







# American Red Cross Emergency Contact Card

Get a kit. Make a plan. Be informed.

- Directions:**
- \* Print out a card for every member of your household.
  - \* Fill in your emergency contact information.
  - \* Carry this card with you to reference in the event of a disaster or other emergency.

<p>Health Care Provider: _____</p> <p>Poison Control Center: 800-222-1222</p> <p>Ambulance: Call 9-1-1 or _____</p> <p>Fire Dept.: Call 9-1-1 or _____</p> <p>Police: Call 9-1-1 or _____</p> <p></p> <p><b>Important Phone Nos.</b></p>	<p>Scissors icon</p>	<p>Health Care Provider: _____</p> <p>Poison Control Center: 800-222-1222</p> <p>Ambulance: Call 9-1-1 or _____</p> <p>Fire Dept.: Call 9-1-1 or _____</p> <p>Police: Call 9-1-1 or _____</p> <p></p> <p><b>Important Phone Nos.</b></p>
<p><b>Emergency Contact Card</b></p> <p></p> <p>Name: _____</p> <p>Phone: _____</p> <p>Home Address: _____</p>	<p>←→</p> <p>Fold Here</p>	<p><b>Emergency Contact Card</b></p> <p></p> <p>Name: _____</p> <p>Phone: _____</p> <p>Home Address: _____</p> <p>Scissors icon</p>
<p><b>People to Call or Text in an Emergency</b></p> <p></p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>←→</p> <p>Fold Here</p>	<p><b>People to Call or Text in an Emergency</b></p> <p></p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>
<p>Out-of-Area Contact Person: _____</p> <p>Phone: _____</p> <p>Meeting Place Outside of Neighborhood: _____</p> <p>Scissors icon</p>	<p>←→</p> <p>Fold Here</p>	<p>Out-of-Area Contact Person: _____</p> <p>Phone: _____</p> <p>Meeting Place Outside of Neighborhood: _____</p>

Visit [RedCross.org](http://RedCross.org) for more valuable information about creating an emergency communications plan, putting together an emergency preparedness kit and for other important preparedness information.