BDSM CHECKLIST

Please note that this checklist is not intended to replace Negotiations; rather enhance it by allowing both parties to give/gain some basic information prior to further discussion.

General Information

☐ I am a Dominant, Master or a Top	☐ I am a submissive, slave or bottom

My Experience level is:

☐ Beginner	☐ A little bit	☐ Average	☐ A lot	☐ Extensive

My Sexual orientation is:

☐ Straight	☐ Gay/Lesbian	☐ Bi-sexual	☐ Bi-Curious

I prefer a relationship to be:

☐ Monogamous	☐ Polyamorous	☐ Does not matter

In scene I prefer to wear the following: (check all that apply)

☐ Denim	☐ Gothic	☐ Lace	☐ Latex/Rubber	☐ Leather

Other (Explain):	Attached details on a separate sheet please

I have Medical Conditions or Physical Limitations my partner should know about

☐ Yes ☐ No	If <u>Yes</u> is ticked Attached details on a separate sheet please

ACTIVITY LIST

<table>
<tr><td colspan="2">Click only one box per activity/column as multiple boxes can be checked causing the results to be confusing to the O/one who receives them. If Y/you accidentally click more then one simply click again on the one Y/you don't want marked.</td><td colspan="2">In the interest column :

"Limit" denotes a hard limit (lowest).
"Maybe"- you would only do it for the Dom/me/Top.
"Curious"- you would like to explore it further.
"OK" - an interest or like of the activity.
"Do it" - you definitely want that activity (highest)</td></tr>
</table>

Activity	Have you participated	Interest in Participating				
Abrasion	☐Yes ☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Anal Sex	☐Yes ☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Arm and Leg Sleeves	☐Yes ☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Beating (Soft)	☐Yes ☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Beating (Hard)	☐Yes ☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Blindfolds	☐Yes ☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Biting	☐Yes ☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Brest Bondage	☐Yes ☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Branding	☐Yes ☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Bondage (Soft)	☐Yes ☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Bondage (Hard)	☐Yes ☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Breath Play (Soft)	☐Yes ☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Breath (Hard)	☐Yes ☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Brown Showers	☐Yes ☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Caning	☐Yes ☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Catheterization	☐Yes ☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Chauffeuring	☐Yes ☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It

Choking	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Chosen Food	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Chosen Clothing	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Clothes Pegs	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Cock Worship	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Collars	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Corsets	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Cuffs	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Cutting	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Dilation	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Electric Play	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Enemas	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Examination (Physical)	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Exhibitionism	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Face Slapping	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Fantasy Rape	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Fire Play	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Fisting	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Flogging	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Following Orders	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Foot Worship	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Forced Dressing	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Forced Masturbation	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Forced Nudity	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Forced Servitude	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Full Head Hood	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Gags	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Given away	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Golden Showers	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It

Hair Brushes, Spanked	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Hair Pulling	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Hand Jobs(Getting)	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Hand Jobs (Giving)	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Head (Getting)	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Head (Giving)	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Heel Worship	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Homage with Tongue	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Hot Waxing	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Human Puppy Dog	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Humiliation (Private)	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Humiliation (Public)	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Humiliation (Verbal)	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Ice Play	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Infantilism	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Injections	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Interrogations	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Kidnapping	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Knife/Edge Play	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Kneeling	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Latex/Rubber Fetish	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Leather Fetish	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Licking	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Massage (Getting)	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Massage (Giving)	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Medical Scenes	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Mummification	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Mouth Bits	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Nipple Clamps	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It

Nipple Weights	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Oral Fixation	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Over the Knee Spanking	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Orgasm Control/Denial	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Penetration (Double)	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Penetration (Triple)	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Piercing (permanent)	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Piercing(Play/temp)	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Phone sex	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Pony Play	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Pussy Worship	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Pussy Whipping	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Riding Crop	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Role playing	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Religious Scene	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Scat	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Scratching	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Scent Play	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Sensory Deprivation	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Servitude	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Serving as Furniture	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Sexual Deprivation	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Shaving	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Spanking	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Speculums (Virginal)	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Speculums (Anal)	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Spreader bars	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Stocks	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Stocking Worship	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It

Straight Jackets	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Strap-On Dilbos	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Suspension	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Supplying Victims	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Swapping	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Swinging	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Tattoos	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Teasing	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Tickling	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Uniforms	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Video Taping Scenes	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Voyeurism	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Whipping	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It
Wrestling	☐Yes	☐No	☐Limit	☐Maybe	☐Curious	☐OK	☐ Do It