

inspiring medicine changing lives



pg. 4 **Transplant**

Benjamin Shaw and Joyce McAfee received lifesaving transplants at Advocate Christ Medical Center.

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04 | Powerful Medicine:

The heart and kidney transplant program: High quality, close to home.



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Neurosciences Institute surgeon performs emergency brain surgery.

09 | Hope for Kids:

Comprehensive heart surgery services for the youngest patients.

powerful voices

To Whom It May Concern:

Yesterday (Feb. 9), my Dad (86) had to come to Christ Medical Center for an emergency blood transfusion. It was all quite nerve-racking as you might imagine, but I just had to tell you about the good experience with staff there. Both my Mom and Dad have difficulty walking, and we weren't sure where we were supposed to go. Before we even got into the main lobby, a woman (Carolyn) came up to us and asked if we needed help. She immediately grabbed a colleague and got two wheelchairs for my parents. She then got on the phone to figure out exactly where we needed to go and got us there.

Once we were at the Infusion Center, Mary Anne was his nurse who was beyond extraordinary! My Dad has mild dementia and gets very, very anxious. She was smiling, calming and so pleasant the entire six and a half hours we were there. She even got him to laugh.

I don't know if you guys keep track of these things, but I wanted to make sure it got passed along.

Thanks!!!

Deidra White
Planning Manager for CBS 2 Chicago

compassion

We embrace the whole person and respond to emotional, ethical and spiritual concerns, as well as physical needs in our commitment to unselfishly care for others.

CLINICAL TRIALS

CARDIOVASCULAR

A randomized, double-blind, parallel-group, placebo-controlled phase III study to evaluate the efficacy and safety of desmoteplase in patients with acute ischemic stroke.

A prospective, multicenter, single blind, randomized, controlled trial comparing the Moxy™ paclitaxel-coated PTA catheter vs. standard balloon angioplasty for treatment of femoropopliteal arteries.

ONCOLOGY

Ipilimumab or high-dose interferon alfa-2b in treating patients with high-risk stage III or stage IV melanoma that has been removed by surgery.

Rosuvastatin in treating patients with stage I or stage II colon cancer that was removed by surgery.

CALL FOR TRIALS If you would like more information about clinical trials, please call **708.684.4600**.

Did you know? By the year 2050, as many as 15 million people might be affected by atrial fibrillation.

THE PERFECT BEAT

Nonsurgical robotic system safely corrects irregular heartbeat

Your heart may be marching to a different beat, and you may not know it. A consistently irregular heart rhythm—called an arrhythmia—can be a silent but life-threatening condition. Arrhythmias occur when the heart beats too quickly, too slowly or irregularly. When the heart can't pump blood effectively, there's an increased risk for stroke, heart attack and death.

More than 5 million Americans reportedly suffer from some form of arrhythmia, with atrial fibrillation (AFib)—an irregular, quivering heartbeat—the most common heart rhythm disorder. In some cases, AFib causes noticeable symptoms, including heart palpitations, fatigue or dizziness. For others, there are no apparent symptoms.

NEW TECHNOLOGY INTRODUCES A BETTER OUTCOME

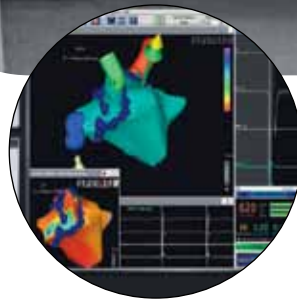
Fortunately for Southland residents with this dangerous condition, Advocate Christ Medical Center now offers a highly advanced, minimally invasive, robotic system called the Stereotaxis EPOCH™ Platform, which allows physicians to precisely, efficiently and safely guide instruments into a patient's heart—even in the most difficult-to-reach areas—to treat common and complex cardiac arrhythmias. Christ Medical Center is the first medical center in the Midwest to use this computer-controlled robotic navigation system and is one of the leading centers in the United States for this type of robotic ablation.

William H. Spear, MD, FACC, director of the atrial fibrillation ablation program and clinical electrophysiologist, has seen remarkable results. "We've completed several hundred cases involving complex arrhythmias, and our success rate is better than 80 percent. So, what sets our center apart is that we not only have the latest technology, but also the experience to use it and use it well."

A SAFER PROCEDURE REDUCES RISKS

The Stereotaxis EPOCH™ Platform is a minimally invasive, remote magnetic navigation system that allows an interventional cardiologist to precisely guide a catheter through a vein or artery to the damaged cells in the heart causing the fibrillation, then apply high-frequency radio waves that burn off the cells. The abnormal rhythm is corrected without harming the rest of the heart muscle.

For the patient, this means no open incisions, resulting in a quicker procedure, less time under anesthesia, a faster recovery, less exposure to X-ray radiation and less risk of complications. "Because we reach our goal faster, there is far less stress on the patient's body," Dr. Spear says. "That not only makes this a safer procedure, but patients often return home the next day—and within a few days, they're back to their normal activities."

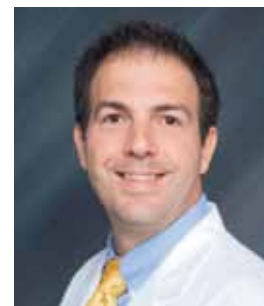


A magnetically tipped micro-catheter (inset, above) is threaded through a vein to the heart guided by the large magnets arranged near the patient.




RHYTHM RESTORED

To learn more about the electrophysiology lab and the Stereotaxis EPOCH™ Platform, call **1.800.3.ADVOCATE (1.800.323.8622)** or visit advocatehealth.com/christ/stereotaxis.



William H. Spear, MD,
FACC
Cardiac
Electrophysiologist

William H. Spear, MD, FACC, director of the atrial fibrillation ablation program, is a clinical electrophysiologist specializing in the treatment of complex arrhythmias affecting the heart.

A man with short dark hair, wearing a dark blue and red plaid button-down shirt, is leaning on a silver metal railing. He is looking off to the side with a slight smile. The background is a bright, modern hospital hallway with large windows and glass doors.

transplant services

World-class care
close to home

These days, advanced lifesaving organ transplants are available at hospitals closer to home, including Advocate Christ Medical Center. In fact, Christ Medical Center is one of the top heart transplant centers in Chicagoland. Its heart and kidney transplant programs provide patients with not only experienced clinicians, but with the convenience of not having to travel downtown to receive treatment.

Here are the stories of two patients who are still living active lives, thanks to the experienced transplant teams at Advocate Christ Medical Center.

THE HEART OF THE MATTER

Three years ago, Benjamin Shaw, a 28-year old Navy veteran, was visiting his terminally ill grandfather in rural northern Indiana when he suffered a heart attack. "I was transferred several hours away to Indianapolis," he recalls. "By that time, my heart was so damaged, they implanted a ventricular assist device (VAD) to save me," he says. "From there, my surgeon referred me to Advocate Christ Medical Center for a heart transplant because he said their doctors were the very best."

VAD technology was initially used only as a bridge for transplant patients, but starting in 2003, the therapy started being used for

Did you know? According to the National Institutes of Health, heart transplant is the third most common transplant procedure done in the U.S.

nt



Benjamin Shaw (right) speaks with his surgeon, Michael Bresticker, MD, surgical director of the heart transplant program (center), and Geetha Bhat, PhD, MD, director of the Heart Transplant and Assist Devices Center.

heart failure patients who were not transplant candidates. Christ Medical Center is a national leader in implanting VADs for destination therapy, a term used when a patient's heart requires mechanical assistance to keep it pumping. The Medical Center was also the first in the nation to be accredited by The Joint Commission for advanced heart failure treatment.

LEADER IN THE FIELD

"We have a long history of participating in FDA clinical trials for the VAD," says Michele Martin, transplant administrator. "Christ Medical Center's cardiac surgical team was the first in the United States to implant the HeartMate II® and HeartWare® left ventricular assist devices for destination therapy. We remain a top center for enrolling candidates for left ventricular assist device trials."

Building on its long-held reputation as a leader in cardiac care, Christ Medical Center began a heart transplant program in 2007. Since then, the heart transplant team has performed 34 heart transplants, 16 in 2011 alone.

"Our terrific multidisciplinary team is seeing great patient outcomes," says Geetha Bhat, PhD, MD, director of the Heart Transplant and Assist Devices Center. "Good transplant programs perform at least 10 transplants a year and have better than an 85 percent survival rate, and we have exceeded those goals. We are enthusiastic about the future of our program and our patients."

SIGNS OF HEART FAILURE

Heart failure occurs when the heart cannot pump enough blood to the body's organs. Even though this type of "failure" does not mean the heart will stop pumping altogether, it is a very serious condition.

SEASONAL HEALTHY HEARTS GROUP

"Making sure you are on the right medications for your heart and blood pressure"

DATE: May 10

TIME: 2–3 p.m.

LOCATION: Advocate Christ Medical Center Conference Center, Room 0637

REGISTRATION: For more information, call Sue Dedic at **708.684.3899**.



BEN'S DOCS

Geetha Bhat, PhD, MD, director of the Heart Transplant and Assist Devices Center

Michael Bresticker, MD, surgical director of the heart transplant program

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SIGNS OF KIDNEY FAILURE

Joyce McAfee is feeling so much better now that she has a new kidney.



Kidney failure occurs when one or both kidneys are no longer able to perform their function of cleaning the blood of waste products. Listed below are the symptoms of kidney failure. If you have any of these symptoms, schedule an appointment with your doctor for an evaluation.

SYMPTOMS OF KIDNEY FAILURE

- Decreased urine output, although occasionally urine output remains normal
- Fluid retention, causing swelling in your legs, ankles or feet
- Drowsiness
- Shortness of breath
- Fatigue
- Confusion
- Nausea
- Chest pain or pressure
- Seizures or coma in severe cases



INSPIRING MEDICINE To learn more about our transplant programs, call **1.800.3.ADVOCATE (1.800.323.8622)** or visit advocatehealth.com/christ for more information.

LIVING DONOR

Joyce McAfee, 71, was always in good health, even in retirement, but in 2009, she started feeling poorly. Her kidney disease wasn't diagnosed for several months despite seeing several doctors. "By the time I was diagnosed, I was in the last stage of kidney failure," says McAfee. "Thankfully, my niece offered me one of her kidneys. So in September 2011, I had the transplant at Advocate Christ Medical Center."

Although the kidney transplant program started in 2009, the team members have many years of experience and use the latest techniques. "As one example, we offer microinvasive surgery for our living donors. This technique requires only a very small incision," says Deepak Mital, MD, kidney transplant surgeon. "Last year, all of our living donors went home the next morning. Joyce McAfee's niece went home the next morning, and five days later she insisted on returning to work as a carpentry instructor."

Another major advantage of Advocate Christ Medical Center's program is the

convenient location. "The traffic into downtown Chicago is difficult," says nephrologist Darshika Chhabra, MD. "Transplant patients in particular are dealing with surgery, new medications and other concerns. We are so glad to offer this service to our wider community."

Recently, the kidney transplant program at Christ Medical Center received certification from the Centers for Medicare and Medicaid Services (CMS) certifying it as a Medicare-approved program for adult kidney transplants.

LIFE GOING FORWARD

"I feel good now—probably 90 percent of what I felt like before I was diagnosed," says

McAfee, who is back to exercising and volunteering. "The entire team is just wonderful, especially Dr. Mital and Dr. Chhabra. I have never felt so well taken care of."

Post-transplant, Shaw is back in school full-time at Northern Illinois University and is engaged to be married. "Right now, I just enjoy life every minute," he says. "My whole experience with Christ Medical Center has been absolutely fantastic. I couldn't have asked for a better outcome."

JOYCE'S DOCS

Deepak Mital, MD, surgical director, kidney transplant program

Darshika Chhabra, MD, transplant nephrologist



Did you know? The Centers for Disease Control estimates that 1.7 million people are affected by traumatic brain injury annually.

MEN AT WORK

Emergency surgery saves victim of power tool mishap

Neurosurgeon Leslie Schaffer, MD, of Advocate Christ Medical Center's Neurosciences Institute, has received worldwide attention, thanks to his precision and skill in saving Orland Park resident Dante Autullo, 34, who fell victim to an amazing set of circumstances.

What captured the attention of news outlets around the world was the three-and-a-half-hour procedure that Dr. Schaffer performed to remove a 3¼-inch nail from Autullo's brain.

In January, Autullo had been in his workshop working with a nail gun when it recoiled. At the time, Autullo thought the nail had just grazed his skin, so he asked his fiancée, Gail Glaenzer, to clean and bandage the cut. He resumed work on his project and later went to work, salting and plowing roads in the area.



It wasn't until about 36 hours later, when Autullo told Glaenzer that he felt nauseous after waking from a nap, that he went to seek treatment at an immediate care center.

X-rays and CT scans confirmed that a nail had, in fact, been shot into Autullo's brain.

Dr. Schaffer was called in to evaluate the scans. "The most concerning risk is the possibility of infection," he said. "Also, that the nail might move within the brain and cause damage to the structures inside."

Dr. Schaffer performed the surgery to remove the nail and assess any affected brain



Seated in a wheelchair between his surgeon, Leslie Schaffer, MD, and his fiancée, Gail Glaenzer, Dante Autullo was all smiles for the camera crews that came to document his extraordinary story.

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structures. The neurosurgeon reported that the nail was only millimeters from the part of the brain that controls motor function and was stunned that Autullo had been able to walk and talk without any apparent difficulty before coming to the hospital. As Dr. Schaffer commented, “It could have been fatal; fortunately, it wasn’t.”

After a brief period of observation, Autullo was released and sent home where he has been recovering nicely and with no apparent ill effects from his ordeal.



BETTER BRAINS To learn more about the Neurosciences Institute at Advocate Christ Medical Center, please call **1.800.3.ADVOCATE (1.800.323.8622)**.



DANTE’S DOC

Leslie Schaffer, MD
Neurosurgeon

Dr. Schaffer is an experienced neurosurgeon and has been practicing at Advocate Christ Medical Center for more than 15 years.



The Heart Institute for Children provides the highest level of care for young patients

At Advocate Hope Children’s Hospital, you can feel confident that your child will receive the highest level of care, delivered with compassion and understanding.

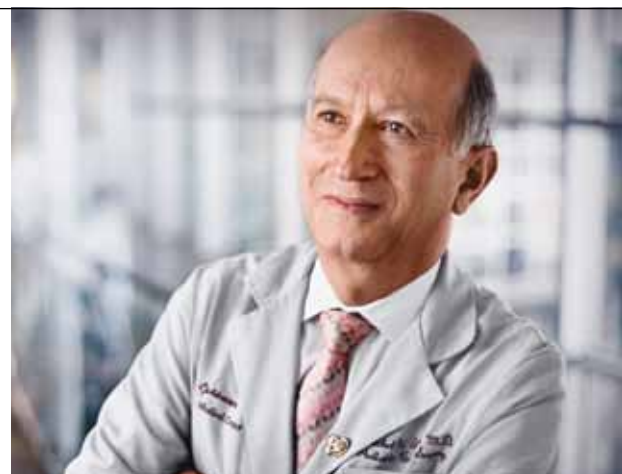
Serving families for more than 15 years, Advocate Hope Children’s Hospital offers the largest pediatric cardiac program in the Midwest and treats young patients from all over the world.

Ranked among the nation’s top 50 Children’s Hospitals in cardiology and heart surgery by *U.S. News & World Report*, the hospital is home to The Heart Institute for Children where the expertise of highly trained specialists is paired with world-class technology to achieve the best possible outcome for each young patient receiving care.

“What sets our program apart is the focus on excellence for patients, a team who cares wholeheartedly and deeply about children and comprehensive services for any child with heart disease from the minute a patient is diagnosed through surgery and after surgery,” says Michel Ilbawi, MD, a pediatric cardiothoracic surgeon at Advocate Hope Children’s Hospital. He and colleague Alex Javois, MD, were named Top Doctors in the January 2012 issues of *Chicago Magazine* and *U.S. News & World Report*.

fixing tiny hearts

A heart patient gets some playtime during his physical therapy.



TOP: Michel Ilbawi, MD, pediatric cardiothoracic surgeon
BOTTOM: Alex Javois, MD, interventional pediatric cardiologist



UNDER ONE ROOF

The Heart Institute for Children at Advocate Hope Children's Hospital offers a multidisciplinary approach so patients and their families have access to all the services they need at one location. The institute provides a full array of surgical and nonsurgical services to treat the most complex congenital heart defects, including holes in the heart, obstructed blood flow, abnormal blood vessels and heart valve abnormalities.

"Our goal is to be able to handle any birth defect of the heart and any problems that might be encountered as these children with birth defects of the heart grow older," says Dr. Javois, an interventional pediatric cardiologist at Hope Children's Hospital. "We want to be able to provide services for each child, from the fetus all the way up to adulthood."

Renowned for its achievements in research and development, the center provides access to leading-edge diagnostic and treatment therapies through FDA-sponsored clinical trials. It is consistently recognized for pioneering new devices and techniques to treat the most complex pediatric heart conditions. "Many aspects of our clinical research are spearheading the newer, innovative procedures," says Dr. Ilbawi.

FAMILY-CENTERED CARE

In partnership with The Heart Institute for Children, Advocate Hope Children's Hospital provides an upbeat, child-friendly atmosphere to help patients and their families feel relaxed and comfortable. A dedicated nursing staff supports families throughout the entire continuum of care, from diagnosis and treatment to rehabilitation and at-home care.

"The nurse liaisons work with each family to help them navigate the healing process and educate parents every step of the way," says Joan Musso, RN, manager of clinical operations for the pediatric surgical heart unit at Advocate Hope Children's Hospital.

To help families stay nearby while their child is receiving medical care, the Ronald McDonald House®, located across the street from Hope Children's Hospital, functions as a second home for families experiencing the stresses of treatment alongside their sick children.



WE HEART HOPE To find out more about how we help hearts, visit our website at advocatehealth.com/hope, or call **1.800.3.ADVOCATE (1.800.323.8622)**.

QUALITY CHOICES In order to give you the best in health care, these physicians have recently joined our team.

COMMUNITY

| | | | | | |
|---|---|---|---|--|--|
|  | Mansour Al Shobaki, MD Family Medicine |  | Yaw Donkoh, MD Anesthesiology |  | Karishma Rai, MD Obstetrics/Gynecology |
|  | Igor Altman, DO Family Medicine |  | Dorian Finder, MD Family Medicine |  | Emeline Ramos, MD Pediatrics |
|  | Kristopher Bedi, DO Obstetrics/Gynecology |  | John Galasso, MD Ophthalmology |  | Kevin Richardson, MD Cardiovascular Surgery |
|  | Azmina Bhajji, MD Internal Medicine |  | Ira Horowitz, MD Pediatric Critical Care |  | Allison Kay Rodgers, MD Obstetrics/Gynecology |
|  | Katherine Brown, DO Vascular Surgery |  | Bela Nand, MD Internal Medicine |  | Jolyne Scholl, MD Family Medicine |
|  | Amar Chadaga, MD Internal Medicine |  | Cynthia Ohata, MD Family Medicine |  | Shivan Tekwani, MD Ophthalmology |
|  | Konstantin Denev, MD Pediatric Critical Care | | | | |

BREAST CANCER SUPPORT GROUP **FREE!**

DATES: 3rd Wednesday of every month
TIME: 7-8:30 p.m.
LOCATION: ✖
REGISTRATION: For more information, call Patrice Stephens at 708.684.5849.

PROSTATE CANCER SUPPORT GROUP **FREE!**

DATES: 3rd Tuesday of every month
TIME: 7-9 p.m.
LOCATION: ▲ 0637
REGISTRATION: 1C15

STROKE SUPPORT GROUP **FREE!**

DATES: 3rd Wednesday of every month
TIME: 6-7:30 p.m.
LOCATION: ▲ Keyser Room
REGISTRATION: 1X08

SURVIVING & THRIVING SURVIVORSHIP GROUP **FREE!**

DATES: 4th Thursday of every month
TIME: 6-8 p.m.
LOCATION: ▲ 0636
REGISTRATION: 1C51

SENIOR BREAKFAST CLUB **FREE!**

DATES: 3rd Friday, bi-monthly; May 18, July 20
TIME: 9:30-10:30 a.m.
LOCATION: Oak View Community Center, 4625 W. 110th St., Oak Lawn
REGISTRATION: 1S07

Advocate Christ Center for Breast Care
 4545 W. 103rd Street
 Oak Lawn

Advocate Christ Outpatient Center
 Physical Rehabilitation/Center for Hearing/Sleep Disorder Center
 12350 S. Harlem Avenue
 Palos Heights

Advocate Christ Outpatient Center
 1206 E. 9th Street
 Lockport

Advocate Christ Outpatient Center
 18210 S. LaGrange Road
 Tinley Park

New Spaces



Last fall, ground was broken for a new, ultra-modern Outpatient Pavilion to be located on the main campus of Advocate Christ Medical Center and Hope Children's Hospital.

Scheduled to open at the end of 2013, the 308,334-square-foot, \$202 million building will be connected to the main hospital and contain multidisciplinary outpatient clinics, 14 operating suites for outpatient procedures, endoscopy labs, two floors of advanced imaging technology and space for three of the campus' institutes—cancer, heart and vascular, and neurosciences—as well as for the Women's Center.

The project will also include construction of a six-level, 640-space parking structure, to be located directly across Kilbourn Avenue from the pavilion and connected to it by a pedestrian bridge.

"The pavilion will enable us to serve the community better by centralizing our outpatient services in a single location that offers modern, high-tech space and equipment for surgical procedures, patient clinic visits and physician and staff work areas," said Dominica Tallarico, chief operating officer for Advocate Christ Medical Center and Hope Children's Hospital. Please visit our other outpatient centers in these convenient locations:

TO REGISTER, CALL 1.800.3.ADVOCATE
(1.800.323.8622) unless otherwise indicated.

Advocate Christ Medical Center, 4440 West 95th St., Oak Lawn ■
Advocate Christ Medical Center Conference Center, 4440 West 95th St., Oak Lawn ▲
Advocate Christ Outpatient Center, 12350 S. Harlem Ave., Palos Heights ●
Advocate Christ Center for Breast Care, 4545 West 103rd St., Oak Lawn ✕

HEART RISK ASSESSMENTS

FEE: \$30
DATES: Every Tuesday
TIME: 7-7:30 a.m., by appointment
LOCATION: High Tech Medical Park, 11800 Southwest Highway, Palos Heights

SALUTE 2012...MISSION POSSIBLE

FEE: \$350/ticket; \$3000/table
DATE: May 5
TIME: Cocktail reception: 6 p.m.; Dinner program: 7 p.m.
LOCATION: The United Club at Soldier Field, 1410 S. Museum Campus Drive, Chicago
REGISTRATION: For more information, please contact Margo Cusic at 708.684.3764.

CYCLING FOR HOPE—ADAPTED CYCLING EVENT

DATE: May 12
TIME: 10 a.m.–1 p.m.
LOCATION: Advocate Hope Children's Hospital
REGISTRATION: 1P36

CPR CLASS FOR HEALTH CARE PROVIDERS

FEE: \$65
DATES: May 14, June 11, July 16
TIME: 6-10 p.m.
LOCATION: Advocate Christ Medical Center EMS Academy, Rm. 126, 5520 W. 105th St., Oak Lawn
REGISTRATION: 1C03

PEDIATRIC ASTHMA CLASS FOR PARENTS

DATE: May 15
TIME: 7-9 p.m.
LOCATION: ■ Keyser Room
REGISTRATION: 1C23

UTERINE FIBROIDS: A CONVENIENT TREATMENT FOR AN INCONVENIENT PROBLEM

DATE: May 17
LOCATION: ▲ 0636 A&B
DATE: May 23
LOCATION: Orland Township Health Dept., 14807 S. Ravinia Ave., Orland Park
TIME: 6:30-8 p.m.
REGISTRATION: 1G61

JOINT REPLACEMENT: IS IT TIME?

DATES: May 21, June 27
TIME: 6:30 p.m.
LOCATION: ●
REGISTRATION: 1G48

CERVICAL DISC REPLACEMENT

DATE: May 22
TIME: 6 p.m.
LOCATION: ●
REGISTRATION: 1C54

SO YOU HAVE BACK PAIN. NOW WHAT?

DATE: May 30
TIME: 6 p.m.
LOCATION: ●
REGISTRATION: 1G52

5TH ANNUAL RUNNING FOR HOPE

FEE: \$25/runners; \$20/walkers
DATE: June 3
TIME: 8 a.m. start; Kids' Dash at 9:15 a.m.
LOCATION: Keeler Park, 9400 S. Keeler, Oak Lawn
REGISTRATION: More information available at runningforhope.net.

HEARTS FOR HOPE GOLF CLASSIC

DATE: June 6
LOCATION: Silver Lake Country Club, 14700 S. 82nd Ave., Orland Park
REGISTRATION: For more information, call Sarah Cutrara at 708.684.5231.

AMERICAN HEART ASSOCIATION FAMILY & FRIENDS CPR CLASS

DATE: June 7
TIME: 5:30-8:30 p.m.
LOCATION: ▲ 0613
REGISTRATION: 708.684.3043 (Note: This course does not meet the requirements for health care providers.)

LOOK GOOD...FEEL BETTER SUPPORT GROUP

DATES: June 20, Aug. 15
TIME: 4-6 p.m.
LOCATION: ✕
REGISTRATION: 1C17



HIP PAIN: EVALUATING YOUR TREATMENT OPTIONS

DATE: June 21
TIME: 6:30 p.m.
LOCATION: Acorn Public Library District, 15624 Central Ave., Oak Forest
REGISTRATION: 1G13

NATIONAL CANCER SURVIVORS' DAY CELEBRATION

DATE: June 3
TIME: 11 a.m.–2 p.m.
LOCATION: Lexington House, 7717 W. 95th Street, Hickory Hills, IL 60457
REGISTRATION: 1C09

SMOKING CESSATION PROGRAM

FEE: \$60; if all sessions are attended, \$30 will be refunded upon completion of the program.
DATES: July 10–Aug. 21
TIME: 6 p.m.
LOCATION: ▲
REGISTRATION: 708.684.4229

1-DAY CHILDBIRTH EDUCATION

FEE: \$95 per couple
DATES: May 12 & 20, June 9 & 24, July 14 & 29
TIME: 9 a.m.–5 p.m.
LOCATION: ▲ 0629 A&B
REGISTRATION: 1B11

BREASTFEEDING BASICS

FEE: \$25 per couple
DATES: May 1 & 22, June 5 & 19, July 17
TIME: 6:30-9 p.m.
LOCATION: ▲ 0629 A&B
REGISTRATION: 1B01

DELIVERY OPTIONS*

FEE: \$20 per couple
DATES: May 17, June 21, July 19
TIME: 6:45-9 p.m.
LOCATION: ▲ 0629 A&B
REGISTRATION: 1B04

CARING KIDS SIBLINGS CLASS

FEE: \$15 per child; \$20 per family (two parents and one child)
DATE: June 13
TIME: 6:30-7:30 p.m.
LOCATION: ▲ 0629 A&B
REGISTRATION: 1P06



TENDER BABY CARE*

FEE: \$20 per couple
DATES: May 24, June 28, July 26
TIME: 6:45-9 p.m.
LOCATION: ▲ 0629 A&B
REGISTRATION: 1B07

WOMEN & INFANT CENTER TOUR

(adults age 18 and older)
DATES: May 7 & 21, June 4 & 18, July 2 & 16
TIME: 6:30-7:30 p.m. or 7:30-8:30 p.m.
LOCATION: ■ Front lobby
REGISTRATION: 1B12

CHILDBIRTH REFRESHER

FEE: \$40 per couple
DATES: Class meets once a week for two weeks. May 3 & 10, June 7 & 14, July 5 & 12
TIME: 6:45-9 p.m.
LOCATION: ▲ 0629 A&B
REGISTRATION: 1B06

CHILDBIRTH EDUCATION

FEE: \$80 per couple
DATES: Class meets once a week for four weeks starting on May 3, June 7, or July 5
TIME: 6:45-9 p.m.
LOCATION: ▲ 0629 A&B
REGISTRATION: 1B02

GRANDPARENTS CLASS

FEE: \$25 per couple
DATES: June 27
TIME: 6-9 p.m.
LOCATION: ■ 2 North
REGISTRATION: 1B14

MARVELOUS MULTIPLES

FEE: \$25 per couple
DATES: May 30, July 25
TIME: 6-9 p.m.
LOCATION: ■ 2 North
REGISTRATION: 1B05

* These topics are included in the Childbirth Education Class. Do not register for these classes if you are registered for Childbirth Education Class.

Advocate Christ Medical Center
4440 West 95th Street
Oak Lawn, IL 60453-2600

NON-PROFIT
US POSTAGE
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ADVOCATE CHRIST
MEDICAL CENTER

This publication is produced by the public affairs & marketing department at Advocate Christ Medical Center and Hope Children's Hospital. If you have any questions, please call us at **708.684.5060**. To view this publication online, or to be added to our mailing list, please visit advocatehealth.com/christ/pmcc.

ACH-017

The state's most accomplished
HEART PROGRAM,
from everyday cases
TO THE EXTRAORDINARY.

The cardiac experts at Advocate Christ Medical Center's Heart and Vascular Institute offer everything from simple diagnostics and early detection of heart disease to transplants. We also perform more open heart surgeries than anyone else in Illinois. The result is the state's most comprehensive heart program, with expertise you won't find elsewhere and a determination to work with our patients to eliminate heart disease from their lives. **Our hearts beat as one.**

Know your risk factors. To find an Advocate physician, call 1.855.ONE.HEART (1.855.663.4327) or visit InspiringMedicine.com/heart

 **Advocate Christ Medical Center**
Inspiring medicine. Changing lives.

