

## ABOUT THE SYMPOSIUM

The VCU annual Stroke Symposium features noted faculty and experts in the field. As an academic tertiary referral center, VCU cares for complex stroke patients including, but not limited to, hemorrhagic stroke. Our speakers include our Stroke Medical Director, Board certified vascular neurologists, neuro intensivist, neurosurgery endovascular interventionalist, and neuroscience ICU nursing faculty.

VCU Medical Center is recognized by the Joint Commission as a certified Advanced Primary Stroke Center, American Heart Association/American Stroke Association Gold Performance Awardee, and on the Target Stroke Honor Roll (IV-TPA Golden Hour). The Neuroscience ICU is a Beacon award winner by the American Association of Critical Nurses in recognition of its excellence in critical care nursing. In 2011 VCU Health System celebrated it's redesignation as a Magnet hospital by the American Nurses Credentialing Center.

This timely one-day conference is designed for health-care professionals interested in comprehensive stroke care. This year's focus is recent advances in the care of hemorrhagic stroke (ICH and SAH) patients.

### Learning Objectives for the Symposium

- Review etiology, pathogenesis and different types of acute stroke with brief overview of current clinical stroke research
- Identify current standards of care for management of blood pressure for the acute ischemic and hemorrhagic stroke patient
- Describe the implications of anticoagulant therapy
- Discuss medical management, surgical intervention, and nursing care of the hemorrhagic stroke patient
- Introduce evidence based practice to management of diabetes
- Describe evidence-based practice for screening dysphagia and incorporating best practice into patient care.

# MANAGING COMPLEX STROKE PATIENTS

## 2013 SYMPOSIUM

### MARCH 29, 2013

8 AM TO 4:30 PM

VCU LARRICK STUDENT CENTER  
(MCV CAMPUS) 900 TURPIN STREET,  
Richmond, VA 23219

The VCU Health System Department of  
Education & Professional Development

**VCU Health System**  
Virginia Commonwealth University  
MCV Hospitals and Physicians



Department of Education & Professional Development  
1001 East Marshall Street, Suite 2019  
P.O. Box 980073  
Richmond, Virginia 23298-0073

*Register Early!*

VCU Health System Stroke Symposium

March 29, 2013 8 AM to 4:30 PM

NON-PROFIT  
US POSTAGE PAID  
RICHMOND, VA  
PERMIT # 889

# TOPICS AND INFORMATION

## AGENDA

- 8:00 AM** *Welcome*
- 8:15** *Management of Acute Stroke*  
Warren Felton, MD
- 9:15** *Managing Blood Pressure for the Acute Stroke Patient*  
Ahmad Bayrlee, MD
- 10:15** **Break**
- 10:30** *Anticoagulants & Their Implications*  
Gretchen Brophy, PharmD
- 11:20** *Surgical Management of Subarachnoid Hemorrhage*  
Scott Simon, MD
- 12:10 PM** **Lunch** (provided)
- 1:00** *Best Clinical Practices: Nursing care of the hemorrhagic stroke patient*  
Chris Szabo, PhD, RN, CNRN, CCRN
- 1:50** *EBP for the Management of Diabetes*  
Kristin Andrs, MS, ACNP, CDE
- 2:35** **Break**
- 2:50** *A Hard Pill to Swallow: The challenges with dysphasia*  
Woodford Beach, PhD, CCC/SLP
- 3:40** *Perspective of a Stroke Survivor*
- 4:30** **Close**

## CONTINUING EDUCATION

### 6.75 Contact Hours

VCU Health System is an approved provider of continuing nursing education by the Virginia Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

## CONTINUING EDUCATION

### VCU HEALTH SYSTEM FACULTY

- Kristin Andrs, MS, ACNP, BC-ADM, CDE.** Diabetes Case Manager, VCU Health System.
- Ahmad Bayrlee, MD.** VCU Assistant Professor of Neurology, Neuro-Intensivist.
- Woodford Beach, PhD, CCC/SLP.** Speech Language Pathologist
- Gretchen Brophy, PharmD, BCPS, FCCP, FCCM.** VCU Professor of Pharmacy, Outcomes Science & Neurosurgery
- Warren Felton, MD.** VCU Professor of Neurology & Ophthalmology, Medical Director, VCU Stroke Center
- Scott Simon, MD.** Assistant Professor, Certified Endovascular Interventionalist, Neurosurgery.
- Stacie Stevens, PhD, FNP.** Stroke Program Coordinator, and conference Chair.
- Chris Szabo, PhD, RN, CNRN, CCRN.** Nurse Clinician, Neuroscience ICU.

### CONFERENCE LOCATION

The conference will be held in the VCU Larrick Student Center (MCV Campus), [www.usca.vcu.edu/larrick.html](http://www.usca.vcu.edu/larrick.html)

### HOTEL ACCOMMODATIONS

For those joining us from out of town and needing hotel accommodation, please indicate this on your registration form. We will include this information with your confirmation letter.

### AMERICANS WITH DISABILITIES ACT

The VCU Health System is an equal opportunity/affirmative action institution. If special accommodation is needed, please contact us at (804) 828-0418. Every attempt will be made to facilitate your participation in this conference.

### MAIL REGISTRATION FORM AND PAYMENT TO:

**Stroke Symposium** - VCU Health System,  
Education & Professional Development  
Box 759350, Baltimore, MD 21275-9350.

### Questions/Information:

Email: [CEforNursing@mcvh-vcu.edu](mailto:CEforNursing@mcvh-vcu.edu)  
or call (804) 828-0418.

## STROKE SYMPOSIUM REGISTRATION

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, ZIP \_\_\_\_\_

Employer (and Unit for VCUHS Staff) \_\_\_\_\_

Current Position / Credentials \_\_\_\_\_

Email Address \_\_\_\_\_ Phone/Cell Number \_\_\_\_\_

### HOTEL ACCOMMODATION INFORMATION?

YES  NO

\$35 for VCUHS Patient Care Services Staff.  
Approval for **fee waiver** by Unit Manager  
Manager Name (print): \_\_\_\_\_

Signature: \_\_\_\_\_

\$35 for VCU Health System Staff - **Self Pay**

### REGISTRATION DEADLINE MARCH 15, 2013

#### EARLY BIRD DEADLINE - FEBRUARY 20

\$80 Non VCU Staff

#### AFTER FEBRUARY 20

\$90 Non-VCU Staff

**No Refunds after March 22**

### 3 OPTIONS FOR PAYMENT OF FEES:

**1. Personal Check**  **Payable to:**  
*Education & Professional Development*

**OR 2.** Visa  MC  AMEX    

Card No. \_\_\_\_\_

Exp. Date \_\_\_\_\_

Signature: \_\_\_\_\_

**OR 3.** Send a copy of purchase order form