

0100000

## RENAL SERVICES - OUTPATIENT DIALYSIS

## AGAINST MEDICAL ADVICE FORM

Your dialysis orders are a written prescription by your professional care provider that is intended to provide optimal health while you are in our care.

If you choose to shorten your dialysis time either by coming in late or by discontinuing your dialysis early, you should know the possible consequences of your choice.

Those consequences could include but are not limited to:

1) The reduced removal time of toxins from your body. Ineffective removal of toxins can cause nerve and cell damage in your body.
2) Inefficient removal of potassium from your body. If potassium levels in your body are allowed to go too high because of shortened dialysis, this could cause heart arrhythmias (meaning your heart could stop) and possible death.
3) Not allowing enough time to remove excess fluids causes more work for your heart which can have long term effects of causing your heart to not pump as effectively.
4) If you choose to chronically shorten your dialysis time, these consequences could shorten your life span significantly and greatly increase your risks for other complications, and the need for more hospitalizations..

I have read the information on this form and by signing it; I am acknowledging that I understand the consequences of my choosing to not follow my dialysis prescription.

| Patient or Legally Authorized Representative | Relationship to Patient | $\overline{\text { Date }}$ | $\overline{\text { Time }}$ |
| :--- | :--- | :--- | :--- |
| Name of Staff Providing Information | $\overline{\text { Date }}$ | $\overline{\text { Time }}$ |  |
| Witness | $\overline{\text { Date }}$ | $\overline{T i m e}$ |  |

