

# Mental Status Examination *Rapid Record Form*

Number

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Name

Circumstance of presentation

Date of birth

Gender  M  F

Tick where appropriate

## General Description

### Appearance

#### Weight

- Obese
- Over-weight
- Under-weight
- Emaciated

#### Hair

- Bizarre style
- Unnatural color
- Unshaven

#### Other Features

- Wounds
- Scars
- Tattoos
- Jewelry
- Glasses
- Dental braces

#### Grooming

- Disheveled
- Soiled
- Body odor
- Halitosis

#### Dress

- Undressed
- Underdressed
- Overdressed
- Bizarre
- Militaristic

### Behavior

#### Walk

- Gait/march
- Limp
- Shuffle
- Assisted

#### Combativeness

- Cataplexy
- Aggressive

#### Repetition

- Gestures
- Twitches
- Stereotypical
- Automatism
- Mimicry
- Echopraxia

#### Overactivity

- Psychomotor Agitation
- Hyperactivity
- Tic
- Sleepwalking
- Compulsion

### Catatonia

- Catalepsy
- Exited
- Stupor
- Rigidity
- Posturing
- Cerea Flexibilitas
- Negativism

### Speech

#### Speech Rate

- Rapid
- Slow

#### Intelligibility

- Slurred
- Mumbled
- Stutters
- Accented

#### Volume

- Loud
- Whispered

#### Speech Quality

- Hesitant
- Emotional
- Monotonous
- Stereotypical
- Unspontaneous
- Echolalia
- Verbigerative

#### Speech Quantity

- Garrulous
- Talkative
- Responsive
- Taciturn
- Mutism

### Attitude to Examiner

- Seductive
- Playful
- Ingratiating
- Friendly
- Cooperative
- Interested
- Attentive
- Frank
- Indifferent
- Evasive
- Defensive
- Hostile

## Mood and Affect

### Mood

- Ecstatic
- Euphoric
- Expansive
- Elevated
- Euthymic
- Dysphoric
- Anhedonic
- Depressed
- Alexithymic
- Grieving

### Other Emotions

- Panicked
- Fearful
- Anxious
- Tense
- Agitated
- Apathetic
- Irritable
- Angry

### Other Signs

- Ambivalence
- Mood Swings

### Neuro-Vegetative

- Anorexia
- Insomnia
- Hypersomnia
- Diminished Libido
- Constipation

### Affective Expression

- Normal
- Restricted
- Blunted
- Flat

### Appropriateness

- Appropriate
- Inappropriate
- Labile

## Perception

### Hallucinations

- Hypnagogic
- Hypnopompic
- Auditory
- Visual
- Olfactory
- Gustatory
- Tactile
- Somatic
- Lilliputian
- Mood-congruent
- Mood-incongruent
- Hallucinosi
- Synesthesia
- Trailing

### Disassociation

- Hysterical anesthesia
- Macropsia
- Micropsia
- Depersonalization
- Derealization
- Fugue
- Multiple personality

### Agnosia

- Anosognosia
- Autotopagnosia
- Visual agnosia
- Astereognosia
- Prosopagnosia

## Current Treatment

- Current psychotherapy
  
- Current psychoactive medication

**Thought Process**

**Content of Thought**

- Poverty of thought
- Overvalued idea
- Trend of thought
- Ego mania
- Monomania
- Hypochondria
- Obsession
- Compulsion
- Noesis
- Unio mystica
- Delusions**
  - Bizarre
  - Systematized
  - Mood-congruent
  - Mood-incongruent
  - Nihilistic
  - Somatic
  - Paranoid
  - Persecutory
  - Grandeur
  - Referential
  - Self-accusatory
  - Control
  - Thought withdrawal
  - Thought insertion
  - Thought broadcasting
  - Infidelity
  - Erotomania
  - Pseudologia fantastica

**Preoccupations**

**Suicidal Ideation**

- Ideation history
- Previous attempt/s
- Current ideation
- Impulsiveness
- Viable plan
- Available means
- Settling of affairs

**Hostile Intent**

- Previous intimidation
- History of violence
- Current intent
- Impulsiveness
- Viable plan
- Available means

Risk Assessment

**Phobia**

- Simple
- Social
- Acrophobia
- Agoraphobia
- Claustrophobia
- Xenophobia
- Zoophobia

**Thought Form**

**General**

- Mental disorder
- Neurosis
- Psychosis
- Reality testing
- Formal thought dis.
- Illogical thinking
- Dereism
- Autistic thinking
- Magical thinking
- Concrete thinking
- Abstract thinking

**Specific**

- Neologism
- Word salad
- Circumstantiality
- Tangentiality
- Incoherence
- Perseveration
- Condensation
- Irrelevant answers
- Loosening
- Derailment
- Flight of ideas
- Clang association
- Blocking
- Glossolalia

**Disturbances of speech**

- Pressured
- Voluble
- Poverty of Speech
- Poverty of Content
- Dysprosody
- Dysarthria

**Aphasic Disturbances**

- Motor
- Sensory
- Syntactical
- Jargon
- Global

**Sensorium & Cognition**

**Consciousness**

- Disoriented
- Clouding
- Stupor
- Delirium
- Coma
- Coma vigil
- Twilight state
- Dreamlike state
- Somnolence

**Orientation**

- Time Disorientation
- Place Disorientation
- Person Disorientation

**Concentration**

- Serial 7's inattention
- Easily distracted
- Often distracted

**Memory**

- Remote memory deficit
- Recent past deficit
- Recent memory deficit
- Immediate recall deficit

**Information & Intelligence**

**Attention**

- Distractible
- Selective attention

**Suggestibility**

- Folie à deux
- Hypnotized

**Memory**

- Localized amnesia
- Generalized amnesia
- Selective amnesia
- Continuous amnesia
- Paramnesia
- Fausse reconnaissance
- Retro. falsification
- Confabulation
- Déjà entendu
- Déjà pensé
- Déjà vu
- Jamais vu
- Hypermnesia
- Eidetic images

**Intelligence**

- Mild retardation
- Moderate retardation
- Severe retardation
- Profound retardation
- Dementia
- Pseudodementia

**Judgment**

- Critical
- Automatic
- Impaired

**Insight**

- Impaired insight
- Denial of disorder
- External locus of disorder
- Intellectual insight
- True insight

**Reliability**

- Reason to fake bad
- Reason to fake good
- Compulsory examination

**Summary**

**Global Functioning**

- 10 Imminent harm
- 20 Possible harm
- 30 Serious Impairment
- 40 Major Impairment
- 50 Serious Symptoms
- 60 Moderate Symptoms
- 70 Mild Symptoms
- 80 Slight Impairment
- 90 No Symptoms
- 100 Superior Function

**WARNING**

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**Indications & Recommendations**

Signature of Examiner

Date

## Selected glossary

**Abstract thinking.** Thinking characterised almost exclusively by cognitive abstractions, rather than immediate sensory experience.

**Acrophobia.** Fear of heights.

**Affect.** The pattern of observable behaviours which is the expression of a subjectively experienced feeling state (emotion) and is variable over time in response to changing emotional states.

**Agoraphobia.** A fear of being in places or situations in which escape might be difficult or embarrassing, or in which help may not be available should a panic attack occur.

**Alexithymic.** Relatively undifferentiated emotions (unable to identify or express emotion), and thinking tends to dwell excessively on the mundane. Detached, and may seem to dissociate.

**Anhedonic.** An inability to enjoy anything, even things once enjoyed.

**Anosognosia.** Ignorance of the presence of disease, specifically of paralysis.

**Astereognosia.** The inability to recognise common objects by touch.

**Autistic thinking.** An abnormal absorption with the self, marked by interpersonal communication difficulties, a short attention span, and inability to treat others as people.

**Automatism.** Automatism refers to activity performed without conscious awareness and usually followed by complete amnesia.

**Autotopagnosia.** A condition where one cannot identify or describe their own body parts. Individuals can dress themselves appropriately and use their body normally, but they cannot talk about their bodies.

**Bizarre Delusion.** A delusion that involves a phenomenon that the person's culture would regard as totally implausible.

**Blocking.** Repeated and abrupt halt to speech as a result of losing one's train of thought.

**Catalepsy.** A trancelike state with loss of voluntary motion and failure to react to stimuli.

**Cataplexy.** Sudden, dramatic decrement in muscle tone & loss of deep reflexes that leads to muscle weakness, paralysis, or postural collapse. Usually caused by outburst of emotion: laughter, startle, or sudden physical exercise; one of the symptoms of narcolepsy.

**Cerebral Flexibility.** Waxy flexibility in which a limb remains where placed; often seen in catatonia.

**Circumstantiality.** Slowed thinking incorporating unnecessary trivial details. Eventually the goal of the thought is reached.

**Clang association.** Speech in which words are chosen because of their sounds rather than their meanings.

**Claustrophobia.** Fear of being trapped in confined spaces.

**Coma vigil.** Awake, but without conscious awareness. In this vegetative state persons can open their eyelids occasionally and demonstrate sleep-wake cycles. They also completely lack cognitive function.

**Compulsion Catatonia.** Muscular rigidity; a tendency to remain in a fixed stuporous state for long periods; the catatonia may give way to short periods of extreme excitement.

**Compulsion.** Repetitive ritualistic behaviour or mental activity.

**Concrete thinking.** Thinking characterised almost exclusively by immediate sensory experience, rather than cognitive abstractions.

**Condensation.** Speech in which two or more separate concepts are not differentiated.

**Confabulation.** A plausible but imagined memory that fills in gaps in what is remembered.

**Control Delusion.** The belief that one's thoughts or actions were under some outside control.

**Déjà entendu.** Subjectively inappropriate impression of familiarity of something just heard with an undefined memory of same.

**Déjà pense.** Subjectively inappropriate impression of familiarity of something just thought with an undefined memory of same.

**Déjà vu.** Subjectively inappropriate impression of familiarity of a present experience with an undefined past.

**Depersonalization.** A loss of contact with one's personal reality. Detachment from self.

**Derailment.** A pattern of speech in which a person's ideas slip off one track onto another that is completely unrelated.

**Derealization.** Feelings of unreality or strangeness.

**Dereism.** A loss of connection with reality and logic, where thoughts become private and idiosyncratic (odd or peculiar).

**Dysarthria.** Difficulty producing speech.

**Dysphoric.** Feeling unwell or unhappy.

**Dysprosody.** A speech impairment characterised by a loss of control of intonation and rhythm.

**Echolalia.** The repetition or echoing of verbal utterances made by another person.

**Echopraxia.** Involuntarily imitation the movements of another. Echopraxia is also known as echomotism.

**Ecstatic.** A sensation of being carried away by overwhelming delight.

**Egomania.** Preoccupation with oneself.

**Eidetic images.** The ability to retain an accurate, detailed visual image of a complex scene or pattern (sometimes popularly known as photographic memory).

**Erotomania.** Excessive sexual desire, or exaggerated belief in one's sexual conquests or ability.

**Euphoric.** An exaggerated feeling of well-being or elation.

**Euthymic.** Mood in the normal range, neither depressed or elevated.

**Fausse reconnaissance.** Delusional (false) recognition of persons or places.

**Flight of ideas.** Speech consists of a stream of accelerated thoughts with abrupt changes from topic to topic and no central direction.

**Folie à deux.** The sharing of a fantasy by two closely associated friends.

**Formal thought disorder.** A disturbance in the form of thinking rather than an abnormality of content.

**Fugue.** A condition in which an individual suddenly abandons a present activity or lifestyle and starts a new and different one for a period of time.

**Garrulous.** Given to excessive and often trivial or rambling talk; tiresomely talkative.

**Global Aphasia.** The loss of all ability to communicate.

**Glossolalia.** Fabricated, meaningless speech.

**Gustatory Hallucination.** Hallucination of taste.

**Halitosis.** Bad breath.

**Hallucinosia.** A mental state in which the person has continual hallucinations.

**Hypermesia.** Extreme power of memory. A capacity for immediate registration and precise recall of much more detail than is thought possible under ordinary circumstances.

**Hypnagogic Hallucination.** Threatening hallucinations at the moment of falling asleep.

**Hypnopompic Hallucination.** Threatening hallucinations at the moment of waking from sleep.

**Hypochondria.** Abnormal anxiety about one's health; the persistent neurotic conviction that one is or is likely to become ill.

**Hysterical anaesthesia.** Sensory loss due to a mental state.

**Infidelity Delusion.** The belief that one's partner is sexually unfaithful.

**Jamais vu.** The experience of being unfamiliar with a person or situation that is actually very familiar.

**Jargon Aphasia.** Incoherent, meaningless speech.

**Labile.** Repeated and rapid shifts from one extreme to another.

**Lilliputian Hallucination.** Hallucination that people or objects are smaller than they are.

**Loosening.** Speech characterised by slipping from one train of thought to another loosely related train of thought.

**Macropsia.** Seeing everything in the field of view as larger than it really is.

**Magical thinking.** The belief that one's thoughts, words, or actions will cause or prevent a specific outcome in some way that defies commonly understood laws of nature.

**Micropsia.** Seeing everything in the field of view as smaller than it really is.

**Monomania.** Preoccupation with a single object.

**Mood-congruent Hallucinations.** Hallucination in which the content is mood appropriate.

**Mood-incongruent Hallucinations.** Hallucination in which the content is not mood appropriate.

**Motor Aphasia.** A condition in which expression by speech or writing is severely impaired.

**Multiple personality.** Two or more distinct personalities alternately prevail in the same person.

**Mutism.** Unable or unwilling to speak.

**Negativism.** Opposition or resistance, either covert or overt, to outside suggestions or advice.

**Neologism.** The use of a newly made up word, or an everyday word used in an idiosyncratic way.

**Nihilistic Delusion.** The delusion of non-existence of the self, or part of the self.

**Noesis.** The belief that one has a divine calling.

**Obsession.** A recurrent and persistent thought, impulse, or image.

**Overvalued idea.** An unreasonable and sustained belief that is maintained with less than delusional intensity.

**Paramnesia.** False recollection of events that have never occurred.

**Perseveration.** Mental operations carry on past the point that they serve a function. E.g. What day is it? Monday. What time is it? Monday.

**Poverty of Content.** Speech that conveys little information because it is vague or barren.

**Poverty of Speech.** Less speech than normal.

**Poverty of thought.** Speech that conveys little information because of vagueness, empty repetitions, or stereotyped or obscure phrases.

**Prosopagnosia.** The inability to recognise familiar faces, although they react physiologically as if they do recognise the person.

**Pseudodementia.** A severe form of depression in which cognitive changes mimic those of dementia.

**Pseudologia fantastica.** Grossly exaggerating medical symptoms or personal details.

**Psychomotor Agitation.** Describes a morbid increase in action or movement presumed to result from psychic rather than physical (organic) disturbance.

**Reality testing.** The lack of ability to evaluate the external world objectively and to differentiate adequately between it and the internal world.

**Referential Delusion.** A delusion centred on the idea that events, objects, or other persons in one's environment have a particular and unusual significance.

**Retrospective falsification.** Where the person changes the reporting of past events, or now has only selective memory of what was more fully remembered previously.

**Sensory Aphasia.** A condition characterised by fluent but meaningless speech and severe impairment of the ability understand spoken or written words.

**Somatic Delusion.** A delusion whose main content pertains to the appearance or functioning of one's own body.

**Somatic Hallucination.** Hallucination involving the sensation of being strangled, feeling that insects are crawling beneath the skin, or feelings of sexual stimulation.

**Somnolence.** A very sleepy state.

**Synesthesia Hallucinations.** The hallucination of a sense other than the one being stimulated. For example, a sound may evoke sensations of colour.

**Syntactical Aphasia.** Difficult in arranging words in their correct sequence.

**Systematised Delusion.** A single false belief with multiple elaborations or a group of false beliefs that the person relates to a single event or theme.

**Taciturn.** Habitually untalkative.

**Tactile Hallucination.** Hallucination of touch.

**Tangentiality.** Replying to a question in an oblique or irrelevant way.

**Thought broadcasting.** The belief that one's thoughts are being broadcast out loud so that they can be perceived by others.

**Thought insertion.** The belief that certain of one's thoughts are not one's own, but rather are inserted into one's mind.

**Thought withdrawal.** The belief that one would like to think a thought, but someone or something has removed the thought.

**Tic.** Part of the body moves repeatedly, quickly, suddenly and uncontrollably.

**Trailing Hallucinations.** Hallucination that moving objects are seen as a series of discrete discontinuous images.

**Trend of thought.** Thinking with a tendency toward or centring on a particular idea with a particular affect.

**Unio mystica.** The belief that one has a unity or union by secret rites. More generally, the unity or union in the spirit of an individual with that of the Supreme Being or some other superior or leader.

**Verbigerative.** Involuntarily repeating of certain words and/or phrases.

**Visual agnosia.** The inability to recognise common objects by sight.

**Voluble.** Dominates conversation with a ready flow of speech.

**Word salad.** Speech that is an incoherent and incomprehensible mix of words and phrases.

**Xenophobia.** Fear of strangers or foreigners.

**Zoophobia.** Fear of animals.