



Does the client live in more than one household?

**NO** If no, skip to "Additional Family Members"

**YES** If yes, complete the secondary household information below.

### Secondary Household

Household member name	Relationship to child	Age	Occupation/School	Highest level of education	Quality of relationship

STREET ADDRESS (If different from child's address listed on Demographic Information form.)

Family members who live in both households

ONLY CHILD

CHILD and (list): \_\_\_\_\_

Additional family members

NO, parents or sibling other than those listed in primary or secondary households

YES, list family members: \_\_\_\_\_

Custody and parenting plan

LIVES WITH BOTH PARENTS (biological or adoptive) in same household

SINGLE PARENT

SHARED CUSTODY – parents in different households

OTHER (describe): \_\_\_\_\_

## Developmental issues

Have you ever had concerns about the following issues with this child?

Pregnancy	Yes	No	Unknown
Had bleeding during first three (3) months	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Had bleeding during second three (3) months	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Had bleeding during last three (3) months	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Had toxemia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Had to take medications Specify any medication: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Got injured or hurt	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Gained less than 15 lbs. (7 kgs.) Specify: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Took narcotic drugs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Drank alcohol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Had an infection	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Smoked during pregnancy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Length of pregnancy: _____ months	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Other pregnancy problems/illnesses Specify: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
<b>Birth/Early Infancy</b>	<b>Yes</b>	<b>No</b>	<b>Unknown</b>		
Born prematurely	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Born with cord around neck	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Injured during birth	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Had trouble breathing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Turned blue (cyanosis)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Was a twin or triplet	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Had an infection	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Had seizures (fits, convulsions)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Needed oxygen	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Was very jittery	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
<b>Childhood Health Issues</b>	<b>Yes</b>	<b>No</b>	<b>Unknown</b>	<b>If yes, age first noted</b>	<b>If yes, still occurring?</b>
Seizures (convulsions) or spells	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
High fevers (over 103° F. or 39° C.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Head injury	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Asthma	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Trouble with hearing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Trouble with vision	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Lead poisoning	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Other poisoning or overdose	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Other serious illness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Other hospitalizations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
<b>Functioning</b>	<b>Yes</b>	<b>No</b>	<b>Unknown</b>	<b>If yes, age first noted</b>	<b>If yes, still occurring?</b>
Poor appetite	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Constipation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Stomach aches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Trouble falling asleep	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Trouble staying asleep	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Overactivity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Head banging	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Rocking in bed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Temper tantrums	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>

Self-destructive behavior	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Difficulty in being comforted or consoled	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Stiffness or rigidity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Looseness or floppiness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Crying often and easily	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Shyness with strangers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Irritability	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Extreme reaction to noise or sudden movement	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
<b>Attention problems</b>	<b>Yes</b>	<b>No</b>	<b>Unknown</b>	<b>If yes, age first noted</b>	<b>If yes, still occurring?</b>
Can concentrate for only a short time unless things are very interesting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Understand the main ideas of things but misses important details	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Does work or performs many tasks carelessly without thinking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Learns a new skill well one day and then can't seem to do it a few days later	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Receives very unpredictable (inconsistent) grades or test scores in school	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Can work well only on things he/she really enjoys doing or thinking about	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Often doesn't notice when he/she makes mistakes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Seems not to realize when he/she is disturbing someone	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Doesn't do much better after punishment or correction	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Makes comments about or is distracted by background noises or unimportant things	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Seems to want things right away and/or is hard to satisfy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Annoys or bothers other children	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Behavior is variable and hard to predict	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Is a troublemaker; bullies others	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
<b>Behaviors</b>	<b>Yes</b>	<b>No</b>	<b>Unknown</b>	<b>If yes, age first noted</b>	<b>If yes, still occurring?</b>
Has bad dreams	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Is often very quiet or withdrawn	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Is often "down" on himself/herself	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Is often tired	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Speaks unclearly, stutters, or stammers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Wets bed or pants often	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Soils underwear or has accidents with bowel movements	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Is often too neat or orderly	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Is often too concerned about cleanliness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>

Often plays with matches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Destroys objects at home	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Destroys objects away from home	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Is fearless	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Is cruel to animals	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Is not liked by other children	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Feels ill on school mornings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Has eating problems (either overeats or undereats)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Is preoccupied with food or diet	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Is part of a clique or gang that causes trouble	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Other behaviors not noted above	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Have you ever had concerns about your child's early development (i.e. walking, talking, learning)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
Have you ever had concerns about your child's sexual development or behaviors?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
IF THERE ARE INDICATIONS OF ISSUES, PLEASE EXPLAIN					
<hr/> <hr/> <hr/> <hr/> <hr/>					

## Child's school functioning

<b>Education classification</b>	
Does your child receive special education services? <input type="checkbox"/> YES <input type="checkbox"/> NO	
If no, has your child ever been tested and determined not to need services? <input type="checkbox"/> YES <input type="checkbox"/> NO	
Regular education classroom, no special services <input type="checkbox"/> YES <input type="checkbox"/> NO	
If no, check all that apply below.	
<input type="checkbox"/> Early Childhood Spec. Ed./Developmental Delay	<input type="checkbox"/> Special learning disability
<input type="checkbox"/> Special Learning Disability	<input type="checkbox"/> Autism Spectrum Disorder
<input type="checkbox"/> Hearing Impaired	<input type="checkbox"/> Traumatic brain injury
<input type="checkbox"/> Visually Impaired	<input type="checkbox"/> Other health impaired
<input type="checkbox"/> Speech or Language Impaired	<input type="checkbox"/> Unsure
<input type="checkbox"/> Physically Impaired	<input type="checkbox"/> Current 504 plan
<input type="checkbox"/> Emotional/Behavioral Disorder	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Developmental/Cognitive Disability	_____
COMMENTS ON EDUCATIONAL CLASSIFICATION	
<hr/> <hr/> <hr/>	

## Child's legal history

Does your child have a history of legal charges?  NO  YES

IF YES, DESCRIBE CHARGES

Is the child currently on probation?  NO  YES

Has the child ever been on probation?  NO  YES

Has the child ever been court-ordered into chemical health or mental health treatment?  NO  YES

## Child's trauma history

Children's Protective Services (CPS) involvement with family  NO  YES

IF YES, DESCRIBE

NAME OF CPS CASEWORKER(S) ASSIGNED TO FAMILY (IF APPLICABLE)

NONE REPORTED

NAME OF GUARDIAN AD LITEM (GAL) OR COURT APPOINTED SPECIAL ADVOCATE (CASA) ASSIGNED TO FAMILY

NONE REPORTED

Has your child ever experienced any of the following?

- Physical abuse     
  Domestic violence/abuse     
  Physical neglect     
  Emotional abuse  
 Sexual abuse/molestation     
  Community violence     
  None of the above

## Child's mental health treatment history

Previous mental health treatment  NO  YES If yes, please list reason for treatment, and dates:

Reason	Dates

Currently on any medication(s)?  NO  YES

IF YES, PLEASE LIST AND BRING MEDICATIONS TO NEXT APPOINTMENT

PRIMARY CARE PHYSICIAN			PHONE NUMBER
ADDRESS	CITY	STATE	ZIP CODE
OTHER PRESCRIBING PHYSICIAN(S)			PHONE NUMBER
ADDRESS	CITY	STATE	ZIP CODE

## Child's alcohol and drug history

Do you have any concerns about your child's use of alcohol or drugs? <input type="checkbox"/> NO <input type="checkbox"/> YES
Do you have any other issues or concerns about your child you would like to have addressed? <input type="checkbox"/> NO <input type="checkbox"/> YES
COMMENTS

## Family Environment/Relationships

Please indicate below the best descriptions of parent-child relationships.

Parent-Child (Client) Relationship(s)	P = Primary household	S = Secondary household	B = Both
Parent-child conflict	<input type="checkbox"/> NONE – MILD	<input type="checkbox"/> MODERATE	<input type="checkbox"/> SEVERE
Issues with supervision and monitoring of child	<input type="checkbox"/> ALWAYS	<input type="checkbox"/> USUALLY	<input type="checkbox"/> INCONSISTENTLY <input type="checkbox"/> RARELY
Cooperation between parents regarding child-rearing	<input type="checkbox"/> ALWAYS	<input type="checkbox"/> USUALLY	<input type="checkbox"/> INCONSISTENTLY <input type="checkbox"/> RARELY <input type="checkbox"/> NOT PERTINENT
Parent positive activities with child	<input type="checkbox"/> FREQUENT	<input type="checkbox"/> OCCASIONALLY	<input type="checkbox"/> INFREQUENT
Parent satisfaction with relationship	<input type="checkbox"/> SATISFIED	<input type="checkbox"/> NEUTRAL	<input type="checkbox"/> DISSATISFIED
Child satisfaction with relationship	<input type="checkbox"/> SATISFIED	<input type="checkbox"/> NEUTRAL	<input type="checkbox"/> DISSATISFIED
COMMENT ON PARENT-CHILD RELATIONSHIPS (describe further if needed)			

Please indicate below the best descriptions of sibling-child relationships.

Sibling-Child (Client) Relationship(s) <input type="checkbox"/> NO SIBLINGS	P = Primary household	S = Secondary household	B = Both
Child-sibling conflict	<input type="checkbox"/> NONE – MILD	<input type="checkbox"/> MODERATE	<input type="checkbox"/> SEVERE
Sibling(s) positive activities with child	<input type="checkbox"/> FREQUENT	<input type="checkbox"/> OCCASIONAL	<input type="checkbox"/> INFREQUENT
Sibling(s) satisfaction with relationship	<input type="checkbox"/> SATISFIED	<input type="checkbox"/> NEUTRAL	<input type="checkbox"/> DISSATISFIED
Child satisfaction with relationship	<input type="checkbox"/> SATISFIED	<input type="checkbox"/> NEUTRAL	<input type="checkbox"/> DISSATISFIED
COMMENT ON SIBLING-CHILD RELATIONSHIPS (describe further if needed)			







*Children's Mental Health*

# Child/Adolescent Diagnostic Assessment

## Part II

### TO BE COMPLETED BY PROVIDER

You must have version 7.1 or newer of Adobe Reader or Acrobat to use this form. Adobe Reader is available for free at: <http://www.adobe.com/products/acrobat/readstep2.html>.

Before filling out this form, **save this PDF to your computer**. To do this, go to the File menu, choose Save As, and save it with a file name that you recognize. You may enter new information and update existing information at any time prior to sending the form.

### Note to Providers

There are two parts to the Child/Adolescent Diagnostic Assessment Form. Part I is designed to be given to parents/caregivers (or relevant guardian) prior to the diagnostic assessment. Parents should be instructed to complete the form and bring it with them when they come in for their initial appointment. This portion of the form was designed to supply mental health professionals with an overview of a child's background information and help them screen for areas that need further investigation. Part I may be completed with the parent if they are unable to complete it independently. Part II is to be completed by the mental health provider as part of the diagnostic assessment interview process. Part II combines narratives and checklists to assist in the development of a detailed clinical assessment of the child.

Part I and Part II were designed to be used together to ensure a comprehensive examination of all areas relevant to a child's diagnosis and treatment considerations. It is possible that some sections do not apply to all children or to all settings. However, it is important to evaluate whether or not each area covered contributes to the child or adolescent's overall diagnostic picture.

### Submit comments

This form was designed by the Diagnosis and Treatment Workgroup of the Minnesota Mental Health Action Group (MMHAG). The Minnesota Department of Human Services Children's Mental Health Division would like providers' comments related to the use of these forms. Please let us know which sections work well and which sections need further revisions by contacting Pat Nygaard at [Pat.Nygaard@state.mn.us](mailto:Pat.Nygaard@state.mn.us) or (651) 431-2332. If you feel further revisions are needed, please detail how you would change/update the form. Thank you for comments.

## Client Information

CHILD NAME (FIRST, MI, LAST)

Etta Loraine Jones

DATE OF BIRTH

April 13, 2001

CLIENT NUMBER

335487

DATE OF ASSESSMENT

May 5, 2011

REFERRAL SOURCE

Father Jim Gilbert

REASON FOR REFERRAL

Etta was brought in by her mother because her mom is worried about her lack of friends and her consistent asking about bills and finances as well as questions about her father. The family had first gone to Father Jim, especially after Grandma Becky died, to talk about grief and loss. In the past month, Father Jim suggested that Etta needed more formal mental health care to deal with her worries.

## Presenting Problems

CHILD'S DESCRIPTION OF PROBLEM

Etta admits that she's nervous about her dad and says she knows that other kids don't worry about how their moms will pay the bills, but she just can't help herself. Etta thinks that she is different from all the other kids around her and worries about fitting in.

FAMILY/GUARDIAN/CHILD PERCEPTIONS OF PROBLEM

Ms. Jones reports that she thinks that Etta is having difficulty because of all the loss she's had in the past 3 years, with the separation, moving a lot and Grandma Becky's death.

HISTORY OF PROBLEM

Ms. Jones remembers that these problems began around the time that they moved to Brainerd and Grandma Becky got really sick. When they lived in the cities, Etta was able to see her dad more (before he shipped out to Afghanistan) and her paternal relatives.

## Family Environment/Relationships

COMMENT ON PARENT-CHILD RELATIONSHIPS (describe further if needed)

Both Ms. Jones and Etta agree that they get along well and have a caring relationship. Mr. Jones also reports that he and his daughter get along. She enjoys writing him emails and he quickly responds to her so that she knows that he loves her and he is safe.

COMMENT ON SIBLING-CHILD RELATIONSHIPS (describe further if needed)

Etta does a good job of helping her mother take care of the younger children. She embraces the role of "big sister." Sometimes her younger brother gets rather annoyed that his sister constantly corrects his behavior.

COMMENT ON PARENT MARITAL OR COUPLES RELATIONSHIPS (describe further if needed)

Ms. Jones and Mr. Jones are divorced and work hard to keep their relationship civil and to co-parent effectively. However, conversations recently have become strained over finances and medical benefits.

## Family Systems Review

### FRIENDSHIP/SOCIAL PEER SUPPORT/RELATIONSHIPS

Ms. Jones and Etta agree, that it has been hard for Etta to make connections outside of the family since they have moved frequently in the past 2 years. Every time she is about to make a friend, they have to move because the rent increased, Ms. Jones found another job, or there were external family pressure to re-locate (Ms. Jones was expected to help take care of her mother who died in May of 2010). Etta has trouble making friends at school and gets along better with the adults around her. She lacks playmates in the neighborhood and at school. Her teacher, Ms. Olsen, states that she initiates conversations with other kids but she often misinterprets or over-analyzes their conversations and then ruminates about them for the rest of the day. Ms. Olsen also says that often Etta reminds the other students of when they need to turn in their homework and bosses other children around like she is a teacher keeping them in line.

### MEANINGFUL ACTIVITIES (community involvements, volunteer activities, leisure/recreation, other interests)

Etta is involved in church activities. She attends Sunday school on a regular basis and helps with child care when needed. She plays piano consistently and is looking forward to being able to play the flute next year in the middle school band.

### COMMUNITY SUPPORTS/SELF HELP GROUPS (AA, NA, etc.)

### RELIGION/SPIRITUALITY

The family attends St. Mary's Catholic Church and has a good relationship with Father Jim Albert.

### CULTURAL/ETHNIC ISSUES/INFORMATION/CONCERNS

Etta is a biracial 10 year old girl who says that it's been difficult for her living in a small town because no one looks like her and she gets teased by the other kids at school because of her hair. Her mother identifies as European American and her father identifies as African American. The only time she felt like she fit in is with her family because they all look like her. She hates school because she feels different. Her mother says that she has a hard time knowing how to help Etta fit in with the kids, because she had no problems when she went to elementary school. She tries to connect Etta with her Grandma Iris often and make sure she spends time with her African American relatives in the cities, but it is difficult with her father gone. Etta is a prim and proper girl who likes to use big words and be grammatically correct. She put "shall" into sentences and remarked that everyone made fun of her because she didn't sound more "black". She reported that God looked out for her and that her future was in his hands.

## Child's School Functioning

### COMMENTS ON EDUCATIONAL CLASSIFICATION/PLACEMENT (also please indicate if child is home schooled, in gifted program, etc.)

Etta attends West Elementary and is in the 4th grade; she gets straight A's and excels in all of her classes.

**GRADES**  No problems with grades  Problems with grades

### IN WHAT SUBJECTS IS THE STUDENT (CHILD) DOING WELL?

Etta is doing well in all of her classes but she particularly likes English and Math class. She says that she wants to be a 3rd grade teacher when she grows up.

**ATTENDANCE**  No problems reported  Problems reported

**PREVIOUS GRADE RETENTIONS**  None reported  Yes

**SUSPENSIONS/EXPULSIONS**  None reported  Yes

**OTHER ACADEMIC/SCHOOL CONCERNS** (including performance/ behavioral problems due to AoD use)  None reported  Concerns reported

**BARRIERS TO LEARNING**  None reported  Yes

### **Child's Legal History**

**CURRENT LEGAL STATUS**

None reported  On probation  Detention  On parole  Awaiting charges  A&D related legal problems  Court-ordered to treatment  Other

### **Child's Leisure Activities/Employment**

MAJOR ACTIVITIES OUTSIDE OF THE SCHOOL DAY

She spends most of her time with her siblings around the house. She has trouble making friends in the neighborhood so focuses most of her play attention with her siblings. She directs her siblings when they play restaurant, house or kickball. She does participate in church activities and often helps out with child care duties when possible.

### **Child's Mental Health Treatment History**

**PREVIOUS TREATMENT**  Yes  None reported

### **Child's Medical/Physical Health Status**

CURRENT/ONGOING MEDICAL ISSUES

none

**CURRENTLY ON MEDICATION(S)**  No  Yes

WHAT MEDICATIONS?

she takes a multi-vitamin. She prefers the gummy type.

**ARE THE MEDICATIONS BEING TAKEN AS PRESCRIBED?**  No  Yes

**DO YOU THINK THE CURRENT MEDICATIONS ARE HELPING?**  No  Yes

DESCRIBE THE CHILD'S BEHAVIOR WITH OR WITHOUT THE MEDICATION

not applicable

**HAS THE CHILD BEEN ON OTHER MEDICATIONS IN THE PAST?**  No  Yes

## Child's Trauma History

### CURRENT LEGAL STATUS

- No self reported history of abuse/violence     Physical abuse     Domestic violence/abuse     Physical neglect     Emotional abuse  
 Sexual abuse/molestation     Community violence     Other

## Functioning/Outcome Measures

### CASII (Child and Adolescent Service Intensity Instrument) Scores

Subscales	Scores	Subscales	Scores
I. Risk of Harm	1	II. Functional Status	3
III. Co-Morbidity	1	IVA. Recovery Environment "Stress"	4
IVB. Recovery Environment "Support"	2	V. Resiliency & Recovery History	2
VI. Acceptance & Engagement - Parent	2	VI. Acceptance & Engagement - Child	1
<b>Total Score</b>	<b>16</b>	<b>Level of Care</b>	<b>2</b>

COMMENTS ON SCALES/SCORES - Any indication of suicidality or high risk of harm must be followed up immediately.  
Etta's level of service intensity need is a Level 2: Outpatient Psychotherapy Services.

### Strengths and difficulties

The Strengths and Difficulties Questionnaire (Goodman, 1997) should be completed as part of each individual's diagnostic assessment. The appropriate forms are available at: [www.sdqinfo.com](http://www.sdqinfo.com)

### COMMENTS

Etta received a total score of 28 on the SDQ.

Are other tools utilized?  No  Yes

**NOTE TO CLINICIAN: If issues in certain areas, inquire about frequency, intensity, severity, and settings in which the issues arise. Where significant issues are noted in specific domains, further testing may be indicated.**

## Alcohol and Drug Abuse

Do you have concerns about alcohol or drug use?  No  Yes

### COMMENTS

## Mental Status Exam

NOTE: These are areas that should be considered for a sound assessment. However, some areas may not be appropriate for all individual cases.

### GENERAL OBSERVATIONS

<b>Appearance</b>	<input checked="" type="radio"/> Well groomed	<input type="radio"/> Unkempt	<input type="radio"/> Disheveled	<input type="radio"/> Other		
<b>Build</b>	<input checked="" type="radio"/> Average	<input type="radio"/> Thin	<input type="radio"/> Overweight			
<b>Demeanor/Response to Interviewer</b>	<input checked="" type="checkbox"/> Open/Cooperative	<input type="checkbox"/> Hostile	<input type="checkbox"/> Guarded or suspicious	<input type="checkbox"/> Manipulative	<input type="checkbox"/> Withdrawn	<input type="checkbox"/> Preoccupied
	<input type="checkbox"/> Demanding	<input type="checkbox"/> Anxious	<input type="checkbox"/> Shy	<input type="checkbox"/> Unaware		
<b>Eye Contact</b>	<input checked="" type="radio"/> Average	<input type="radio"/> Avoidant	<input type="radio"/> Intense	<input type="radio"/> Intermittent		
<b>Activity Level</b>	<input checked="" type="radio"/> Developmentally appropriate	<input type="radio"/> High	<input type="radio"/> Reactive	<input type="radio"/> Low/Lethargic/Slow	<input type="radio"/> Variable	
<b>Speech</b>	<input type="checkbox"/> Clear	<input type="checkbox"/> Slurred	<input checked="" type="checkbox"/> Rapid	<input type="checkbox"/> Pressured	<input type="checkbox"/> Developmentally appropriate	
	Is there a need for a speech specialist? <input type="radio"/> No <input type="radio"/> Yes					

#### COMMENTS

Etta presents as a friendly 10 year old girl who wore her "favorite" dress to the appointment even though it was out of season. She is of average height and weight for a 10 year old. She seemed self-conscious of her hair and repeatedly tried to flatten down the curls. She maintained appropriate eye contact and fidgeted throughout the interview.

### THOUGHT CONTENT AND PERCEPTION

<b>Delusions</b>	<input checked="" type="checkbox"/> None reported	<input type="checkbox"/> Grandiose	<input type="checkbox"/> Persecutory	<input type="checkbox"/> Somatic	<input type="checkbox"/> Nihilistic	<input type="checkbox"/> Religious
<b>Other</b>	<input checked="" type="checkbox"/> None reported	<input type="checkbox"/> Autistic	<input type="checkbox"/> Peculiar verbalization	<input type="checkbox"/> Guarded	<input type="checkbox"/> Ideas of reference	<input type="checkbox"/> Preoccupied
		<input type="checkbox"/> Other				
<b>Hallucinations</b>	<input checked="" type="checkbox"/> None reported	<input type="checkbox"/> Auditory	<input type="checkbox"/> Visual	<input type="checkbox"/> Olfactory	<input type="checkbox"/> Gustatory	<input type="checkbox"/> Tactile
<b>Other</b>	<input checked="" type="checkbox"/> None reported	<input type="checkbox"/> Illusions	<input type="checkbox"/> Depersonalization	<input type="checkbox"/> Derealization		

#### COMMENTS

She reported that she often talks to her father as if he were present because her priest told her God would transport the message for her; there are no concerns about thought process or content

### SELF-DANGER

<b>Self-Abuse</b>	<input checked="" type="checkbox"/> None reported	<input type="checkbox"/> Suicidal (assess lethality, if present)	<input type="checkbox"/> Intent	<input type="checkbox"/> Plan	<input type="checkbox"/> Self-mutilation	
<b>Violence to Others</b>	<input checked="" type="checkbox"/> None reported	<input type="checkbox"/> Assaultive	<input type="checkbox"/> Intent	<input type="checkbox"/> Plan	<input type="checkbox"/> Requires notification of specified victims or authorities	
<b>Destruction of Property</b>	<input checked="" type="checkbox"/> None reported	<input type="checkbox"/> History of destruction of property				

#### COMMENTS

She did not voice any concerns for self-harm or danger to others.

COGNITION	
<b>Orientation</b>	<input checked="" type="checkbox"/> Time <input type="checkbox"/> Person <input type="checkbox"/> Place
<b>Memory Issues</b>	<input checked="" type="checkbox"/> No concerns noted <input type="checkbox"/> Working memory problems <input type="checkbox"/> Short-term memory problems <input type="checkbox"/> Long-term memory problems
<b>Attention/ Concentration</b>	<input type="checkbox"/> Selective <input type="checkbox"/> Restless <input checked="" type="checkbox"/> Distractible <input type="checkbox"/> Lethargic <input type="checkbox"/> Agitated <input type="checkbox"/> Developmentally appropriate <input type="checkbox"/> Rapidly shifting
<b>Judgment/Insight</b>	<input checked="" type="checkbox"/> Developmentally appropriate <input type="checkbox"/> Delayed <input type="checkbox"/> Doesn't understand consequences <input type="checkbox"/> Impulsive decision-making <input type="checkbox"/> Awareness of self/deficits <input type="checkbox"/> Lacks perspective taking <input type="checkbox"/> Ability for social abstractions
COMMENTS She sometimes had trouble focusing on the questions and asked lots of questions about the artwork on the walls. Her mood was upbeat and cheerful; she had appropriate range of affect. She appeared anxious and blurted responses often. She seems to have an appropriate level of insight and intelligence for a girl of her age.	
THOUGHT AND PERCEPTUAL PROCESSES	
<input checked="" type="checkbox"/> Logical/Coherent <input type="checkbox"/> Circumstantial <input type="checkbox"/> Tangential <input type="checkbox"/> Loose <input type="checkbox"/> Racing <input type="checkbox"/> Blocked <input type="checkbox"/> Incoherent <input type="checkbox"/> Concrete <input type="checkbox"/> Flight of ideas <input type="checkbox"/> Obsessional <input type="checkbox"/> Guilty <input type="checkbox"/> Disordered <input type="checkbox"/> Rigid problem-solving <input type="checkbox"/> Fears/Phobias/Other anxieties <input checked="" type="checkbox"/> Problems of self-contempt/body image	
COMMENTS She seemed self-conscious of her hair and repeatedly tried to flatten down the curls.	
MOOD	
<input checked="" type="checkbox"/> Euthymic <input type="checkbox"/> Depressed <input type="checkbox"/> Excited <input type="checkbox"/> Angry <input type="checkbox"/> Euphoric <input type="checkbox"/> Irritable	
COMMENTS	
AFFECT	
<input type="checkbox"/> Full <input checked="" type="checkbox"/> Appropriate <input type="checkbox"/> Constricted <input type="checkbox"/> Flat <input type="checkbox"/> Inappropriate <input type="checkbox"/> Labile <input type="checkbox"/> Incongruent	
COMMENTS	
BEHAVIOR	
<input checked="" type="checkbox"/> Cooperative <input type="checkbox"/> Resistant <input type="checkbox"/> Agitated <input type="checkbox"/> Impulsive <input type="checkbox"/> Unusual movements <input type="checkbox"/> Aggressive <input type="checkbox"/> Hyperactive <input type="checkbox"/> Restless <input type="checkbox"/> Withdrawn <input type="checkbox"/> Anhedonia <input type="checkbox"/> Oppositional	
COMMENTS	

**REGULATORY STYLE (Greenspan)**

Sensitive/Fearful     Defiant     Self-absorbed     Active craving     Inattentive     N/A

COMMENTS

**ANXIETY**

None reported     Panic     Obsessive/Compulsive thinking     School anxiety     Symptoms of trauma (dreams/flashbacks)  
 Social anxiety - difficulty performing in public     Agoraphobia     Generalized anxiety

COMMENTS

She reported worrying about "everything." She was fidgety throughout the interview and had nervous habits (like playing with her hair).

**INTELLIGENCE ESTIMATE**

MR     Borderline     Average     Above average

COMMENTS

**Clinical/Interpretative Summary**

This clinical/interpretive summary is based upon information provided by (check all that apply)

Child     Parent(s)     Guardian(s)     Family/Friend     Physician     Records     Law enforcement  
 Service providers     School personnel     Other

**Narrative Summary**

The narrative summary concisely reviews and integrates the information collected in the diagnostic assessment, leading to a case conceptualization and diagnostic formulation. Information about the history of symptoms and treatment, known or possible etiology, and symptom presentation including duration, frequency and severity should be compiled to demonstrate that a specific diagnosis is a better fit to the client's presentation than other possible or overlapping diagnoses. If alternative diagnoses cannot be definitively ruled out, a plan for the collection of further information to do so should be included.

In addition to specific diagnoses, the summary should also detail the functional impact of the client's mental health condition, across settings including home/family, school/work and within the community. This functional summary should inform the level of care which the diagnostic assessment will recommend for the client. Both the diagnoses and the functional summary should also lead to specific treatment recommendations, including modalities, priority areas for intervention, and specific treatment components which can reasonably be expected to benefit the client.

NARRATIVE SUMMARY

Etta and her mother state that she has been experiencing an excessive amount of anxiety and worry for more days than not for the past year; she has been worried about school, her hair, her peers, her parent's bills, her somatic complaints being a result of cancer, and her father's safety. She states that she cannot control the worry. Because of Etta's worries she has trouble making friends, completing her homework, and being able to play as a child. Etta currently experiences a sleep



disturbance due to her anxiety (each night her thoughts race about Grandma Becky and her father) which impacts her ability to feel rested during the day. She also states that she has difficulty concentrating in school (even though it hasn't affected her grades) because she is worried the other students are not obeying the rules and getting their tasks done. She has no medical conditions and is not taking any substances. She does not suffer from panic attacks, separation anxiety or obsessive compulsive disorder. Etta is a 10 year old girl who often acts like she is 35 because of her anxiety and worries which causes a significant rift in her ability to bond and make friends with children in her age group.

As Etta is biracial in a small town, she is having trouble feeling like she fits in because she has different hair, different skin tone and has a different favorite foods than the other children in her class. Her grandmother's death and her father's military service contribute to Etta's feelings of instability and give her, in her opinion, real examples of how "bad things can happen." Etta interacts with the other students in a protective manner—trying to save them from bad things happening, even though the consequence would be minor and, in comparison, she suffers from serious social consequences from her insistence on rule following and bossiness with her peers. While Etta is sad that she doesn't have friends and that her grandma died, she is not experiencing symptoms of depression at this time. She did experience witnessing her parents fights as traumatic, she does not have symptoms consistent with a post-traumatic stress disorder diagnosis.

If Etta does not receive outpatient psychotherapy at this time she runs the risk of needing medication management and possibly day treatment services in the future to help monitor her anxiety and help her build new skills with other children her own age. Etta would also benefit from family therapy time so that her parents can learn more about her struggles and come up with alternate modes of interaction with her to shield her from adult concerns while she is learning alternate coping skills.

<b>Diagnosis</b> <input type="radio"/> DSM-IV Codes (or successor) <input type="radio"/> ICD-9 CM Codes (or successor)			
Check Primary	Axis	Code	Narrative Description
<input checked="" type="checkbox"/>	AXIS I	300.02	Generalized Anxiety Disorder
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>	AXIS II	V71.09	None
<input type="checkbox"/>			
<input type="checkbox"/>			
	AXIS III	none	
	AXIS IV		Peer Problems
			Father in Afghanistan
			Parents divorce
	AXIS V	CURRENT GAF 55	HIGHEST GAF IN PAST YEAR (IF KNOWN)

**NOTE TO CLINICIAN: If there are any diagnoses deferred, or listed as rule-outs, there must be a plan for resolution/follow-up.**

**1. Problem areas identified by assessment**

- A. Constant feelings of anxiety and worry
- B. Trouble making friends and interacting with peers
- C. Sleep disturbance caused by anxious racing thoughts

**2. Target symptoms/behaviors to be addressed by treatment**

- A. Reduce frequency and intensity of daily anxiety response so that functioning is not impaired
- B. Decrease rumination, over-analyzing and misinterpretation to increase sleep
- C. Replace maladaptive social skills to increase social interactions with peers.

**3. Treatment strategies to be used to address target symptoms**

- A. Cognitive Behavioral Therapy (including exposure therapy, cognitive restructuring and desensitization)
- B. Psycho-education for Etta and her family about normal development and age appropriate anxieties
- C. Peer interaction skills training

**Specific services recommendations**

Addressed	Treatment Recommendation (Box 2 A, B, C)
<input type="checkbox"/> Medication Management	
<input type="checkbox"/> Case Management	
<input checked="" type="checkbox"/> Individual Psychotherapy	2 to 3 times a month
<input type="checkbox"/> Group Psychotherapy	
<input checked="" type="checkbox"/> Family Psychotherapy	1 to 2 times a month
<input checked="" type="checkbox"/> Individual Skills Training	4 times a month
<input type="checkbox"/> Group Skills Training	
<input type="checkbox"/> Family Skills Training	
<input type="checkbox"/> Day Treatment	
<input type="checkbox"/> Residential Treatment	
<input type="checkbox"/> Respite	
<input type="checkbox"/> Other	

**Further Evaluations Needed** (check all that apply)

None indicated       Psychiatric       Psychological       Neurological       Medical       Educational       Vocational  
 Visual       Auditory       Nutritional       Substance abuse       Other

**NOTE TO CLINICIAN: Checked box indicates a referral should and/will be made.**

PLEASE INDICATE PLANS TO COMPLETE FURTHER EVALUATION

Etta is past due for an annual medical exam.

**Client/Guardian/Family Participation in Assessment**

Ms. Jones agrees with the services but is worried about being able to attend psychotherapy with such regularity. Mr. Jones would like to participate by phone whenever possible and there is a plan in motion for a HIPAA compliant web-based video conferencing so that he can actively participate while he is stationed in Afghanistan.

**Client/Family/Guardian Expression of Service Preferences**

(Describe applicable age appropriate needs/ preferences for the identified child/ adolescent client and comment as relevant)

Clinician, client, and parent/ care taker/ guardian should have a meaningful dialogue to engage and allow the client and family to express their desired treatment preferences and priorities. Identify the indicated needs/ preferences of client/ family/guardian for the full range of behavioral health clinical and community-based rehabilitative services, and environmental support services available to them.



*Children's Mental Health*

# Child/Adolescent Diagnostic Assessment

## Signature Page

<b>Signatures</b>					
<b>Provider</b>		<b>Provider rendering diagnosis</b> (if different than above)		<b>Supervisor</b> (if applicable)	
SIGNATURE		SIGNATURE		SIGNATURE	
PRINTED NAME Jane Jackson		PRINTED NAME		PRINTED NAME Theresa Thomas	
CREDENTIALS MSW, LGSW	DATE 5/7/2011	CREDENTIALS	DATE	CREDENTIALS MSW, LICSW, LMFT	DATE 5/7/11

<b>Agency Information</b>			
AGENCY NAME Meanwell, Inc.		AGENCY PHONE NUMBER 218-554-5623	AGENCY FAX NUMBER
ADDRESS	CITY	STATE MN	ZIP CODE

<b>Client Information</b>	
CHILD NAME (FIRST, MI, LAST) Etta Loraine Jones	CLIENT NUMBER 335487