FITNESS REPORT & COUNSELING RECORD RCS BUPERS 1610-1 1. Name (Last, First MI Suffix) 3. Desia 4. SSN XXX-XX-XXXX N/A AT/ADSW/265 6. UIC ACT FTS INACT 7. Ship/Station 8. Promotion Status 9. Date Reported NROTCU SAN DIEGO REGULAR 68692 Occasion for Repo Period of Report Detachment Detachment of 14. From: 13. Special 10. Periodic 11. of Individual 12. Reporting Senior 16. Not Observed Type of Report 20. Physical Readiness 21. Billet Subcategory (if any) Report STUDENT 17. Regular 18. Concurrent 19. Ops Cdr 22. Reporting Senior (Last, FI MI) 23. Grade 24. Desig 25. Title 26. UIC 27. SSN 68692 JOHNSON, M S CAPT 1160 COMMANDING OFFICER XXX-XX-XXXX 28. Command employment and command achievements. Prepare midshipmen mentally, morally, and physically for commissioning in the U.S. Navy and Marine Corps at the Naval Reserve Officer Training Corps Unit San Diego Consortium. Provide administrative oversight of local graduate-level DUINs students. 29. Primary/Collateral/Watchstanding duties. (Enter primary duty abbreviation in box.) 30. Date Counseled 31. Counselor 32. Signature of Individual Counseled For Mid-term Counseling Use. (When completing FITREP enter 30 and 31 from counseling worksheet sign 32.) PERFORMANCE TRAITS: 1.0 - Below standards/not progressing or UNSAT in any one standard; 2.0 - Does not yet meet all 3.0 standards; 3.0 - Meets all 3.0 standards; 4.0 - Exceeds most 3.0 standards; 5.0 - Meets overall criteria and most of the specific standards for 5.0. Standards are not all inclusive. 4.0 Above PERFORMANCE 3.0 **TRAITS Below Standards** Meets Standards **Greatly Exceeds Standards** Standards gressing Lacks basic professional knowledge to perform Has thorough professional knowledge. Recognized expert, sought after to solve effectively. difficult problems. PROFESSIONAL Competently performs both routine and Cannot apply basic skills. Exceptionally skilled, develops and EXPERTISE: executes innovative ideas Professional Fails to develop professionally or Steadily improves skills, achieves timely Achieves early/highly advanced knowledge, proficiency, achieve timely qualifications. qualifications. qualifications and qualifications. NOB Measurably contributes to NROTC's increased Actions counter to Navy's retention/reenlistment 34. Positive leadership supports Navy's increased retention and reduced attrition objectives. COMMAND OR retention goals. Active in decreasing attrition. Uninvolved with mentoring or professional Actions adequately encourage/support Proactive leader/exemplary mentor. Involved in ORGANIZATIONAL development of subordinates subordinates' personal development leading to subordinates' personal/professional growth. CLIMATE/EQUAL professional growth/sustained commitment. Actions counter to good order and discipline and negatively affect Command/Organizational OPPORTUNITY: Demonstrates appreciation for contributions of Initiates support programs for military, civilian. Contributing to growth ar Navy personnel. Positive influence on Command and families to achieve exceptional Command and climate. development, human Organizational climate. Demonstrates exclusionary behavior. Fails to worth, community Values differences as strengths. Fosters atmosphere The model of achievement. Develops unit cohesion value differences from cultural diversity of acceptance/inclusion per EO/EEO policy. NOB by valuing differences as strengths. 35. Consistently unsatisfactory appearance. Excellent personal appearance. Exemplary personal appearance. Unsatisfactory demeanor or conduct. Excellent demeanor or conduct. Exemplary representative of Navy. MILITARY BEARING/ Unable to meet one or more physical Complies with physical readiness A leader in physical readiness. CHARACTER: readiness standards. **Exemplifies Navy Core Values:** Appearance, conduct, Fails to live up to one or more Navy Always lives up to Navy Core Values: HONOR, COURAGE, COMMITMENT. physical fitness, adherence HONOR, COURAGE, COMMITMENT, Core Values: HONOR, COURAGE, to Navy Core Values. COMMITMENT. NOB Creates conflict, unwilling to work Reinforces others' efforts, meets personal Team builder, inspires cooperation and 36. with others, puts self above team. commitments to team. progress Fails to understand team goals or Understands team goals, employs good Talented mentor, focuses goals and Contributions towards tear teamwork techniques. teamwork techniques. techniques for team. building and team results. The best at accepting and offering team Does not take direction well Accepts and offers team direction NOB 37. Lacks initiative Takes initiative to meet goals. Develops innovative ways to accomplish MISSION mission. Unable to plan or prioritize. Plans/prioritizes effectively. Plans/prioritizes with exceptional skill ACCOMPLISHMENT and foresight. AND INITIATIVE: Does not maintain readiness. Maintains high state of readiness. Maintains superior readiness, even with Taking initiative,

Always gets the job done.

limited resources.

Gets jobs done earlier and far better than

planning/prioritizing,

achieving mission.

NOB

Fails to get the job done.

FITNESS REPORT & COUNSELING RECORD (W2 - O6) (cont'd) RCS BUPERS 1610-1 2. Grade/Rate 1. Name (Last, First MI Suffix) 3. Desia 4. SSN XXX-XX-XXXX 1.0 2.0 3.0 4.0 PERFORMANCE 5.0 **Below Standards** Pro-Meets Standards Above **TRAITS Greatly Exceeds Standards** gressing Standards 38. Neglects growth/development or welfare of Effectively stimulates growth/development in Inspiring motivator and trainer, subordinates subordinates. subordinates reach highest level of growth LEADERSHIP: Fails to organize, creates problems Organizes successfully, implementing process and development. Organizing, motivating ar for subordinates. improvements and efficiencies. Superb organizer, great foresight, developing others to Does not set or achieve goals relevant Sets/achieves useful, realistic goals that develops process improvements and accomplish goals. support command mission. to command mission and vision. efficiencies. Leadership achievements dramatically Lacks ability to cope with or tolerate Performs well in stressful situations stress. Clear, timely communicator. further command mission and vision. Inadequate communicator. Ensures safety of personnel and Perseveres through the toughest Tolerates hazards or unsafe practices. equipment. challenges and inspires others. Exceptional communicator. Makes subordinates safety-conscious, maintains top safety record. Constantly improves the personal and professional lives of others. NOB Has difficulty attaining qualifications Attains qualifications as required Fully qualified at appropriate level 39. expected for rank and experience. and expected. for rank and experience. **TACTICAL** - Has difficulty in ship(s), aircraft Capably employs ship(s), aircraft, or Innovatively employs ship(s), PERFORMANCE: or weapons systems employment. weapons systems. Equal to others in aircraft, or weapons systems. Well (Warfare qualified officers Below others in knowledge and warfare knowledge and employment. above others in warfare knowledge employment. only) Warfare skills in specialty are Warfare skills in specialty equal to and employment. Basic and tactical below standards compared to Warfare skills in specialty exceed employment of weapons others of same rank and experience. others of same rank and others of same rank and systems. experience. experience. NOB 40. I recommend screening this individual for the following midshipman billets: (maximum of two): Recommendations may be for billets such as: BATCOM, BATXO, BATOPS, TRAINO, ADMIN, COMPANY COMMANDER, SQUAD LEADER ECT. 41. COMMENTS ON PERFORMANCE. * All 1.0 marks , three 2.0 marks, and 2.0 marks in Block 34 must be specifically substantiated in comments. Comments must be verifiable. Font must be 10 or 12 pitch (10 to 12 point) only. Use upper and lower case. Promotion 44. Reporting Senior Address Significant Must Early Progressing Promotable NOB Recommendation **Problems** Promote Promote NROTCU SAN DIEGO 42. INDIVIDUAL 5998 ALCALA PARK 43. SUMMARY SAN DIEGO, CA 92110 46. Signature of individual evaluated. "I have seen this report, been apprised of my 45. Signature of Reporting Senior performance, and understand my right to make a Date: I intend to submit a statement do not intend to submit a statement Member Trait Average: **Summary Group Average:** 47. NROTC Unit Commanding Officer Review

Date: