks, knives, spoons, plates, napkins & cups

Birthday banner, streamers, table cloths

Cake & Food are NOT supplied with this package.

Party Package #3

Price: \$210

2 ½ hours of facility time
(includes 15 min. for set up before party, 2 hours of party time and 15 min. for clean up)

Goody Bags (for up to 12 kids)

T-shirt for Birthday child (I had my birthday party at the Pitts!)

1 Craft project OR Gym time

Birthday games (name games, sports, traditional birthday games)

Birthday paper products: forks, knives, spoons, plates, napkins & cups

Birthday banner, streamers, table cloths

4 pizzas and fruit punch

Cake is NOT supplied with this package.

Party packages are subject to availability of the facility! Gym space may also be available for basketball, soccer, volleyball, & other fun games as a substitution for the arts / craft project. To arrange your party package, please contact Sherwanda Speaks or Carolyn Courtney by calling 736-7050.

FROM BASKETBALL TO ZUMBA .. WE OFFER IT

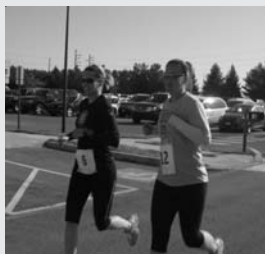
Zilch to 5K - Running Class

Reach your 5K goal with us! Each month running distance is increased at your pace. Class is designed to help introduce running to beginners or reintroduce running to participants who need motivation to be get back into it! Drop your preceptions about running and join this fun class. Instructor: Susan Albanese. Taking place on the indoor track at the Pitts Recreation Center from 5:30 - 6 AM. **JUST \$25 Monthly for this activity!**

Activity #: Z5K1
Days: Mon., Wed. & Fri.
Dates: October 2 - 30*
***No Class: Oct. 14**

Activity #: Z5K2
Days: Mon., Wed. & Fri.
Dates: November 1 - 27*
***No Class: Nov. 11**

Activity #: Z5K3
Days: Mon., Wed. & Fri.
Dates: December 2 - 30*
***No Class: Dec. 25**



40+ Basketball

Looking for a little pick-up court time? We have just the thing, check out our 40+ Basketball, it's just the sport for those who are looking for exercise and court time! Held at the Pitts Recreation Center from 7:30 - 8:50 PM. **JUST \$20 Monthly for this activity!**

Activity #: MB1
Days: Mon. & Wed.
Dates: September 4 - 30

Activity #: MB2
Days: Mon. & Wed.
Dates: October 2 - 28

Activity #: MB3
Days: Mon. & Wed.
Dates: Oct. 30 - Nov. 27*
***No Class: Nov. 11**

Activity #: MB4
Days: Mon. & Wed.
Dates: December 2 - 30*
***No Class: Dec. 25**

Power Lunch Yoga

Drop your perceptions about yoga. You don't need to be a certain shape or size. No matter where your level of yoga is, you are invited here with your mat. Power Yoga is a Vinyasa or flowing style of yoga focusing on core strength, balance and flow to build a solid practice based on strength & spirit. Instructor: Cyrstal Nagyiski. Taking place in the Pitts Recreation Center from 12:15 - 12:45 PM.

Activity #: PLY2
Days: Tues. & Thurs.
Dates: October 1 - 24
Activity Fee: \$25

Activity #: PLY3
Days: Tues. & Thurs.
Dates: Oct. 29 - Nov. 26*
Activity Fee: \$25

Activity #: PLY4
Days: Tues. & Thurs.
Dates: December 3 - 19
Activity Fee: \$20
(Reduced fee due to short session)

Soul Line Dancing

Held at the Dover Public Library

Don't be a wall-flower, come out & join us to learn dances such as the Temptations Cha-Cha, Wobble, Baltimore, Chicago Step, Electric Slide, Boot Scootin' Boogie, Cupid Shuffle and many many more. Line dancing is easy on the joints and a great workout for all. at the Dover Public Library from 7:05 - 8 PM. Instructor: Ida Kirkendoll. Activity Fee: \$25

Activity #: SLD2
Day: Wednesdays
Dates: October 9 - 30

Activity #: SLD3
Day: Wednesdays
Dates: November 6 - 27

Activity #: SLD4
Day: Wednesdays
Dates: December 2 - 18

Zumba Gold

Held at the Dover Public Library

A fun beginners Zumba dance for any age and any dance skill/fitness level. Learn easy to follow dance moves including the Cha Cha, Salsa, Merengue, Cumbia & many of today's top dances. Bring a towel, water and be ready for a dancin' good time. Instructor Ida Kirkendoll gets you dancing at the Dover Public Library from 6 - 7 PM. Activity Fee: \$40

Activity #: LIZG2
Days: Mon. & Wed.
Dates: October 7 - 30

Activity #: LIZG3
Days: Mon. & Wed.
Dates: November 4 - 27*
***No Class: November 11**

Activity #: LIZG4
Days: Mon. & Wed.
Dates: December 2 - 23

Zumba

Dance your way to a more fit you! Exciting & unique Latin moves & rhythms. Zumba is a high energy Latin dance in a fitness class setting. Made for all levels of fitness & you don't even have to know how to dance. Participants should bring water. Instructor - Jennifer Tunis. Minimum of 4 & maximum of 15 for these classes. Taking place in the Pitts Recreation Center from 5:10 - 5:55 PM. Activity Fee: \$22 (Instructor's discount)**

Activity #: ZM2
Day: Mondays
Dates: Oct. 14 - Nov. 4

Activity #: ZM2
Day: Mondays
Dates: Nov. 18 - Dec. 9

Activity #: ZM4
Day: Mondays
Dates: December 16 - 30

Activity #: ZM4
Day: Thursdays
Dates: October 3 - 24

Activity #: ZT3
Day: Thursdays
Dates: Nov. 7 - Dec. 5*
***No Class: November 28**

**FREE Demo Class
Dec. 19 at 5:10 PM**

****Instructors Discount: \$2.00 discount available when registering for a Monday & Thursday class at the same time.**

Our programs carry a minimum and maximum participant requirement. When minimums have not been reached 1 week prior, programs are subject to cancellation. Early registration is encouraged! Please don't wait and miss out on a great program - sign up today!

FITNESS AND YOGA -- SCHEDULED TO MEET YOUR NEEDS

Butts & Guts

Body sculpting like never before. What makes this class different? Working each muscle group & never letting the muscles rest. Two for one moves & higher heart rate training allows participants to burn more calories, build more strength & length to sculpt long lean muscles. Please bring a mat & hand weights. Instructor, Susan Albanese is a certified personal trainer & fitness specialist. Taking place at the Pitts Recreation Center from 6 - 6:45 PM.

Activity #: BG2
Days: Tues. & Thurs.
Dates: October 8 - 31
Activity Fee: \$25

Activity #: BG3
Days: Tues. & Thurs.
Dates: Nov. 5 - Dec. 3*
Activity Fee: \$25
***No Class: Nov. 28**

Activity #: BG4
Days: Tues. & Thurs.
Dates: December 5 - 19
Activity Fee: \$20
(Reduced fee due to short session)

Kick Fit

Unlock the miracle of the human body to restore optimal health, vitality, lose weight & trim inches while building muscle. Get control of your life through this dynamic workout. Kickboxing drills & interval training with weights will rev up your metabolism & burn fat FAST. Please bring a mat & hand weights. Certified personal trainer Susan Albanese of Healthy Bodies for Today leads this class. Taking place at the Pitts Recreation Center from 6 - 6:45 PM.

Activity #: KF2
Days: Mon. - Wed.
Dates: Oct. 9 - Nov. 4
Activity Fee: \$25

Activity #: KF3
Days: Mon. - Wed.
Dates: Nov. 6 - Dec. 2*
Activity Fee: \$25
***No Class: Nov. 11**

Activity #: KF4
Days: Mon. - Wed.
Dates: December 4 - 18
Activity Fee: \$20
(Reduced fee due to short session)



Insanely Fit

When was the last time you called your workout crazy and off the charts? With this kick-butt choreography, you'll experience an interval workout that will burn mega calories and tone the body fast. Instructed by Susan Albanese, Certified Fitness Instructor from Healthy Bodies for Today. Held at the Pitts Recreation Center from 5:10 - 5:55 PM.

Activity #: IF2
Days: Tues. & Wed.
Dates: October 8 - 30
Activity Fee: \$25

Activity #: IF3
Days: Tues. & Wed.
Dates: November 5 - 27
Activity Fee: \$25

Activity #: IF4
Days: Tues. & Wed.
Dates: December 3 - 18
Activity Fee: \$20
(Reduced fee due to short session)

Yoga 101

Held at the Dover Public Library

Renew your mind, body and spirit while working on timing, strength, balance and flexibility. Gentle to moderate postures. Whether you are trying yoga for the first time, or a regular yogi, make this your own personal yoga practice. Yoga mat & comfortable clothing required. Instructor, Janine Bond Boyles from Healthy Bodies for Today leads this class at the Dover Public Library from 7 - 7:45 PM.

Activity #: LIYO2
Days: Tues. & Thurs.
Dates: October 1 - 24
Activity Fee: \$25

Activity #: LIYO3
Days: Tues. & Thurs.
Dates: Oct 29 - Nov. 26
Activity Fee: \$25

Activity #: LIYO4
Days: Tues. & Thurs.
Dates: December 3 - 19
Activity Fee: \$20
(Reduced fee due to short session)

Lunchtime Butts & Guts

Held at the Dover Public Library

Body sculpting like never before. Working the core muscle group & never letting muscles rest. Two for one moves & higher heart rate training allows participants to burn calories & build strength. Bring your mat & hand weights. Katie Painter from Healthy Bodies for Today leads this class at the Dover Public Library from 12:15 - 12:45 PM.

Activity #: LULIBG2
Days: Mon. - Wed.
Dates: October 2 - 30*
Activity Fee: \$25
***No Class: October 14**

Activity #: LULIBG3
Days: Mon. - Wed.
Dates: November 4 - 27*
Activity Fee: \$25
***No Class: Nov. 11**

Activity #: LULIBG4
Days: Mon. - Wed.
Dates: December 2 - 18
Activity Fee: \$20
(Reduced fee due to short session)

Lunchtime Yoga 101

Held at the Dover Public Library

Renew your mind, body and spirit while working on timing, strength, balance and flexibility. Give the gift of yoga to yourself or someone you love this year! Gentle to moderate poses. Yoga mat required. Instructor, Janine Bond Boyles from Healthy Bodies for Today leads this class at the Dover Public Library from 11:30 AM - 12 PM.



Activity #: LULIYO2
Days: Mon. & Wed.
Dates: October 2 - 30*
Activity Fee: \$25
***No Class: Oct. 14**

Activity #: LULIYO3
Days: Mon. & Wed.
Dates: November 4 - 27*
Activity Fee: \$25
***No Class: Nov. 11**

Activity #: LULIYO4
Days: Mon. & Wed.
Dates: December 2 - 18
Activity Fee: \$20
(Reduced fee due to short session)

WE HAVE IT ALL.....AB WORKOUTS - BOOT CAMP - YOGA

Total Body Boot Camp

What are you waiting for? There is no better time than the present to get fit and tone. This extreme interval workout will challenge your body in ways you never imagined. If you are ready for a kick (you know what) workout that will send the calories screaming from your body, then this is for you! Fitness specialists Rob & Mallory Vogl lead this boot camp. Taking place on the indoor track at the Pitts Recreation Center from 9 - 10:15 AM. Activity Fee: \$25

Activity #: SBC1
Day: Saturdays
Dates: September 7 - 28

Activity #: SBC2
Day: Saturdays
Dates: October 5 - 26

Activity #: SBC3
Day: Saturdays
Dates: November 2 - 23
***No Class: Dec. 25**

Activity #: SBC4
Day: Saturdays
Dates: December 7 - 28

Zen Yoga 24

Discover the tranquility and restoration that comes from a regular Yoga practice. Whether your are just starting out or an experienced yogi this class will challenge and enrich your mind & body. In no time you will become more balanced, flexible, and tone while improving your digestion and relieving stress. The benefits of Yoga are endless, but don't take our word for it, come and experience them for yourself. Bring your yoga mat and dress comfortably for this class led by Rob Vogl from Healthy Bodies for Today. Held at the Pitts Recreation Center from 7 - 8:30 PM. Activity Fee: \$25 unless otherwise noted (*Instructor's discount**)



Activity #: ZYMI
Day: Mondays
Dates: September 9 - 30

Activity #: ZYW1
Day: Wednesdays
Dates: September 5 - 26

Activity #: ZYM2
Day: Mondays
Dates: October 7 - 28

Activity #: ZYW2
Day: Wednesdays
Dates: October 3 - 24

Activity #: ZYM3
Day: Mondays
Dates: November 4 - 25*
***No Class: November 11**

Activity #: ZYW3
Day: Wednesdays
Dates: November 6 - 27

Activity #: ZYM4
Day: Mondays
Dates: December 16 - 30

Activity #: ZYW4
Day: Wednesdays
Dates: December 4 - 18*
***Reduced Activity Fee: \$20: 3 Classes**

**Instructors Discount: Discount available when registering for a Monday & Wednesday class at the same time - except for November & December.*

Yoga Pump 24

This is not the Dalai Lama's Yoga! If you are looking to take your knowledge of Yoga and desire for fitness to the next level this IS what you have been waiting for! This class will push the limits of core strength, balance and endurance in a way that only Yoga can. Prior Yoga practice is recommended. Bring your mat and dress comfortably. Rob Vogl, fitness specialist leads this class at the Pitts Recreation Center from 4:10 - 4:55 PM. Activity Fee: \$25



Activity #: YP1
Days: Tues., & Thurs.
Dates: Sept. 4 - Oct. 2*
***No Class: Sept. 18**

Activity #: YP2
Days: Tues., & Thurs.
Dates: October 1 - 24

Activity #: YP3
Days: Tues., & Thurs.
Dates: Oct. 29 - Nov. 21

Activity #: YP4
Days: Tues., & Thurs.
Dates: December 3 - 19*

Reduced Activity Fee: \$20: 3 Classes

Extreme Abs 24

Get that flat tummy or six pack you have been dreaming of with this ab shredding workout. Frquency and commitment are key when it comes to core training. Come out and find that rock solid stomach, you will be glad you did. Fitness specialist Rob Vogl leads this class taking place at the Pitts Recreation Center from 4:20 - 4:50 PM. Activity Fee: \$25

Activity #: EA1
Days: Mon., Wed., & Fri.
Dates: September 4 - 30

Activity #: EA2
Days: Mon., Wed., & Fri.
Dates: October 2 - 30*

***No Class: October 14**

Activity #: EA3
Days: Mon., Wed., & Fri.
Dates: November 1 - 27*
***No Class: November 11**

Activity #: EA4
Days: Mon., Wed., & Fri.
Dates: December 2 - 30*
***No Class: December 25**



Early Morning Body Boot Camp

Early morning bootcamp to start your day!!!! What are you waiting for? There is no better time than the present to get fit and tone. This extreme interval workout will challenge your body in ways you never imagined. If you are ready for a kick (you know) workout that will send the calories screaming from your body, then this is for you! The fitness instructors specialist Mallory Vogl from Healthy Bodies For Today. Taking place at the Pitts Recreation Center from 5:30 - 6:15 AM. Activity Fee: \$25.



Activity #: EMBC
Days: Tues. & Thurs.
Dates: Nov. 5 - Dec. 3

Our programs carry a minimum and maximum participant requirement. When minimums have not been reached 1 week prior, programs are subject to cancellation. Early registration is encouraged! Please don't wait and miss out on a great program - sign up today!

Sorry, we do not offer refund or credits if you sign up for a class or trip and cancel or do not show. However, should the Parks & Recreation Department have to cancel a class, the full amount paid will be refunded to you.

Check us out on Facebook at 'City of Dover Recreation' and always check our website for frequent program updates: www.cityofdover.com/parks-recs-home

WE HAVE WHAT YOU'RE LOOKING FOR...CHECK US OUT!

AARP - Defensive Driving

Become a more safe & confident driver as you learn to cope with congested highways, changing traffic laws, and roadway rudeness. There are no tests. Attend this classroom defensive driving course & receive a 10% discount on the liability & no-fault portion of your car insurance premiums for three years. Class is designed for people over 50, but is open to everyone. Class time is from 9 AM - 1 PM at the Pitts Recreation Center.

Registration: Call Bobbi Delaviada (302) 697-6862 for registration & fee information. (Dover Parks & Recreation does not handle registration for these classes.)

Advanced Courses*

Day: Wednesday	Date: October 9
Day: Wednesday	Date: November 13
Day: Wednesday	Date: December 18

***The Basic Course is prerequisite for the Advanced class.**



Like us on Facebook

Card Making for Adults

Participants will use an assortment of tools, papers, stamps and embellishments to create greeting cards that will WOW your family and friends. You will make up to four (4) cards and one 3-D paper craft item. Different techniques and fun folds are taught each month. All levels of experience are welcome. Class is self paced but individualized assistance is available.

Instructor Kim Courtney leads this class at the at the Pitts Recreation Center from 10 AM - Noon. . Activity Fee: \$13

Activity #: CM2
Day: Wednesday
Date: October 9

Activity #: CM3
Day: Wednesday
Date: November 6

Activity #: CM4
Day: Wednesday
Date: December 11

Teaching new techniques, each month!



Day Trips

New York City

Anytime of the year New York City is the place that never sleeps! Jump on the motorcoach & you will be taken to NY City and dropped off in the vicinity of Radio City Music Hall to explore and shop on your own. The bus will leave Dover promptly at 7 AM. We will depart from NYC at 7 PM returning to Dover approximately 10:30 PM. Minimum of 35, maximum of 45. We do not offer refunds or credits if you cancel or miss the bus.

Day: Saturdays Depart: Pitts Recreation Center
Activity Fee: \$35 Parking Lot, 7 AM
Trip 1: Date: November 16
Trip 2: Date: December 7
Trip 2: Date: December 21

Philadelphia Flower Show 2014 "ARTiculture"

Experience the combination of art and horticulture as the 184th PHS Philadelphia Flower Show celebrates everyone from Michelangelo to Monet, Picasso to Pollack, and da Vinci to Dali. We'll take a motorcoach up to see ARTiculture on Wednesday, August 5, 2014 We recommend early sign up as this trip usually fills quickly! The bus will leave Dover promptly at 8 AM and departing Philadelphia at 4 PM. Activity fee includes admission ticket. Be sure to review our day trip policy prior to registering.

Depart: Pitts Recreation Center Parking Lot, 8:00 AM
Activity Fee: \$37 Day: Wednesday
Session: PFS1 Date: March 5

Philadelphia Zoo



The Philadelphia Zoo's 42-acre Victorian garden is home to more than 1,300 animals, many of them rare and endangered. By connecting people with wildlife, the Philadelphia Zoo creates joyful discovery and inspires action for animals and habitats. Cheetahs, hippos, giraffes and much more. The bus will leave Dover promptly at 9 AM.

We will depart from the Zoo at 3 PM. Those under 18 years must travel with an adult guardian. The activity fee only covers transportation, you will need to purchase your own Zoo admission ticket.

Day: Saturday Depart: Pitts Recreation Center
Activity Fee: \$15 Parking Lot, 7 AM
Trip 1: Date: October 5

Our programs & trips carry a minimum and maximum participant requirement. When minimums have not been reached by established deadlines, activities are subject to cancellation. Early registration is encouraged!

If you are registering for a day trip - be sure to review our policy on day trips. Once paid, we do not offer a refund or credits should you not be able to attend or miss the bus.

Please don't wait and miss out on a great program or trip - sign up today!

NEED TO GET YOUR KIDS MOVING.. *WE HAVE WHAT YOU NEED!*

Youth Basketball League

Ages 6 - 14 years

This co-ed youth basketball league emphasizes fun, safety, participation, and skill development. Tryouts will be conducted on November 23*. All registered youth will be placed on a team - No Cuts! All practices and games are held at the Pitts Recreation Center. *Age verification is required.*



League Tryouts: November 23, 2013

***Subject for change based on registration & weather**

Pee Wee (boys & girls born in 2006 -07) - No Tryout

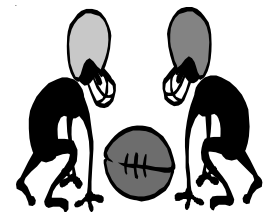
Bantam (boys & girls born in 2004 - 05) - 9 AM Tryout

Intermediate (boys & girls born in 2001 - 03) - 10 AM Tryout

Junior (boys & girls born in 1999 - 2000) - 11 AM Tryout

NFL Punt, Pass & Kick

A FREE national football skills program for boys & girls from 8 - 15 years. Competing in separate age divisions, kids will punt, pass & kick a football. No cleats or turf shoes and age verification is required at registration. Held on front fields at Schutte Park. Pre-registration is not necessary.



Day: Thursday Date: September 26

Registration opens: 5:30 PM

Competition begins: 6 PM

Healthy Lifestyle Initiative

We want to help you have an active and healthy lifestyle. Please consider signing up for one or all three of our healthy lifestyle clinics.

September 28th - Intro to Cycling

Join us as we partner with the YMCA of Dover to offer a 3 hour cycling clinic. We will cover basic rules of the road, how your helmet should fit, bike maintenance, proper shifting techniques and more!

Activity Fee: \$15 **Time:** 10 am - 1 pm

Location: Pitts Recreation Center

October 26th - Intro to Running

Wonder about how to properly stretch before & after a run? Ever wonder how to pick just the right running shoe? We'll have those answers in more in this running clinic.

Activity Fee: \$15 **Start time:** 10 AM

Location: Pitts Recreation Center

November (Date: TBD) - Healthy Holiday Recipes

Please check back with us for more details!

Commit to get fit! We're here to help!

Learn-N-Play (3 - 5 year olds)

Together, parents and preschoolers can learn & play a variety of sports while practicing fundamental motor skills designed specifically for the young child. This basic introduction to sports consists of skill stations, games, and drills while stressing fun. Age appropriate equipment will be used. Both the child and the parent must wear court shoes and comfortable clothing and be ready to participate in the program. Taking place at the JWP Recreation Center gym. Each session class time runs from 6 - 6:45 PM. Activity Fee: \$20

Basketball Skills - Introduces the basic fundamentals of basketball including passing, dribbling, control, & more!

All Sports Skills - Covers basic fundamental sport skill introduction to baseball, soccer, & basketball skills such as throwing, catching.

Session: BK2
Day: Tuesdays
Dates: Nov. 5 - 26



Session: ALL1
Day: Tuesdays
Dates: October 8 - 29

Session: ALL2
Day: Wednesdays
Dates: December 3 - 24



REFUND POLICY

We do not offer refunds or credits if your register for a class/trip then miss out. However, if a class is canceled by the Parks & Recreation Department a full refund will be issued.

REGISTRATION REQUIREMENTS

Please understand that ALL of our programs carry a minimum & maximum number of participants. Classes are subject to cancellation if the minimum number of registrations has not been met at least 1 week prior. Waiting to the last minute or the night of the 1st class may mean that you miss out as the class was canceled due to low registration or you may show up to find out the class is full. We strongly encourage early registration!

FALL FUN STUFF & HOLIDAY HAPPENINGS.. *You CAN'T MISS*

Halloween Cupcakes & Cookies 6 - 14 years
It's no trick to make fun TREATS! We will learn how to decorate with royal icing using decorating bags and tips to decorate cookies & cupcakes with a Halloween theme. Please bring a container to take home your treats.



Instructor Kim Courtney leads this class at the **Pitts Recreation Center** from 11 am - 12:30 pm. Limited to 10 participants - sign up fast! Activity Fee: \$13

Activity #: HCC
Date: October 19
Day: Saturday



Holiday Candy Fun 6 - 14 years
Let's create Christmas holiday fun with candy! Candy makers will fill chocolate molds with chocolate, dip and decorate marshmallows with a holiday theme and other fun treats.

Instructor Kim Courtney leads this class at the **Pitts Recreation Center** from 11 am - 12:30 pm. Limited to 10 participants - sign up fast! Activity Fee: \$13

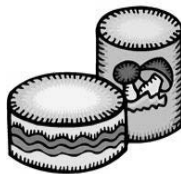
Activity #: HCF
Date: November 16
Day: Saturday



Indoor Jogging/Walking weekdays at the Pitts Recreation Center 7AM
FREE for All City of Dover Residents & Seniors 60+

Annual Food Drive November - December

Non-perishable food will be collected & distributed to our local food banks. Join us in looking through the pantry or picking up an extra can or two of food items. Every donation is appreciated. Collection boxes available at these City of Dover locations: City Hall, Weyandt Hall, Dover Public Library and the Pitts Recreation Center.



Capital Holiday Festival December 4



Feel the holiday spirit come alive as the City of Dover hosts a festival of lights & caroling on the City Hall Plaza. This year's event looks to be even more exciting with a new line up of family activities. Bring the whole family with your singing voices and be ready to join in the holiday spirit! Beginning at 5 PM on December 4.

Look for more details online at www.downtowndoverpartnership.com.

Breakfast with Santa 10 & Under
Start off the holiday season with a delicious breakfast & visit from a very special guest. This fun-filled morning will feature Christmas music & carols, arts & crafts, & a kid friendly breakfast. Most importantly Santa will be here for Christmas wishes & photos. Come & experience a magical *Breakfast with Santa!* Pre-Registration is mandatory as space is limited!! Program will be held at the Dover Park facility on White Oak Road at 9 AM. Limited to 25 participants - sign up fast! Activity Fee: \$5



Activity #: Santa
Date: December 7
Day: Saturday

Gingerbread House Decorating Ages 5 & up
Spend some time decorating your own 'gourmet' gingerbread house to take home! Parents...sign up to decorate a house together or do your own! Our instructor will teach you how to decorate this real homemade house to make it look festive for the holiday. This fun activity will be held at the **Pitts Recreation Center** located in Schutte Park from 11 AM - 12:30 PM. Activity Fee: \$12



Session: GHD
Date: December 14
Day: Saturday

A Night At The Polar Express Family
It's family movie night so bring the whole family out in their comfy clothes and we will watch the Polar Express. Don't forget your blankets & pillows! Hot Chocolate and cookies will be included! Parents are free, all children must register individually. Taking place at the **Pitts Recreation Center** from 6:30 PM - till movie ends. Activity Fee: \$5

Session: POLAR
Date: December 6
Day: Friday



Candy Cane Hunt Family
Enjoy an evening of family fun! We will begin the evening with a pizza dinner & then it's off to hunt for all types of candy canes. Bring a flashlight & something to gather your candy canes, and be sure to keep a lookout for a couple of giant candy canes to redeem those for special prizes. You won't want to miss this! Pre-Registration is mandatory for this special event. Parents & children must register (fee is per person) - SPACE IS LIMITED. This festive fun night will be held at the **Pitts Recreation Center** from 6:30 - 8 PM. Activity Fee: \$7

Session: CCH
Date: December 13
Day: Friday



Recreation - Registration Information

Registration Highlights

- * **Registrations must include full payment with completed & signed registration form.**
- * **No refunds or credit certificates will be given unless Recreation staff cancel the activity.**
- * **If you miss your activity, we do not offer credits or refunds.**
- * **No credits/ discounts on late activity registrations.**

Program Cancellation

Programs are subject to cancellation if the minimum requirement is not met.

Registration Process

Registrations are accepted at the John W. Pitts Recreation Center, over the phone, and by mail. Registration is required & all fees must be paid prior to participation in a program. Many programs fill quickly, so we encourage early registration.

Credits/ Refunds

We do NOT issue credits/refunds unless the program is cancelled by the City of Dover Recreation Division. We will contact you in this event.

Cancellation/Relocation Information Line

Weather conditions have you wondering if a City of Dover Recreation Division event is still taking place? Just call 736-7155 for updated program information!



Building & Pavilion Rentals

JWP Recreation Center has rental space available for meetings & special occasions. Also, pavilion rentals are available in Dover Park, Schutte Park, and Silver Lake Park. A minimum of two (2) weeks notice is necessary for these rentals. For a complete list of rules, rate information, and date availability, give the City of Dover Recreation Division a call at (302) 674-7541.

Oops! Oops!! Oops!!!

At the time of print, we deem all information to be correct. We strive to be as accurate as possible; however, programs and program information is subject to change without notice.

Don't miss out!

Nothing cancels a great activity quicker than participants waiting until the last minute to register. If the minimum registration requirement is not met 1 week prior to the start date the program is subject to cancellation. Calling the day before or even showing up the day of the activity to sign-up won't save the program! Register Early!

Open Gym Hot Line
736-4443 updated daily,
call to get today's open
gym times at the
Pitts Center!

Help Take Care of the Parks

Keeping our City of Dover Park areas beautiful, clean, and safe starts with YOU!

- Report graffiti to 736-7025
- Pick up after Fido
- Respect park grounds
- Clean up your trash
- Keep music on low volume
- No driving on the grass
- Park Hours: Dawn to Dusk

Following these rules will help keep our parks enjoyable all year long!



BUS TRIP POLICY

- ⇒ Registrations must be received before the deadline.
- ⇒ Trips are subject to cancellation for inclement weather. *(We will attempt to notify participants in this case.)*
- ⇒ Trips are subject to cancellation if the minimum participant requirement is not met.
- ⇒ Registrations accepted on a first-paid first-served basis.
- ⇒ Travel times are approximate.
- ⇒ The bus will NOT wait for you.
- ⇒ Those under 18 years must be accompanied by an adult.
- ⇒ No stops will be made for individual needs.
- ⇒ No refunds if you cancel your trip or fail to show.

Disability Related Accommodations

If you would like to participate in these activities & require disability related accommodations, please call our office at (302) 736-7050. You may reach TTY/TDD operator services by dialing 1-800-855-1155.

ACTIVITY REGISTRATION FORM

*** Please read the Registration Highlights on the Information Page before registering.***

ADULT PARTICIPANT/ CHILD (UNDER 18) GUARDIAN INFORMATION		<i>Please print and fill out completely</i>
First Name	MI	Last Name
<input type="text"/>	<input type="text"/>	<input type="text"/>
Mailing Address		Dover Resident <input type="checkbox"/> Non-Resident <input type="checkbox"/>
<input type="text"/>		Yes, send me email updates to:
City, State Zip		How did you hear about us:
<input type="text"/>		Friend Website Program Guide Other
Primary Phone Number	Secondary Phone Number	
<input type="text"/>	<input type="text"/>	
Emergency/Other Contact Number		
<input type="text"/>		

PARTICIPANT # 1

First Name	MI	Last Name	Sex	Birth Date (mm-dd-yy)	Age	Grade
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
ACTIVITY #	ACTIVITY NAME		ACTIVITY FEE			
<input type="text"/>	<input type="text"/>		<input type="text"/>			
<input type="text"/>	<input type="text"/>		<input type="text"/>			

PARTICIPANT # 2

First Name	MI	Last Name	Sex	Birth Date (mm-dd-yy)	Age	Grade
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
ACTIVITY #	ACTIVITY NAME		ACTIVITY FEE			
<input type="text"/>	<input type="text"/>		<input type="text"/>			
<input type="text"/>	<input type="text"/>		<input type="text"/>			

Payment Amount & Type	
Total Due: _____	Checks to: City of Dover
Payment Amount & Type	
Cash	Check MC/Visa/Disc Other <i>Please circle</i>

Submit your registration by:
Mail: City of Dover Recreation, 10 Electric Ave., Dover, DE 19904
Fax: w/Credit Card Info.: 302-678-2674
Phone: w/Credit Card Info.: 302-674-7541

Credit Card Information	
Card #: _____	Exp. Date: _____
Card Holder Signature: _____	

RELEASE STATEMENT:	
I understand that the City of Dover provides no medical coverage for participants unless specified, and that all bills which may be incurred as a result of an activity-related injury are my responsibility. I hold harmless the City of Dover and all other parties involved in the conduction of these activities. I agree that any photographs taken during the event shall become and remain the property of the City of Dover, and that the City of Dover shall have the right to use such photographs and/or films whenever so desired free of any claims on my behalf.	

Signature of adult participant /If under 18, parent/legal guardian	Date
If you would like to participate in these activities and need disability related accommodations, please call 736-7050. You may reach TTY/ TDD operator services by dialing 1-800-855-1155.	