

#### Athletic Participation/Physical Examination Form Parental and Student Consent and Release For High School Level (grades 9-12) participation P

Kentucky High School Athletic Association 2280 Executive Drive Lexington, Kentucky 40505

<b>ART I - ATHLETE INFORMATION</b>	(This part must be	e completed by the student)
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School Year

Home Addres	s (Street, City, State, Zip):					
Gender	Grade	School				
Date of Birth:		Birth Place (County	/. State):			
Attendance H	story					
			O alta al Maan			
Grade	School Name		School Year	Varsity Play – (Y	es/No)?	
9						
10						
11						
12						
l am planning	to participate in the following (	check all you might i	try to play).			
Baseball	Basketball Cross Cour		Golf	Soc	rer	
Softball	Swimming Tennis	Track and			estling	
Archery	Bass Fishing Bowling	Competitive		·	Joung	
				1		
Paront and	student complete this part and	ART II - MEDICAL HIS		rovidor boforo th	o physical	
CHECK	THE APPROPRIATE RESPONSE	E TO EACH ITEM:	nzeu neann care p		YES NO	
	ever been hospitalized?					
	ا ever had surgery of any kind (e.g	g., tonsillectomy).				
3. Are you						
	ave any allergies (medicine, bees					
	ever passed out during exercise					
	ever been dizzy during or after e					
	ever had chest pain during or aft	ter exercise?				
	ever had high blood pressure?					
	ever been told you have a heart	murmur?				
	ever had racing of your heart?	blama bafana 500				
	one in your family died of heart pro					
	ave any skin problems? (itching, ı ı ever had a head injury?	ashes, ache)				
		ecioue?				
	ever had a stinger, burner or pin					
	ever had heat related problems?					
	ever been dizzy or passed out in					
19. Do you cough heavily, or breath heavily during activity?						
20. Do you use any special equipment (e.g., knee brace)?						
21. Have you	21. Have you had any problems with your eyes or vision?.					
22. Have you						
	nissing one of any paired organs	(e a eves)				
	ever been diagnosed with any fo					
	using an inhaler for asthma?					
26. Are you o	liabetic?					
28. Are you presently using tobacco in any form?						
	I had any other medical problems					
31. Have you had a medical problem or injury within the last year?						
32. Can you swim?						
33. When wa	as your last tetanus shot?					

Please explain any YES answers from questions 1-31:

## PART III - PHYSICAL EXAMINATION

# This part must be completed by an authorized health care provider named in Bylaw 2. PATIENT NAME

HEIC		BP	
VISI	ON: R- 20/ L- 20	/ BOTH- 20/ _ Abnormal	CORRECTED? Y N
	Normal	Abhormai	Comment
HEART			
Rhythm (Regular/Irregular)			
Murmur (supine)			
Murmur (standing)			
ENT			
Lungs			
Skin			
Abdominal			
Genitalia			
Musculoskeletal			
Neck			
Shoulder			
Elbow			
Wrist			
Hand			
Back			
Knee			
Ankle			
Foot			
Dental			
Other			

After having reviewed the data above and the student's medical history, I make the following recommendations on participation in athletics:

1. Cleared

2. Cleared after additional evaluation for

3. Restricted from participating in the sports of \_\_\_\_

4. Cleared only to participate in the sports of

Recommendations/Restriction (attach additional if necessary)

In accordance with KHSAA Bylaws, I have examined the physical condition of the student and find the said student to be physically fit to practice for and participate in interscholastic athletic contests.

	Provider's Name (please print)	
Authorized Signature	Address:	
	City/State/Zip	
Date:	Phone	

KRS 156.070 (2)(d) states: "Every local board of education shall require an annual medical examination performed and signed by a physician, physician assistant, advanced practice registered nurse, or chiropractor (if performed within the professional's scope of practice), for each student seeking eligibility to participate in any school athletic activity or sport." As such, this Physical Examination is valid for one year from date administered should be kept in a secure location until the student has exhausted eligibility, graduated from high school and reached the age of 19.

#### PART IV – CONSENT INFORMATION TO PARTICIPATE, ACKNOWLEDGMENT OF RISK, ACKNOWLEDGEMENT OF ELIGIBILITY RULES, LIABILITY WAIVER AND CONSENT AND RELEASE

The student and parents/guardian must read this statement carefully and sign where required. This form **must** be completed before the student participates (hereinafter including try out for, practice and/or compete) in interscholastic athletics. This form should be kept in a secure location until the student has exhausted eligibility, graduated from high school and reached the age of 19.

As parent/legal guardian, I agree to allow my child to participate in interscholastic athletics.

The student and parent/legal guardian recognize that participation in interscholastic athletics involves some inherent risks for potentially severe injuries, including but not limited to death, serious neck, head and spinal injuries which may result in complete or partial paralysis, brain damage, serious injury to virtually all internal organs, serious injury to virtually all bones, joints, ligaments, muscles, tendons, and other aspects of the muscular skeletal system, and serious injury or impairment to other aspects of the body, or effects to the general health and well being of the child. Because of these inherent risks, the student and parent/legal guardian recognize the importance of the student obeying the coaches' instructions regarding playing techniques, training and other team rules. By signing this form, the student and parent/legal guardian acknowledge that the student's participation is wholly voluntary and to having read and understood this provision.

The student and parent/legal guardian individually and on behalf of the student, hereby irrevocably, and unconditionally release, acquit, and forever discharge the KHSAA and its officers, agents, attorneys, representatives and employees (collectively, the "Releasees") from any and all losses, claims, demands, actions and causes of action, obligations, damages, and costs or expenses of any nature (including attorney's fees) that the student and/or parent/legal guardian incur or sustain to person, property or both, which arise out of, result from, occur during or are otherwise connected with the student's participation in interscholastic athletics if due to the ordinary negligence of the Releasees.

The student and parent/legal guardian acknowledge that they have read and understood the KHSAA Bylaws by distribution at <u>http://khsaa.org/general/handbook/</u>. Please be aware that a student is subject to the one-year period of ineligibility the bylaw commonly referred to as the "Transfer Rule," upon participation in any varsity contest regardless of the amount of participation or lack thereof.

The student and parent/legal guardian agree to abide by the KHSAA Bylaws and Due Process Procedure as now enacted or later amended. The student and parent/legal guardian further acknowledge that they agree to abide by the rulings of the Commissioner, Assistant Commissioner, Hearing Officer and Board of Control.

The student and parent/legal guardian acknowledge that the student must have medical insurance coverage up to a limit of \$25,000 in order to be eligible to participate in interscholastic athletics.

The student and parent/legal guardian, individually and on behalf of this student, give the high school, the KHSAA and their representatives permission to release this student's demographic information (including motion picture and still photography) and participation statistics (including height, weight and year in school, participation history and other performance based statistics) and other information as may be requested, and agree that the student may be photographed or otherwise digitally or electronically captured during school-based competition and such image or other report may be used without permission or compensation.

The student and parent/legal guardian consent to this student receiving a physical examination as required by the KHSAA.

The student and parent/legal guardian, individually and on behalf of this student, consent to the high school and the KHSAA and their representatives to use and disclose the necessary personally identifiable information from the student's education records including academic, financial and health care information, to third parties including school representatives, coaches, athletic trainers, medical facilities, medical staffs, KHSAA legal counsel and the media, for the purpose of receiving proper/necessary medical care and complying with the KHSAA bylaws, including making determinations regarding eligibility to participate in interscholastic athletics and any administrative or legal proceedings resulting from participation or attempted participation in interscholastic athletics, without such disclosure constituting a violation of rights under the Family Educational Rights and Privacy Act. The student and parent/legal guardian, individually and on behalf of this student, further release the high school, the KHSAA and their representatives from any and all claims arising out of the use and disclosure of said necessary personally identifiable information, and agree to release to the high school, the KHSAA, and their representatives for financial aid.

The student and parent/legal guardian, individual and on behalf of the student, hereby acknowledge that they are aware of and will review if desired, the education materials available through the KHSAA, the Centers for Disease Control and other agencies regarding education all individuals with respect to nature and risk of concussion and head injury, including the continuance of play after concussion or head injury.

The student and parent/legal guardian, individual and on behalf of the student, hereby consent to allow the student to receive medical treatment that may be deemed advisable by the high school, the KHSAA, and their representatives in the event of injury, accident or illness while participating in interscholastic athletics, including, but not limited to, transportation of the student to a medical facility.

#### PART V - STUDENT AND PARENT/GUARDIAN ACKNOWLEDGMENT OF RISK, ELIGIBILITY RULES, LIABILITY WAIVER AND CONSENT AND RELEASE AND EMERGENCY PERMISSION FORM

This part must be completed by student and custodial parent / guardian). This form must be reproduced in order for a copy to travel with respective athlete.

### STUDENT AND PARENT/GUARDIAN ACKNOWLEDGMENT OF RISK, ACKNOWLEDGEMENT OF ELIGIBILITY RULES, LIABILITY WAIVER AND CONSENT AND RELEASE

Students' Name (please print) School Student and Parent/Guardian Address including City, State and Zip Signature of Student Date Please list above any health problems/concerns this student may have, including allergies (medications / others) and any medications presently being used Name of Parent(s)/Guardian(s) who has/have custody of this student (please print) Emergency Phone Number Signature of Parent(s)/Guardian(s) who has/have custody of this student Date **REQUIRED INSURANCE INFORMATION (KHSAA Bylaw 2)** Insurance Carrier Policy Number EMERGENCY CONTACT INFORMATION Name (please print) Relation to Student Emergency Contact Address, including City, State and Zip Cell Phone **Daytime Phone** EMERGENCY TREATMENT INFORMATION The following information is recorded solely for potential hospitalization and emergency care needs and is not required to be recorded on this form. However, those failing to provide this information should be aware that this might be required by emergency treatment facilities prior to rendering service, and failure to provide could result in lack of appropriate care. Social Security Number Birth Date The student and parents/guardian must read this statement carefully and sign where required. This form **must** be completed before the student participates (hereinafter including try out for, practice and/or compete) in interscholastic athletics. This form should be kept in a secure location until the student has exhausted eligibility, graduated from high school and reached the age of 19.